



# Application of optical coherence tomography in coronary interventions

**Attila Thury MD PhD**

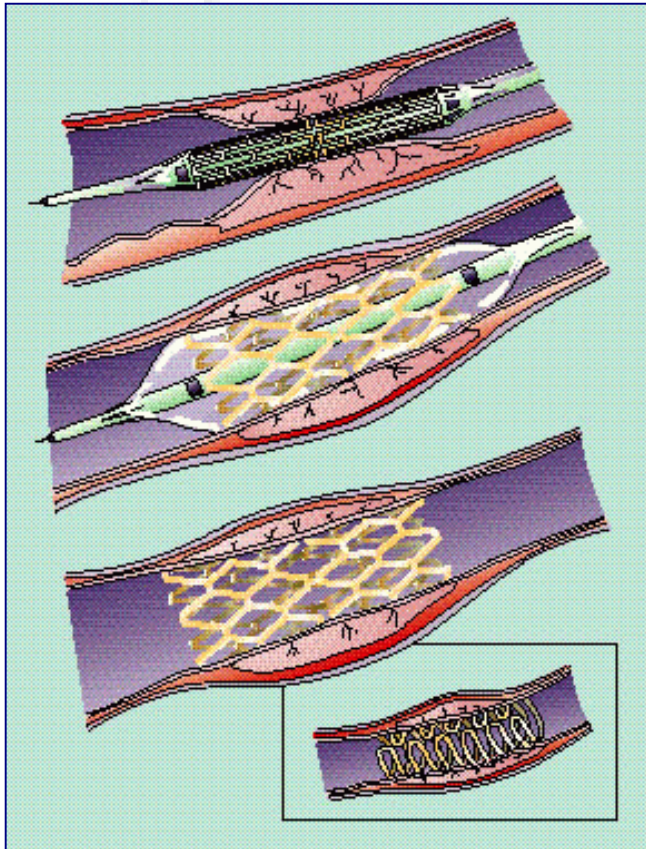
**Invasive Cardiology Unit, Cardiology  
Center  
University of Szeged**



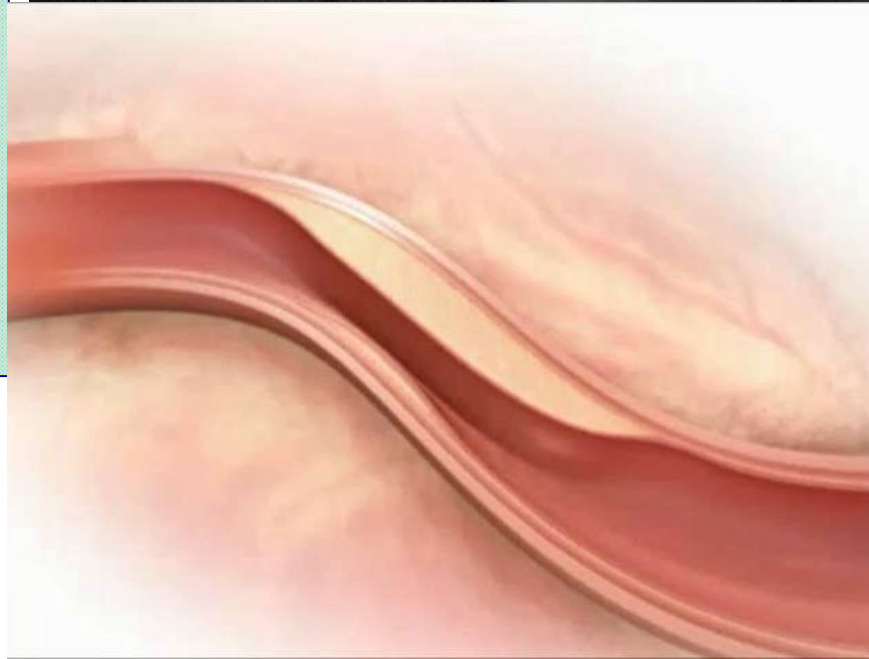
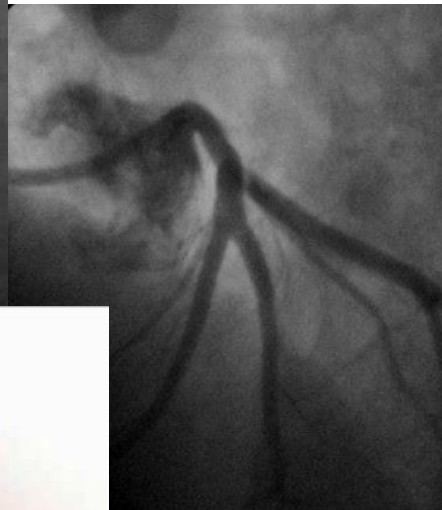


# Percutaneous Coronary Intervention:

One the most frequently performed procedure in the world

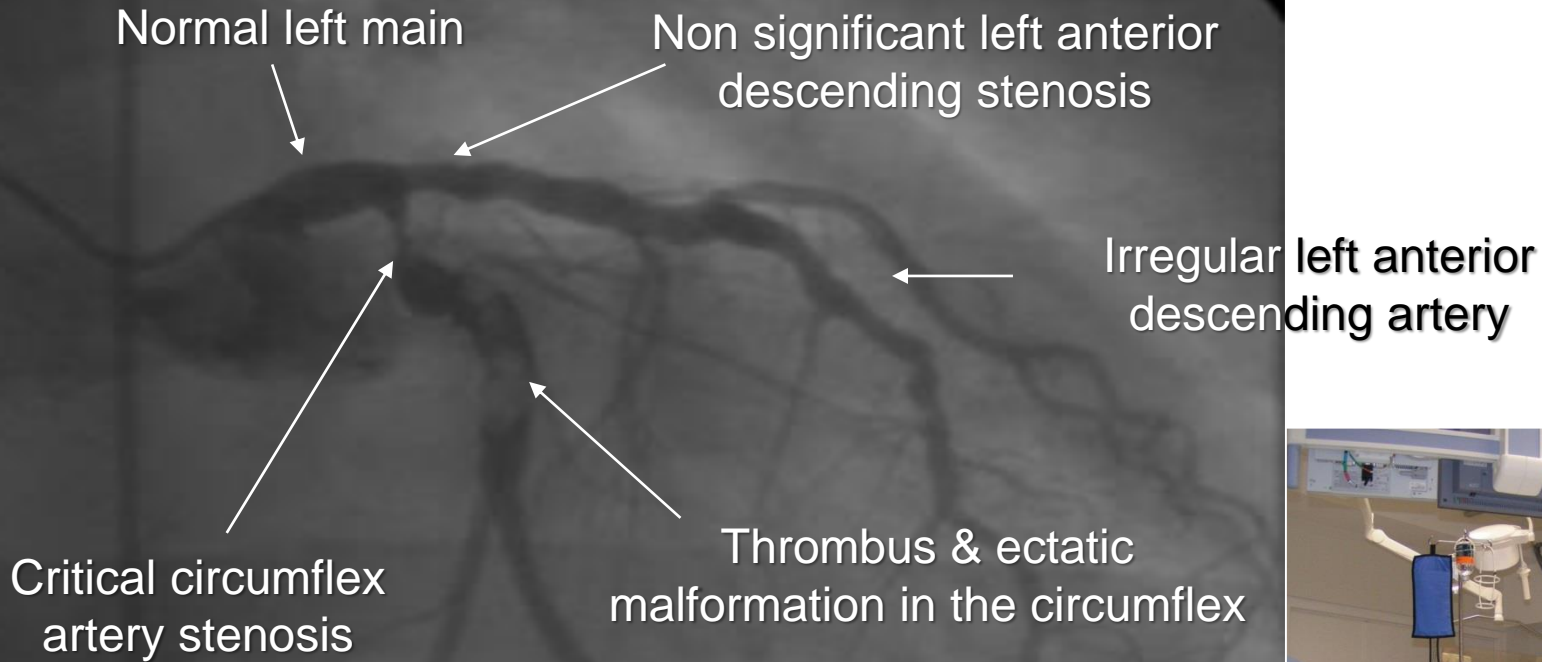


Procedural result





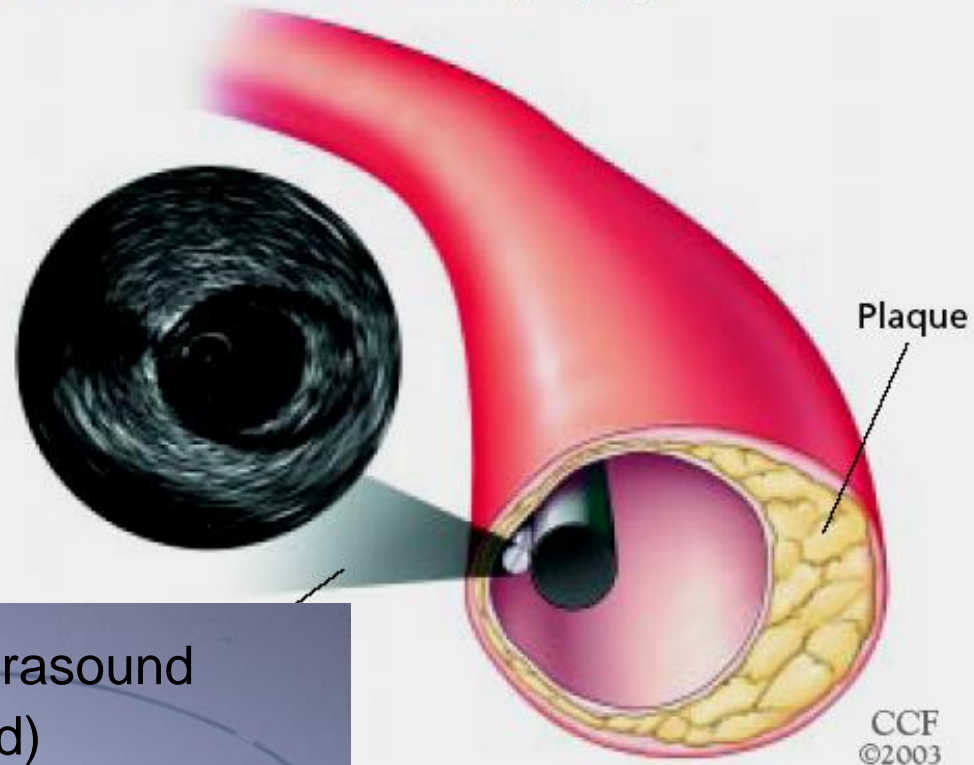
# Coronary angiography



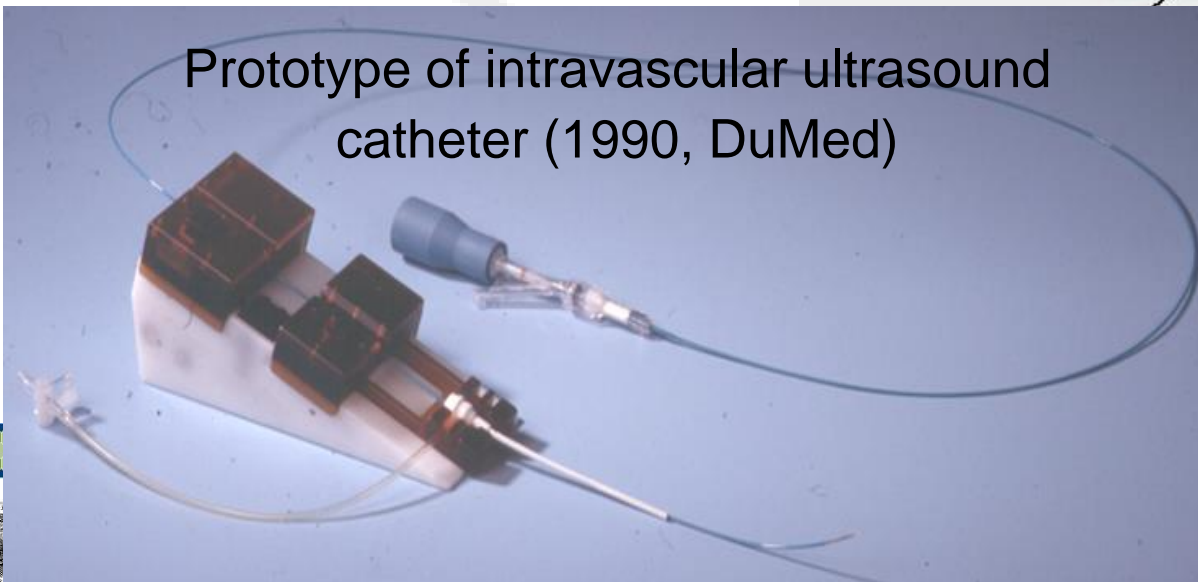


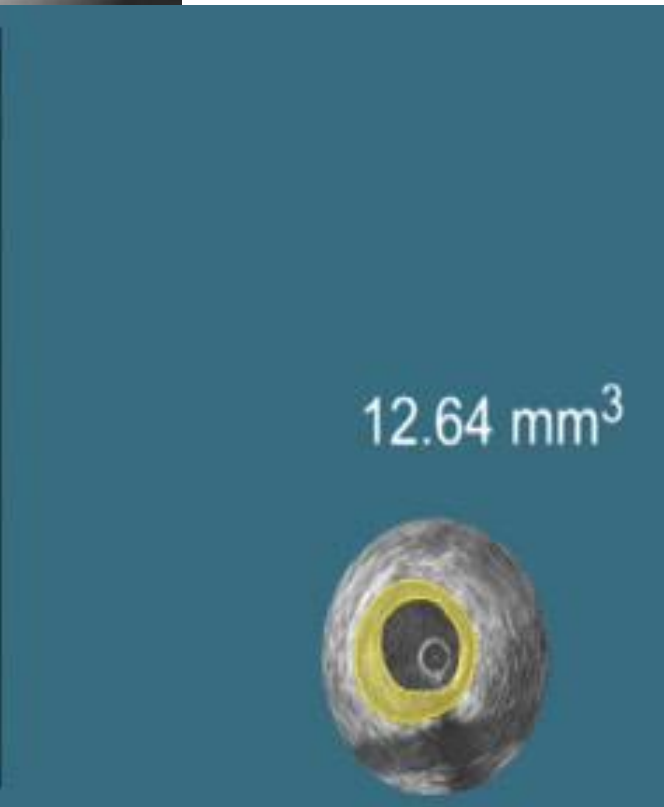
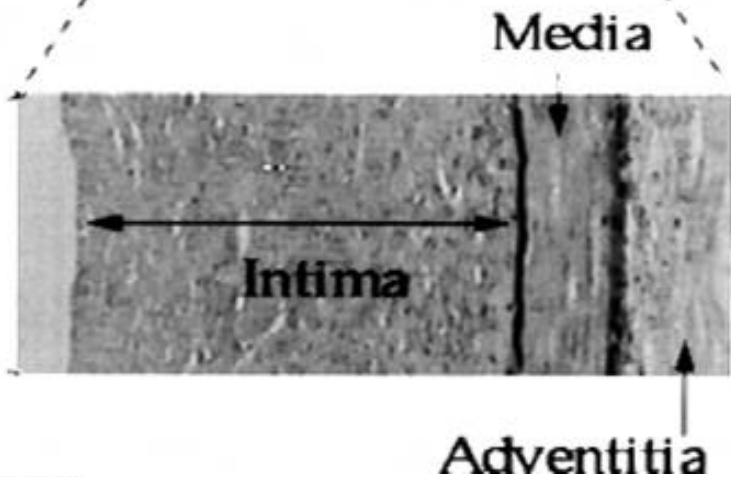
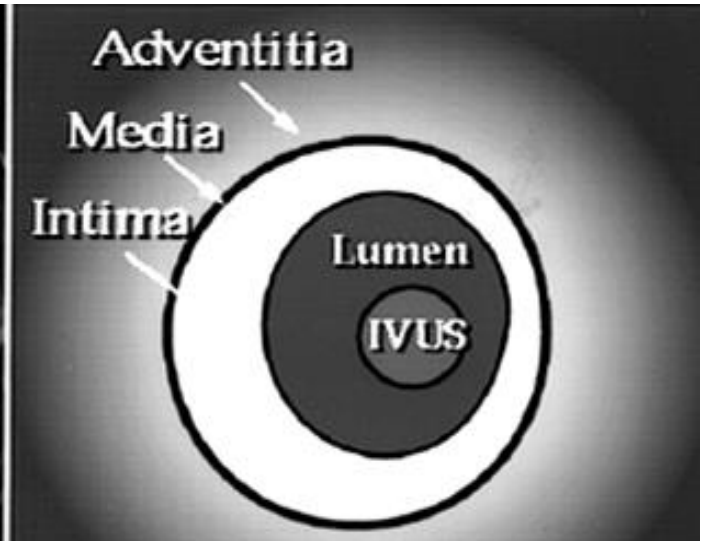
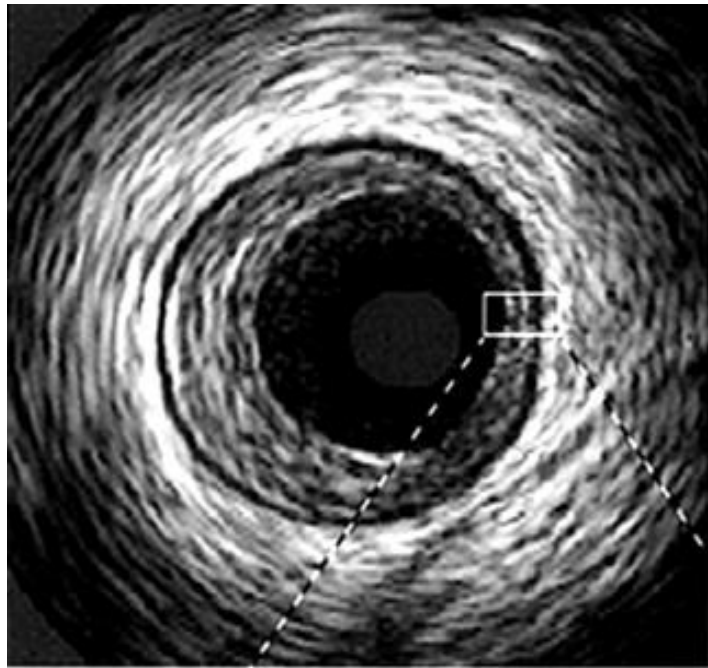


## Intravascular ultrasonography



Prototype of intravascular ultrasound catheter (1990, DuMed)





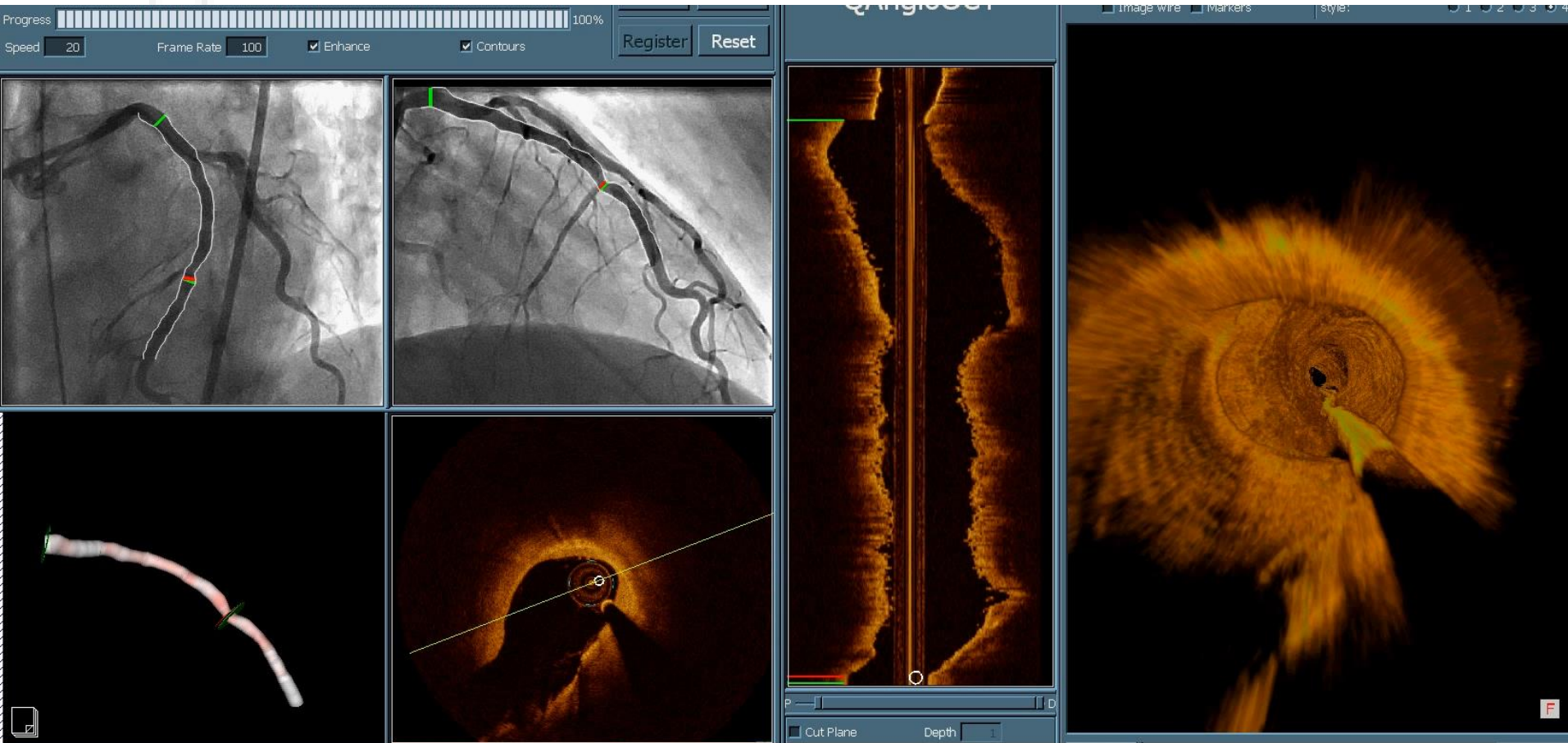
# Intracoronary imaging & physiology in ESC guideline 2014

Recommendations	Class <sup>a</sup>	Level <sup>b</sup>	Ref. <sup>c</sup>
FFR to identify haemodynamically relevant coronary lesion(s) in stable patients when evidence of ischaemia is not available.	I	A	50,51,713
FFR-guided PCI in patients with multivessel disease.	IIa	B	54
IVUS in selected patients to optimize stent implantation.	IIa	B	702,703,706
IVUS to assess severity and optimize treatment of unprotected left main lesions.	IIa	B	705
IVUS or OCT to assess mechanisms of stent failure.	IIa	C	
OCT in selected patients to optimize stent implantation.	IIb	C	



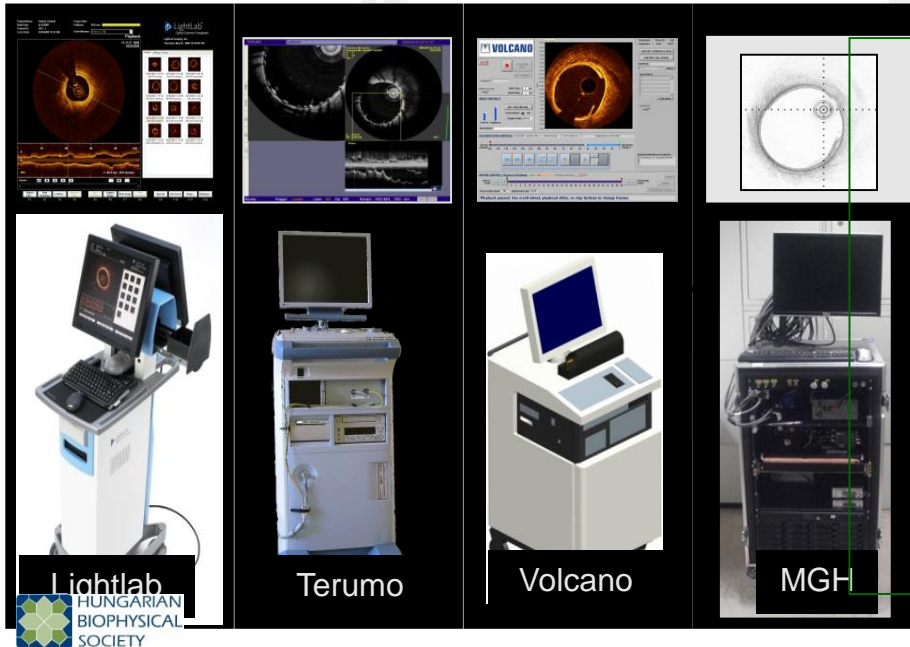
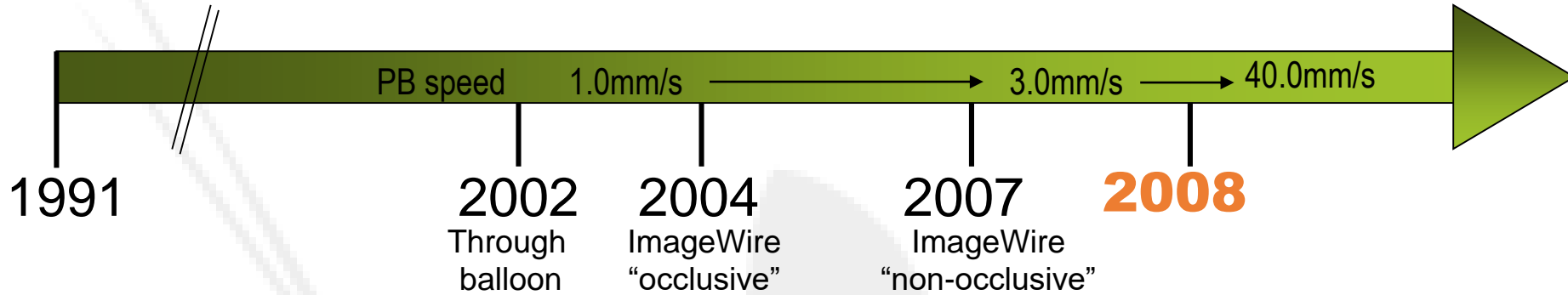
# Optical Coherence Tomography (OCT) in coronary arteries

## Today's State of the Art - 2017



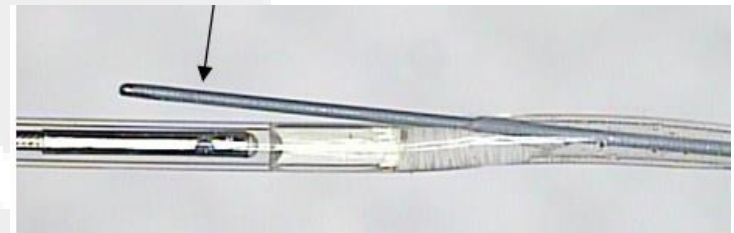


# Evolution of intracoronary OCT imaging

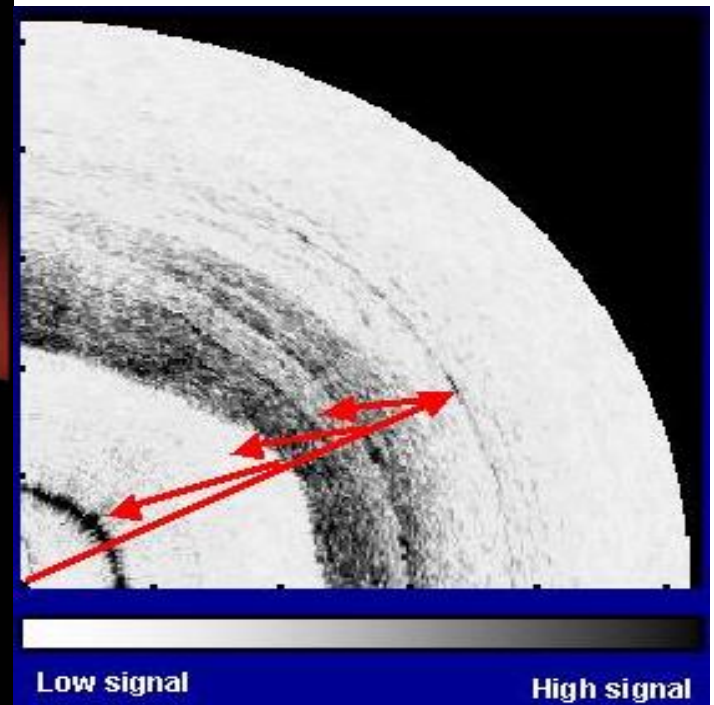
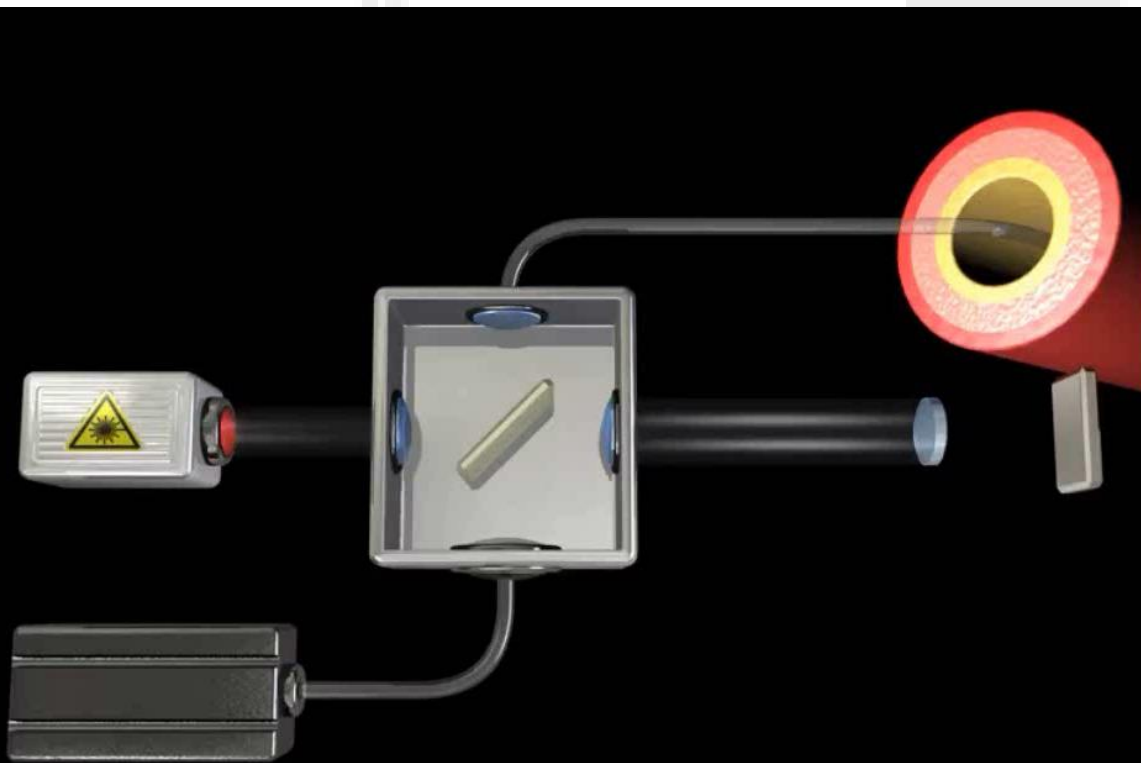
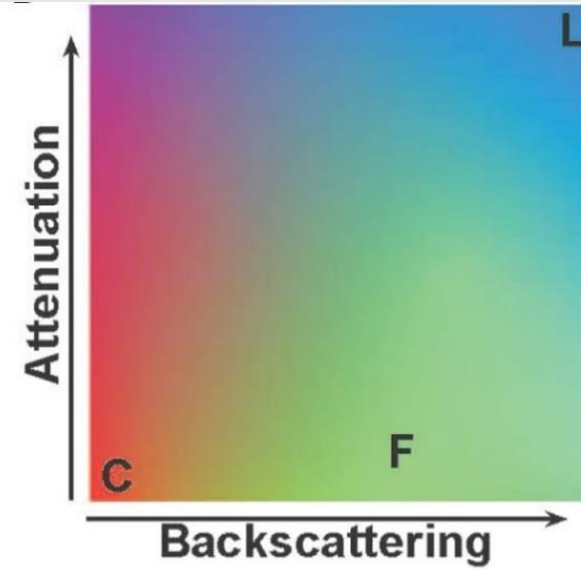
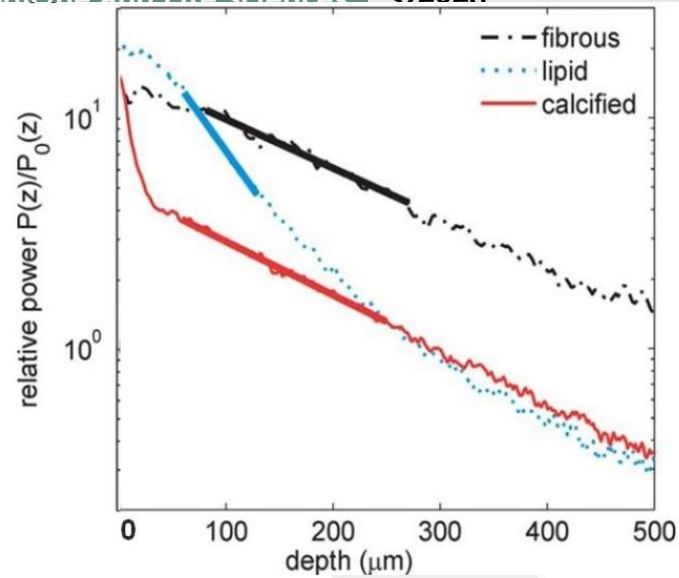
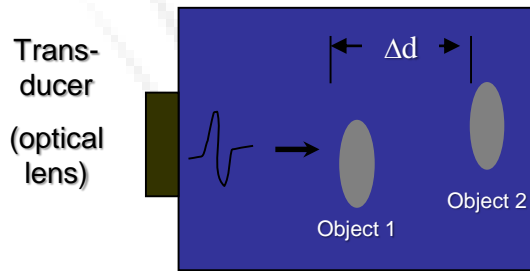


## 2<sup>nd</sup> Generation OCT Fourier Domain OCT

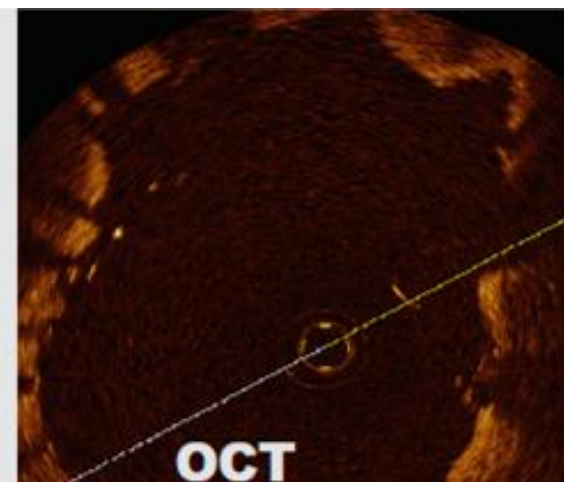
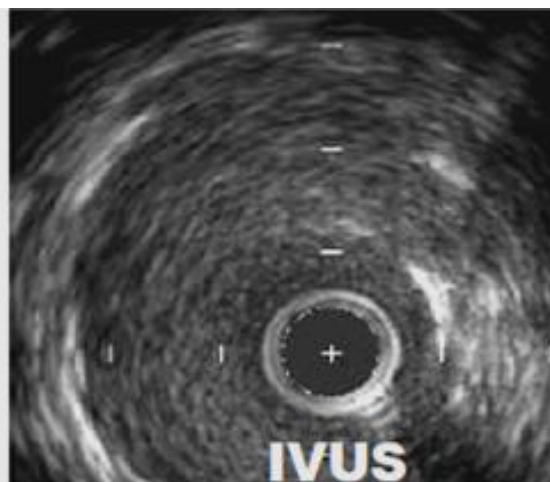
(OFDI/Frequency/Spectral Domain/Swept Source)  
Monorail Imaging Catheter  
Non-Occlusive



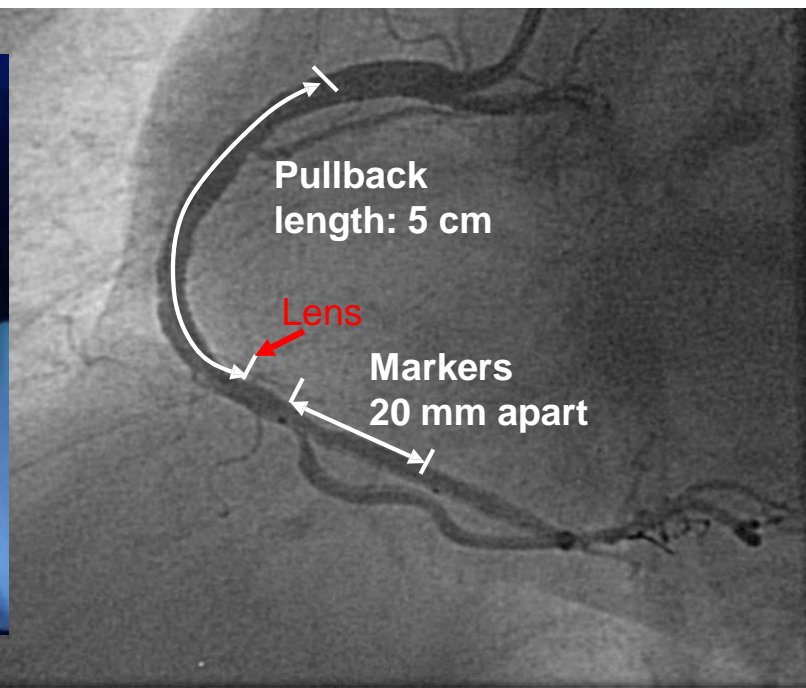
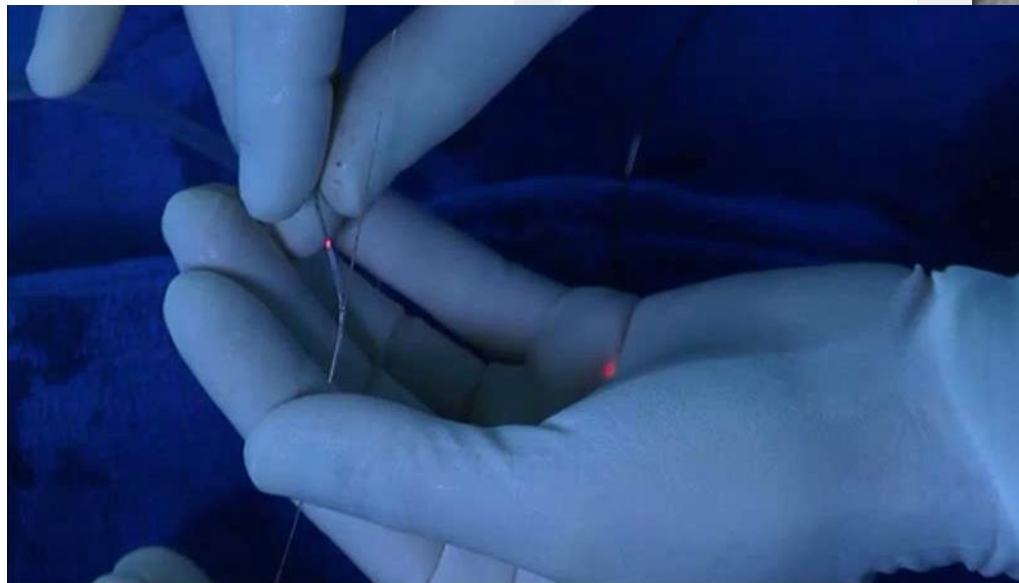




EBC



Dynamic range	40-60dB	90-110dB
Resolution (axial)	100-150 $\mu$ m	10-15 $\mu$ m
(lateral)	150-300 $\mu$ m	25-40 $\mu$ m
Penetration (tissue)	4-8mm	1.5mm
Frame rate	30/sec	100/sec
Pull-Back Speed	0.5-1.0mm/sec	20mm/sec
Wire artefacts	++	+





- Fast, safe & easy imaging procedure
- 2 OCT vendors
- Reliable diagnostic tool
- Important lesson's learned

6F guide catheter

Guidewire of choice!

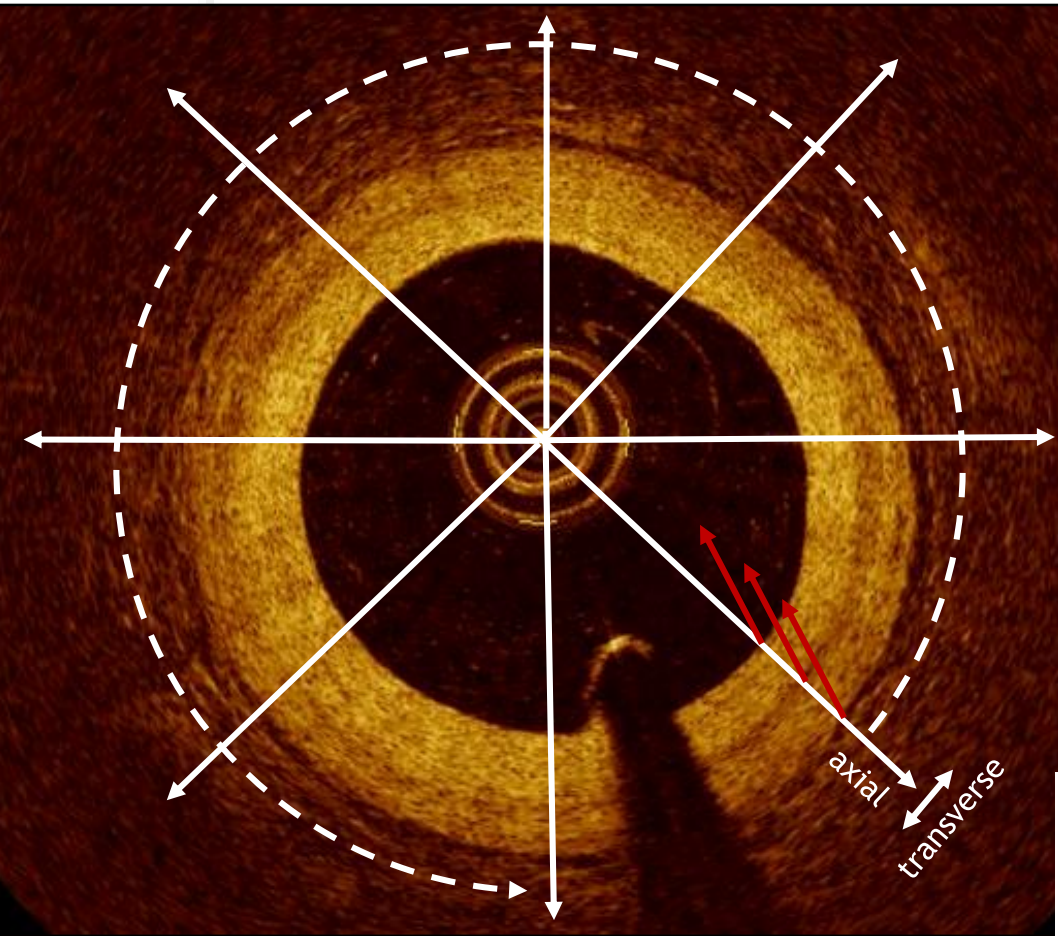
Sleek OCT catheter!

Imaging within 3 seconds

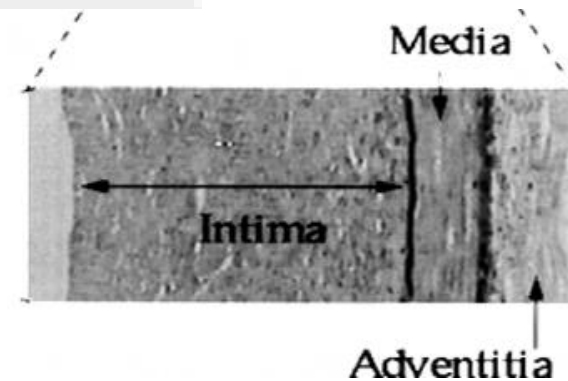
Limited contrast ~ 15ml

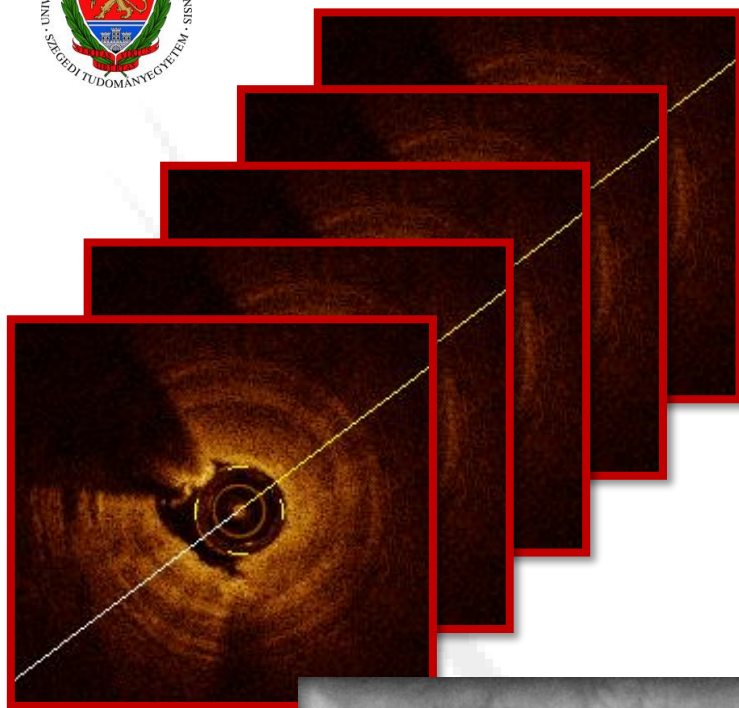


# Image Generation

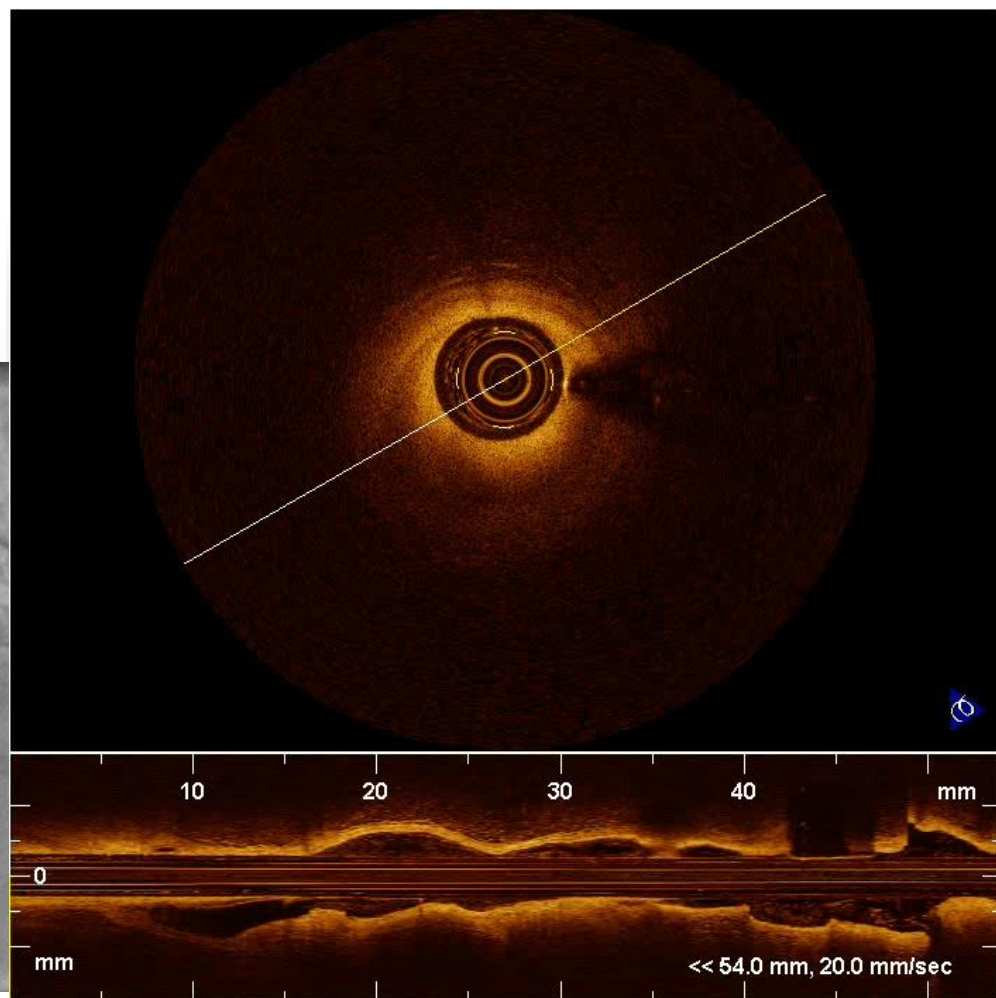


- Measure echo time delay of reflected light waves
- One pixel  $\rightarrow$   $5 \times 19 \mu\text{m}$
- One axial line  $\rightarrow$  1024 pixels
- One frame  $\rightarrow$  500 axial lines
- *Optical resolution  $\rightarrow$  15 axial, 20 to 40  $\mu\text{m}$  transverse*





# Pullback – image generation



HUNGARIAN  
BIOPHYSICAL  
SOCIETY



ROLAND EÖTVÖS  
PHYSICAL SOCIETY  
(HUNGARY)



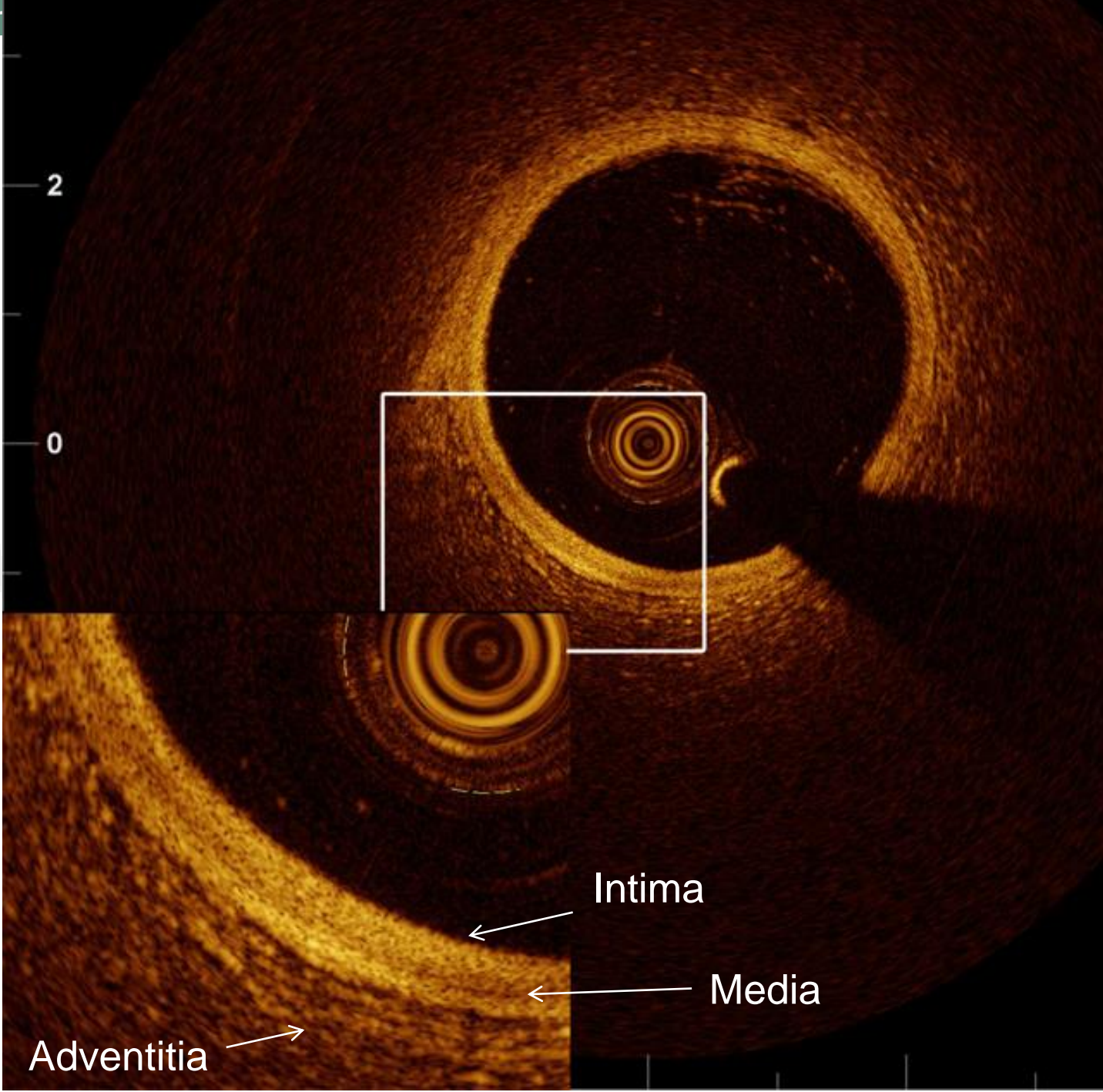


“B-Mode”  
cross-sectional  
view

“L-Mode”  
longitudinal  
view



# OCT cross-sectional image of a „normal” coronary artery



HUNGARIAN BIOPHYSICAL SOCIETY



ROLAND EÖTVÖS PHYSICAL SOCIETY (HUNGARY)

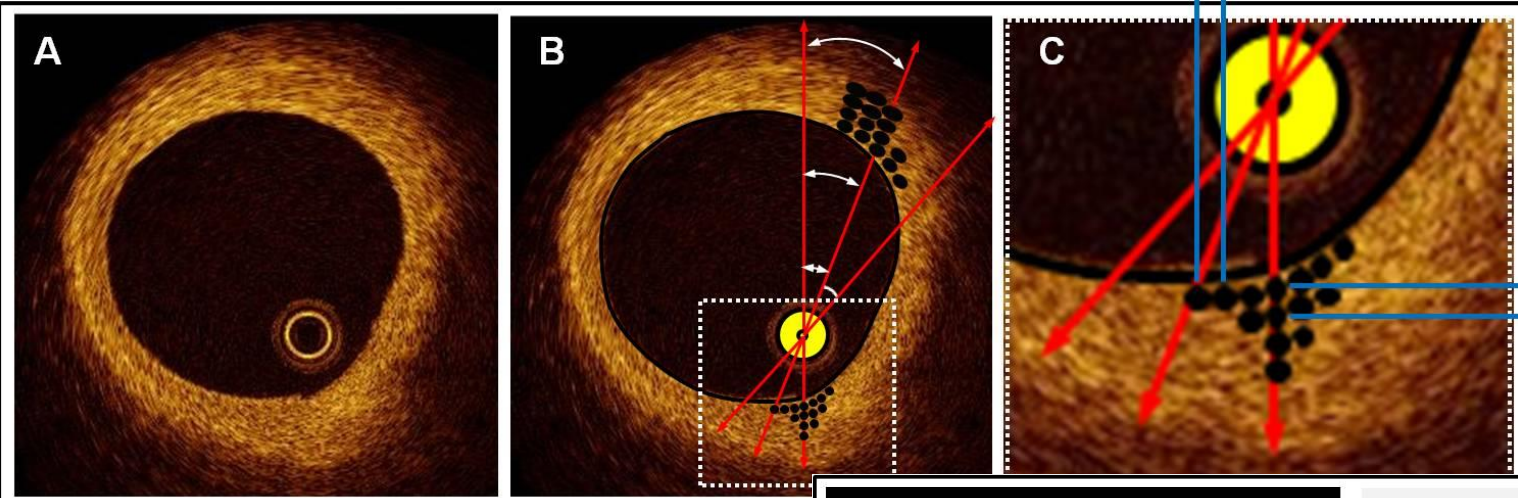




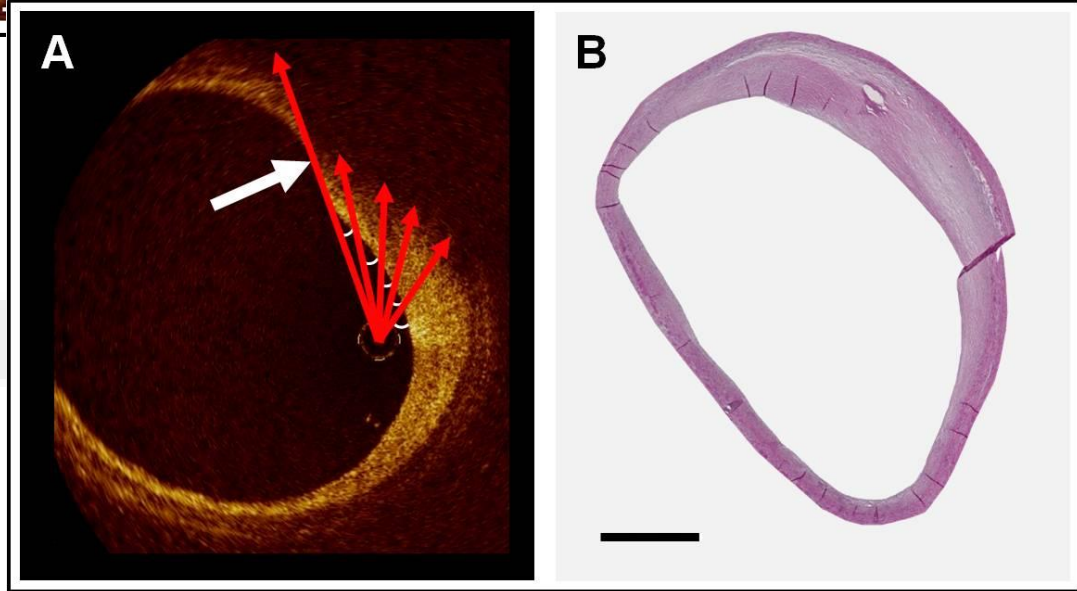
# Image: pitfalls and potential artefacts

Lateral resolution

Axial resolution



Tangential signal drop-out







# Today – 2017: Reliable Diagnostic Tool !



European Heart Journal  
doi:10.1093/eurheartj/ehp433

REVIEW

## Expert review document on methodology, terminology, and clinical applications of optical coherence tomography: physical principles, methodology of image acquisition, and clinical application for assessment of coronary arteries and atherosclerosis

Francesco Prati<sup>1\*</sup>, Evelyn Regar<sup>2</sup>, Gary S. Mintz<sup>3</sup>, Eloisa Arbustini<sup>4</sup>, Carlo Di Mario<sup>5</sup>, Ik-Kyung Jang<sup>6</sup>, Takashi Akasaka<sup>7</sup>, Marco Costa<sup>8</sup>, Giulio Guagliumi<sup>9</sup>, Eberhard Grube<sup>10</sup>, Yukio Ozaki<sup>11</sup>, Fausto Pinto<sup>12</sup>, and Patrick W.J. Serruys<sup>2</sup> for the Expert's OCT Review Document

OPINION

## Expert review document part 2: methodology, terminology and clinical applications of optical coherence tomography for the assessment of interventional procedures

Francesco Prati<sup>1,2\*</sup>, Giulio Guagliumi<sup>3</sup>, Gary S. Mintz<sup>4</sup>, Marco Costa<sup>5</sup>, Evelyn Regar<sup>6,7</sup>, Takashi Akasaka<sup>8</sup>, Peter Barlis<sup>9</sup>, Guillermo J. Tearney<sup>10,11</sup>, Ik-Kyung Jang<sup>12</sup>, Eloisa Arbustini<sup>13</sup>, Hiram G. Bezerra<sup>5</sup>, Yukio Ozaki<sup>14</sup>, Nico Bruining<sup>6,7</sup>, Darius Dudek<sup>15</sup>, Maria Radu<sup>6,7</sup>, Andrejs Erglis<sup>16</sup>, Gabor M. Motreff<sup>17</sup>, Fernando Alfonso<sup>18</sup>, Kostas Toutouzas<sup>19</sup>, Nieves Gonzalo<sup>20</sup>, Tom Tamburino<sup>21</sup>, Tom Adriaenssens<sup>22</sup>, Fausto Pinto<sup>23</sup>, Patrick W.J. Serruys<sup>6,7</sup>, and Carlo Di Mario<sup>24,25</sup>, for the Expert's OCT Review Document



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EHJ 2010 & 2012

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MINI-FOCUS ISSUE: OPTICAL COHERENCE TOMOGRAPHY

Clinical Research

## Consensus Standards for Acquisition, Measurement, and Reporting of Intravascular Optical Coherence Tomography Studies

A Report From the International Working Group for Intravascular Optical Coherence Tomography Standardization and Validation

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Evelyn Regar, MD, PhD, *Writing Committee Co-Chair*;† Takashi Akasaka, MD, *Writing Committee Co-Chair*;‡  
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Nico Bruining, PhD, Jin-man Cho, MD, PhD, Saqib Chowdhary, PhD, Marco A. Costa, MD, PhD,  
Ranil de Silva, MD, PhD, Jouke Dijkstra, PhD, Carlo Di Mario, MD, PhD, Darius Dudek, MD, PhD,  
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Akiko Maehara, MD, Olivia Manfrini, MD, Gary S. Mintz, MD, Kyiouchi Mizuno, MD,  
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Arkadiusz Pietrasik, MD, Francesco Prati, MD, Lorenz Räber, MD, Maria D. Radu, MD,  
Johannes Rieber, MD, Maria Riga, MD, Andrew Rollins, PhD, Mireille Rosenberg, PhD, Vasile Sirbu, MD,  
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Giovanni J. Ughi, PhD, Heleen M.M. van Beusekom, PhD, Antonius F.W. van der Steen, PhD,  
Gerrit-Ann van Es, PhD, Gijs van Soest, PhD, Renu Virmani, MD, Sergio Waxman, MD,  
Neil J. Weissman, MD, Giora Weisz, MD

Boston, Massachusetts; Rotterdam, the Netherlands; and Wakayama, Japan

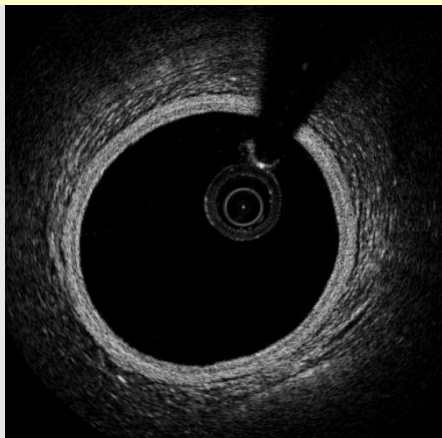
J Am Coll Cardiol. 2012



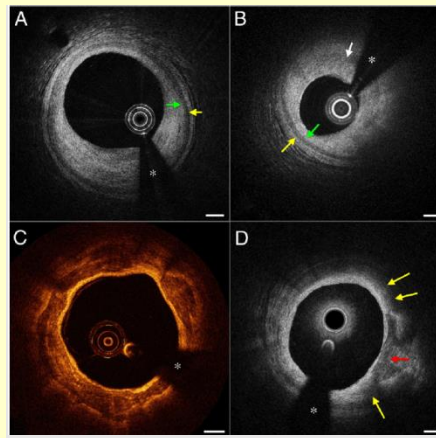
# Optical Coherence Tomography (OCT) Today – 2017: Reliable Diagnostic Tool !

High Evidence Level

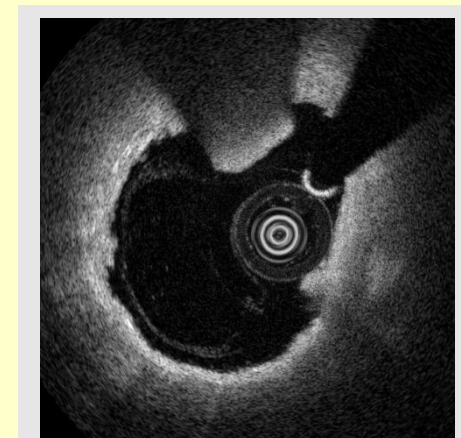
## Normal vessel wall



## Atherosclerosis

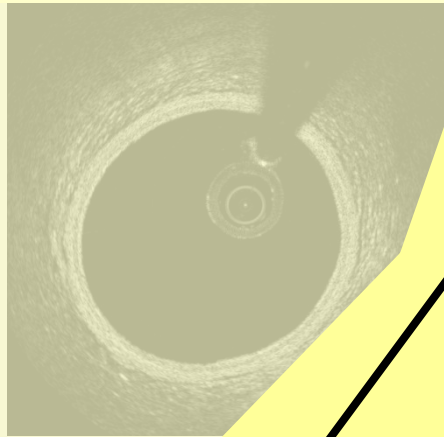


## Thrombus

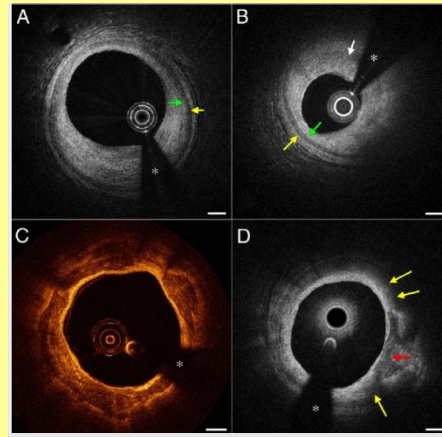


## High Evidence Level

### Normal vessel wall



### Atherosclerosis



### Thrombus



Fibrous

Fibrocalcific

Lipid pool

Fibrous cap

Rupture



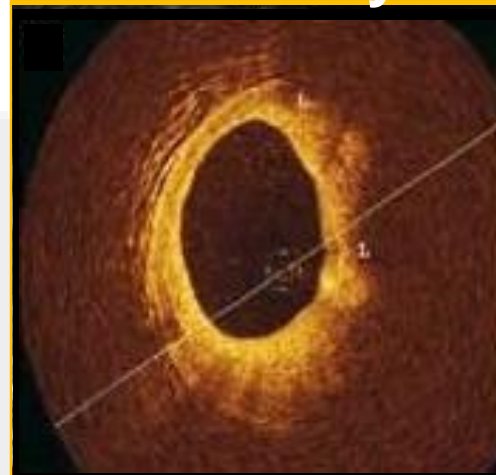


## 2. Assess Plaque Composition

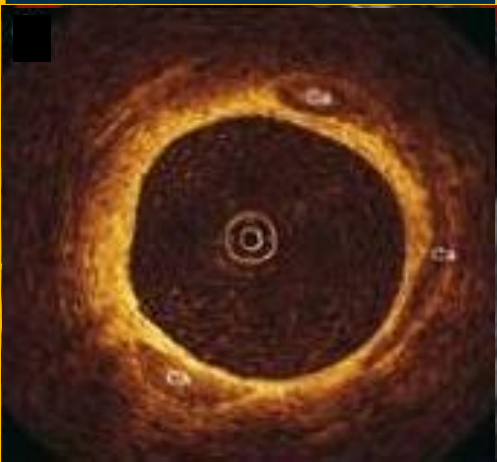
**Fibrous**



**Fibro-Fatty**



**Calcific**



**Necrotic Core**

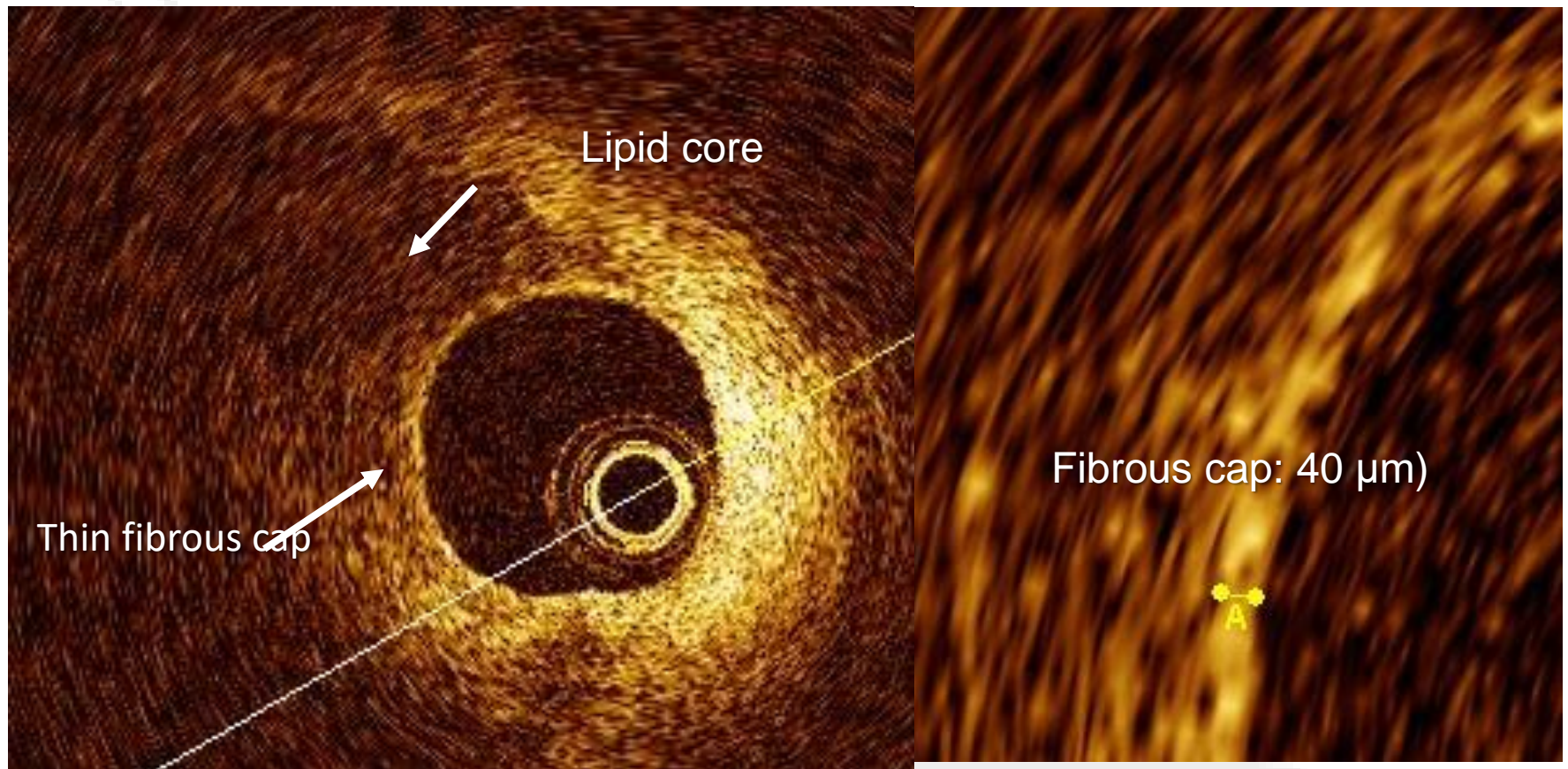


**Rotablator**

- **Cutting Balloon**
- **High Pressure**



# Potential tool for detection of TCFA – pathological substrate for future myocardial infarction !



TCFA: lipid-rich atheroma with thin ( $< 65 \mu\text{m}$ ) fibrous cap

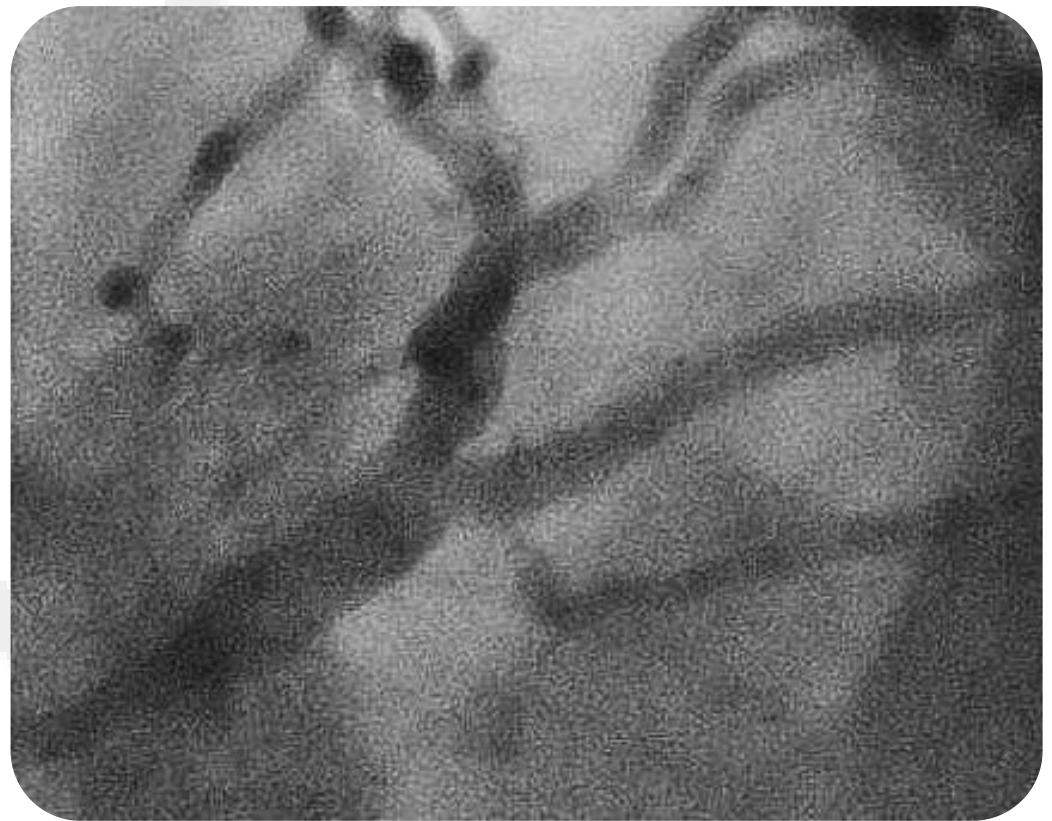


## Optical Coherence Tomography (OCT)

Today – 2017: Reliable Diagnostic Tool !

OCT is superior to angiography in LM

Is there a **left main** lesion?

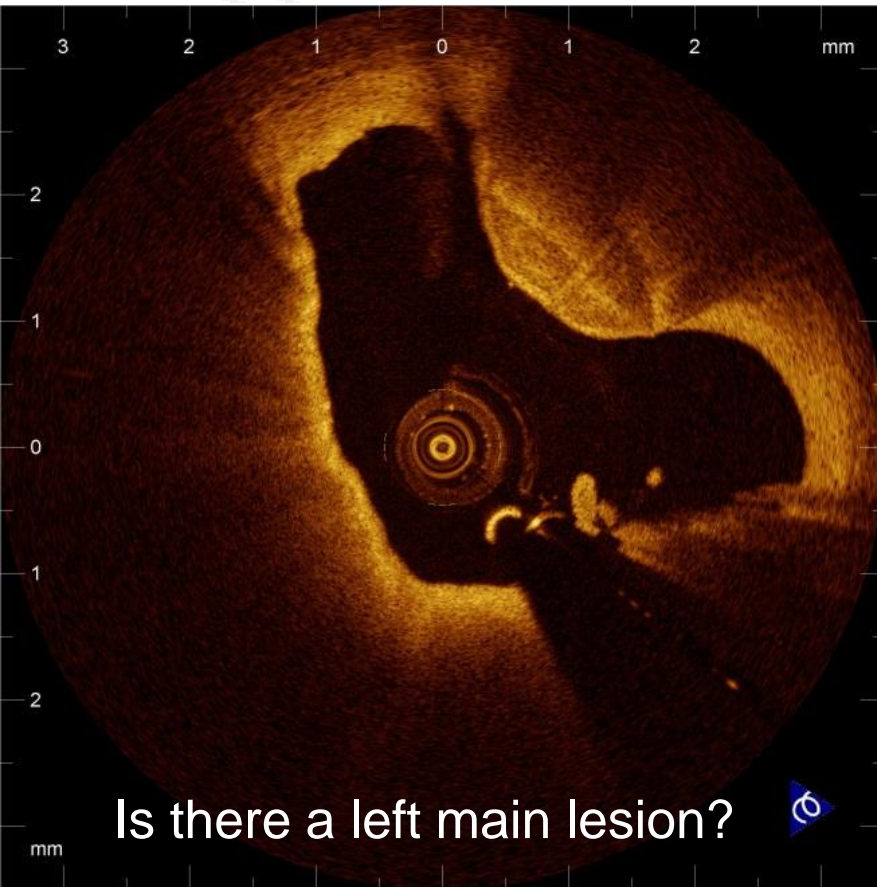




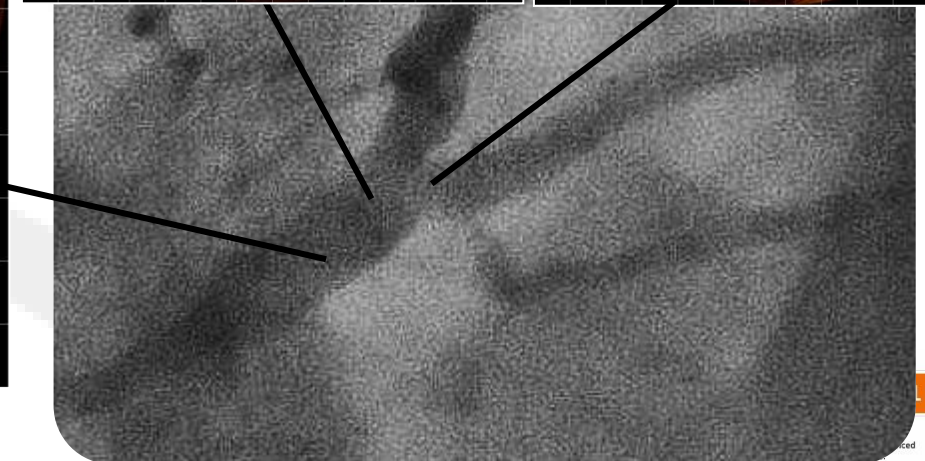
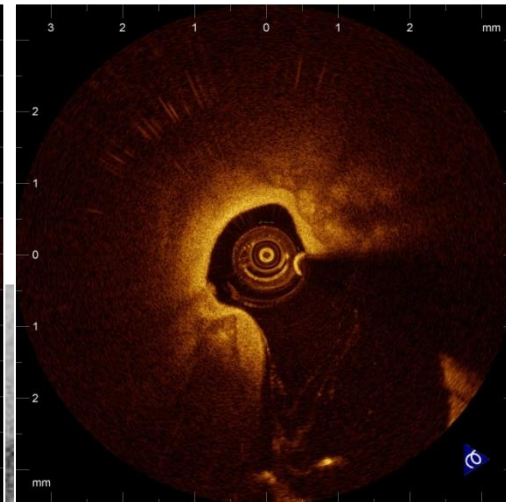
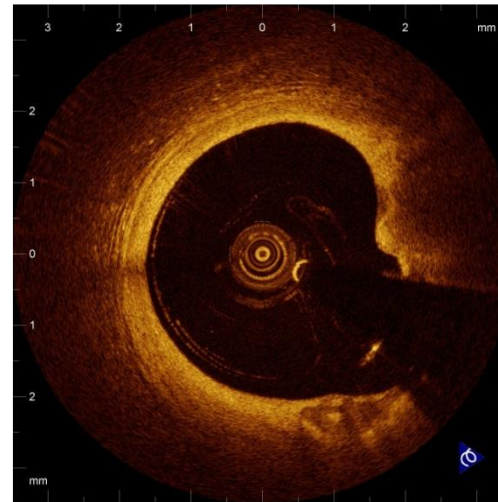


Today – 2017: Reliable Diagnostic Tool !

OCT is superior to angiography in LM



Is there a left main lesion?





Today – 2017: Reliable Diagnostic Tool !

OCT is superior to angiography

Left Main stem lesions  
Complex lesions

OCT is prognostic in stenting

Periprocedural complications  
Clinical outcome

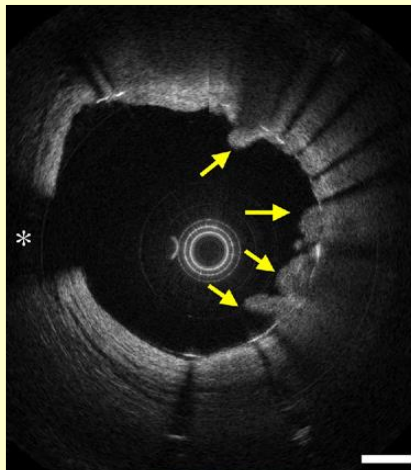
?



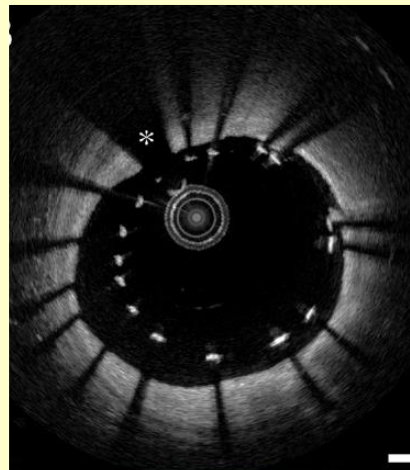
# Today – 2017: Guidance in PCI (after stenting)

High Evidence Level

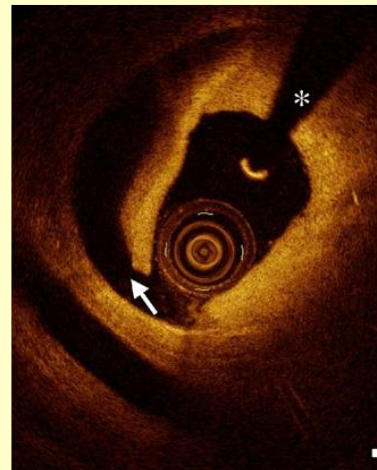
Prolapse



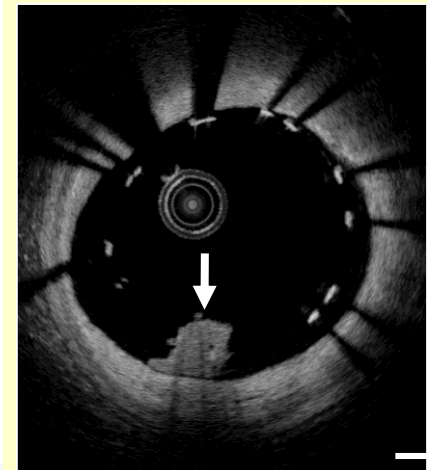
Apposition  
Malapposition



Dissection



Thrombus

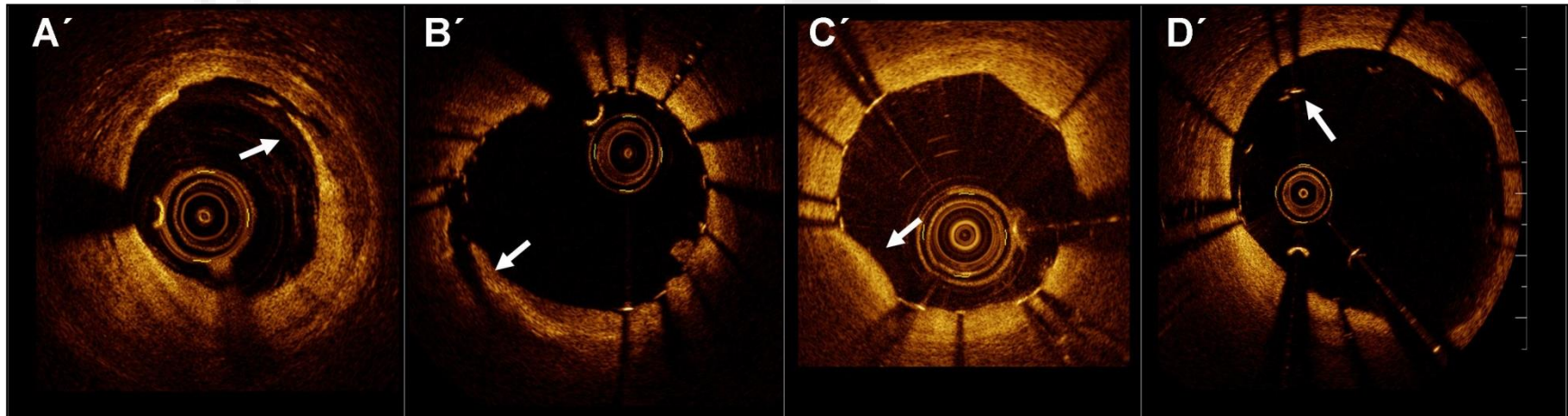






## Today – 2017: Guidance in PCI (after stenting)

Suboptimal acute stent result is frequent  
and missed by angiography



Edge  
dissection

26.0%

Intra-stent  
dissection

87.5%

Tissue  
prolapse

97.5%

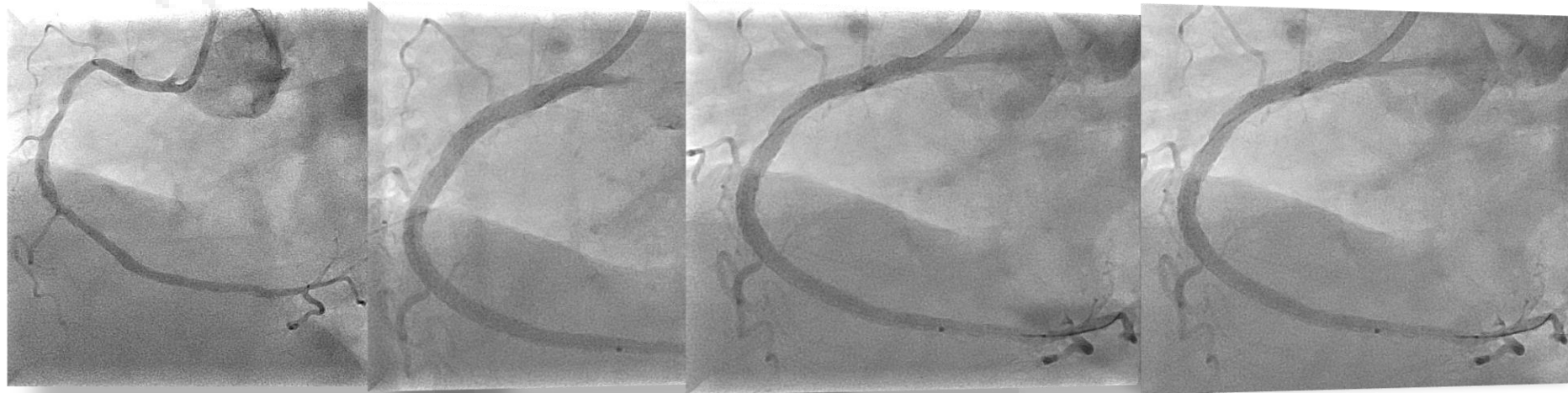
Strut  
malapposition

65.5%



# Today – 2017: Guidance in PCI (after stenting)

## Suboptimal acute stent result is frequent and missed by angiography

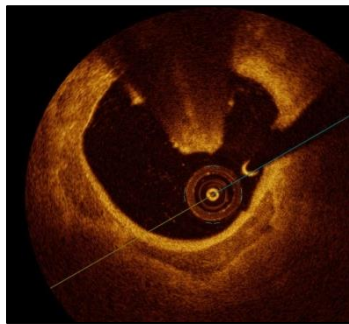


pre

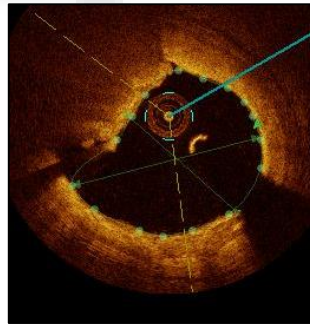
3 stents

4 stents

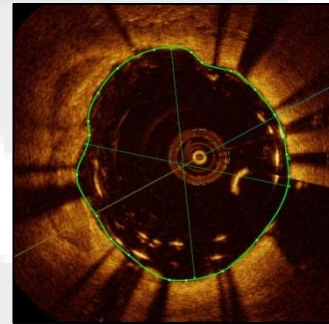
final



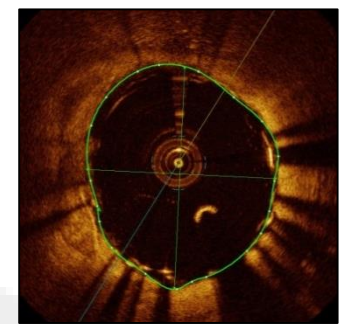
thrombus



gap



malapposition



optimal



HUNGARIAN  
BIOPHYSICAL  
SOCIETY



ROLAND EÖTVÖS

PHYSICAL SOCIETY  
(HUNGARY)

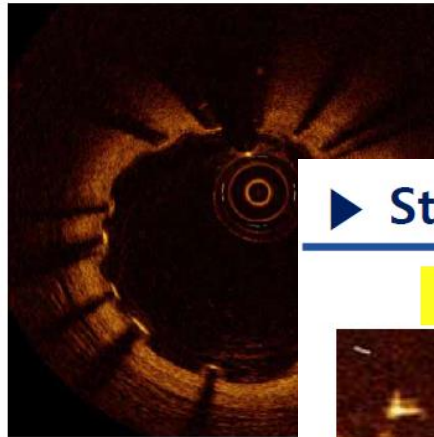
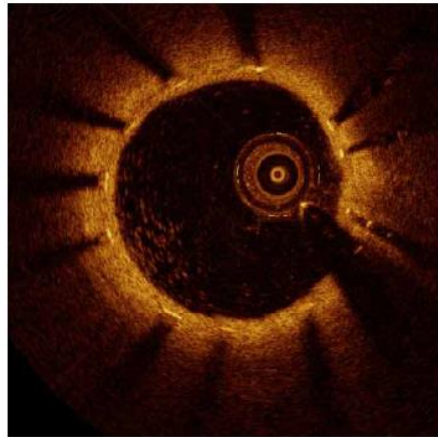
OCT: Lightlab/StJUDE



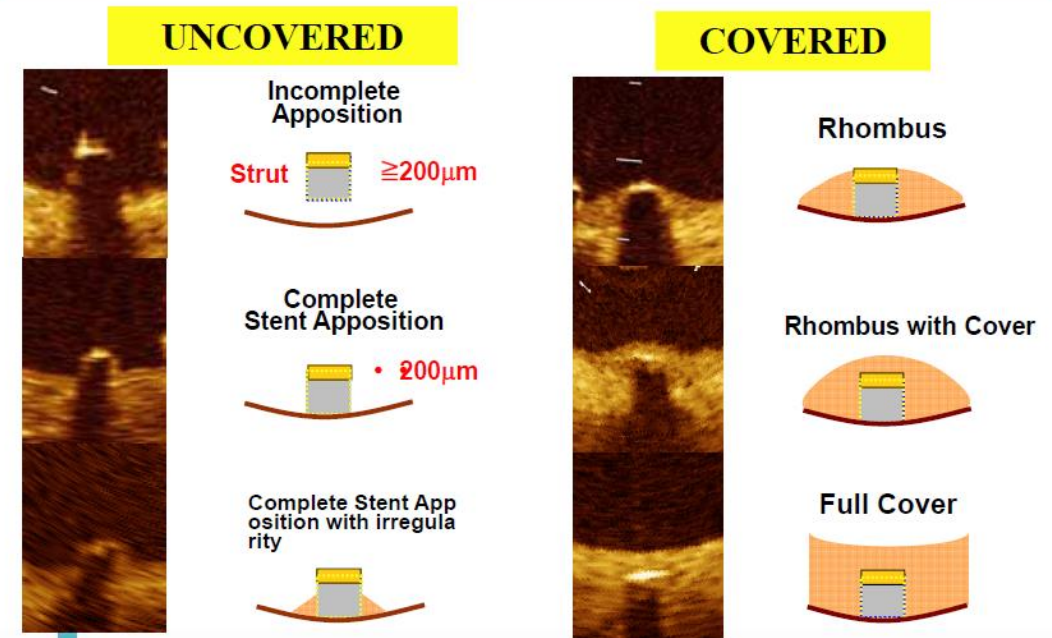
# Today – 2017: Guidance in PCI (long after stenting)

Coverd stent

Uncoverd stent



## ▶ Stent Strut Coverage Patterns

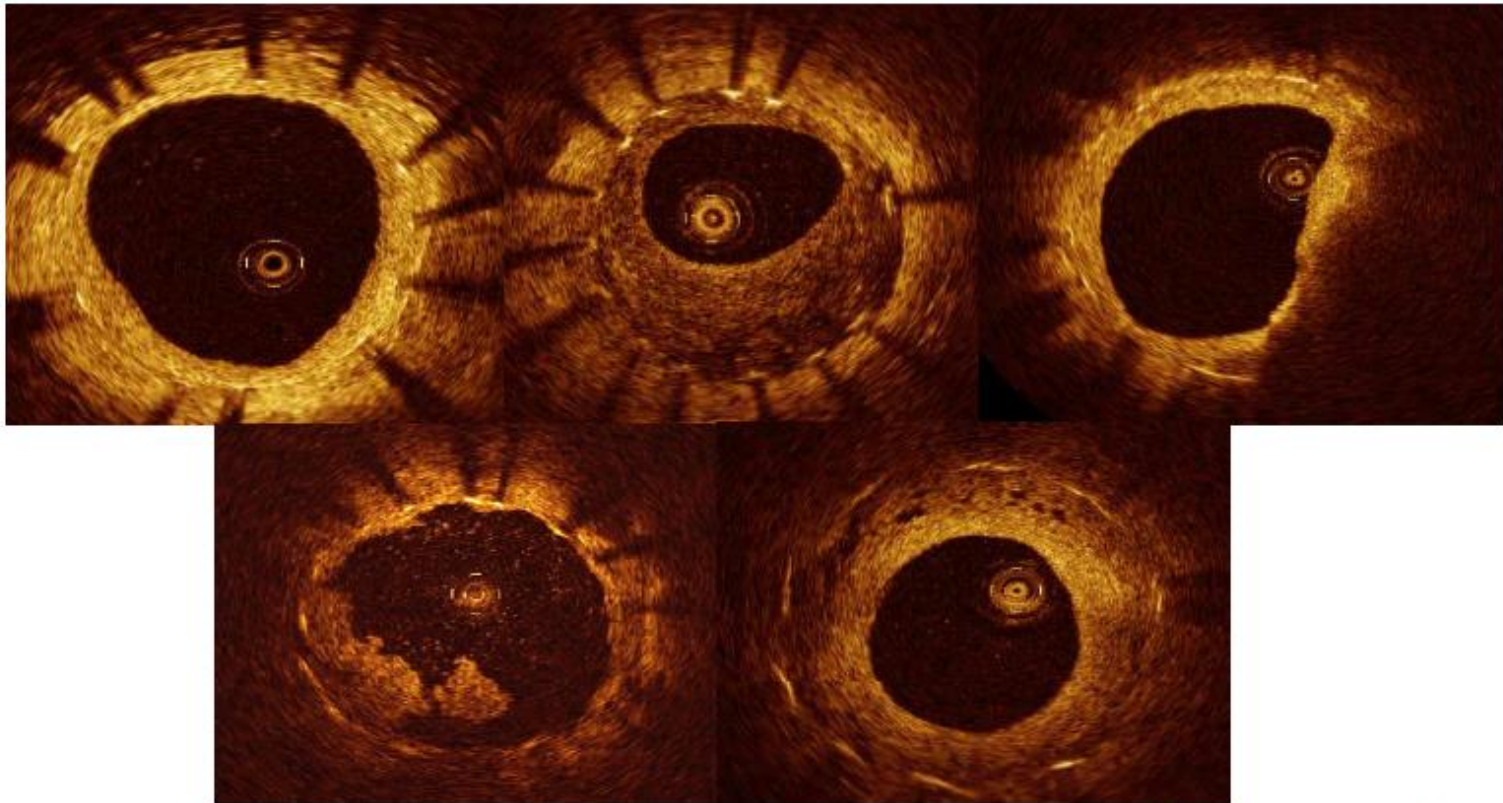






Today – 2017: Guidance in PCI (long after stenting)

## ► Qualitative neointimal Evaluation



(A) Homogeneous , (B) heterogeneous , (C) TCFA-like neointima (arrows) and lipid laden neointima (a rrowheads), (D) intracoronary thrombi (arrow), (E) neovascularization (arrows).





# Optical Coherence Tomography (OCT)

Today – 2017: Lesson's Learned

OCT is superior to angiography

Left Main stem lesions  
Complex lesions

OCT is prognostic in stenting

Periprocedural complications  
Clinical outcome

?

OCT changed the paradigm of  
DES failure



# Neoatherosclerosis

## EuroIntervention

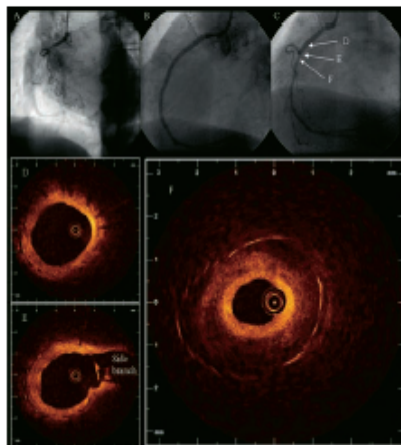
### Paclitaxel-eluting stent restenosis shows three-layer appearance by optical coherence tomography

Shuzou Tanimoto, MD; Jiro Aoki, MD; Patrick W. Serruys, MD, PhD; Evelyn Regar\*, MD, PhD

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A 73-year-old woman with hypertension, hyperlipidemia and positive familial history of coronary artery disease presented with Canadian Cardiovascular Society class III angina and underwent coronary angiography, which showed a chronic occluded right


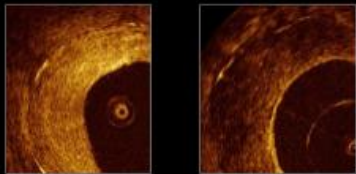
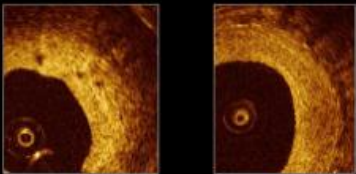
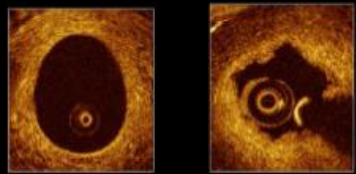
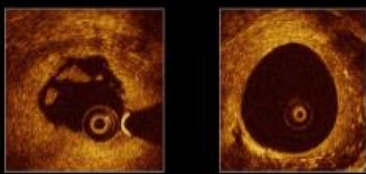
coronary artery (Panel A). The vessel was recanalized and treated with three paclitaxel-eluting stents (TAXUS®, Boston Scientific: 3.5 x 32 mm distally, 3.5 x 28 mm in the middle part, 3.5 x 12 mm proximally). Postintervention coronary angiography showed a good result (Panel B). Twelve-month follow-up angiography revealed focal in-stent restenosis (Panel C). Intracoronary optical coherence tomography (OCT: LightLabImaging™, Boston, MA, USA) pullback displayed well-expanded stents covered with a thin, homogenous, highly reflective neointimal layer (Panel D, E). In contrast, the narrowest lesion site (minimal lumen area 1.1 mm<sup>2</sup>; stent area 9.0 mm<sup>2</sup>) showed a three-layer appearance of the neointima (Panel F). The inner luminal layer appeared concentric, homogenous and signal-rich (maximal thickness 0.27 mm). A second layer consisting of a low-reflective area with poorly delineated borders followed. The third layer was in direct contact with the stent struts and revealed only minimal signal intensity. These signal-poor areas (maximal thickness 1.18 mm) might represent acellular fibroid deposition that has been well described in experimental studies. The patient was re-treated with repeat paclitaxel-eluting stent implantation. OCT is an analogue of intravascular ultrasound with an ultra-high resolution (10 μm) superior to any current available imaging modalities. This imaging device may be useful in visualizing neointimal growth in drug-eluting stents and improve our understanding of its underlying pathophysiology in the future.



Tanimoto et al. Eurointervention 2006



ROLAND EÖTVÖS  
PHYSICAL SOCIETY  
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<b>Restenotic tissue structure</b>  <p><b>Homogeneous:</b> restenotic tissue has uniform optical properties and does not show focal variations in backscattering pattern.</p> <p><b>Heterogeneous:</b> restenotic tissue has focally changing optical properties and shows various backscattering patterns.</p> <p><b>Layered:</b> restenotic tissue consists of concentric layers with different optical properties: an adluminal high scattering layer and an abluminal low scattering layer.</p>		
<b>Restenotic tissue backscatter</b>  <p><b>High:</b> the majority of the tissue shows high backscatter and appears bright.</p> <p><b>Low:</b> the majority of the tissue shows low backscatter and appears dark or black.</p>	<b>Microvessels visible</b>  <p><b>Yes:</b> microvessels appear as well delineated low backscattering structures less than 200 micron in diameter that show a trajectory within the vessel.</p> <p><b>No</b></p>	
<b>Lumen shape</b>  <p><b>Regular:</b> lumen border is sharply delineated, smooth and circular.</p> <p><b>Irregular:</b> lumen border is irregular with tissue protrusions from the vessel wall into the lumen.</p>		<b>Presence of intraluminal material</b>  <p><b>Yes:</b> there is visible material inside the vessel lumen.</p> <p><b>No</b></p>

Gonzalo et al. Am Heart J 2009





# Optical Coherence Tomography (OCT)

## Today – 2017: Lesson's Learned

### Accepted Manuscript

Intracoronary thrombus on optical coherence tomography in a patient with variant angina; treatment and follow-up

Péter Hausinger, Imre Ungi, Gyula Szántó, László Hajtman, Tamás Forster, Evelyn Regar, Attila Thury

PII: S0167-5273(14)01242-X  
 DOI: doi: [10.1016/j.ijcard.2014.07.050](https://doi.org/10.1016/j.ijcard.2014.07.050)  
 Reference: IJCA 18368

To appear in: *International Journal of Cardiology*

Received date: 18 May 2014

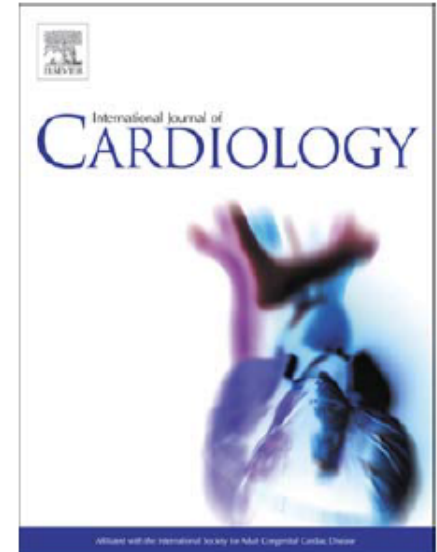
Accepted date: 5 July 2014



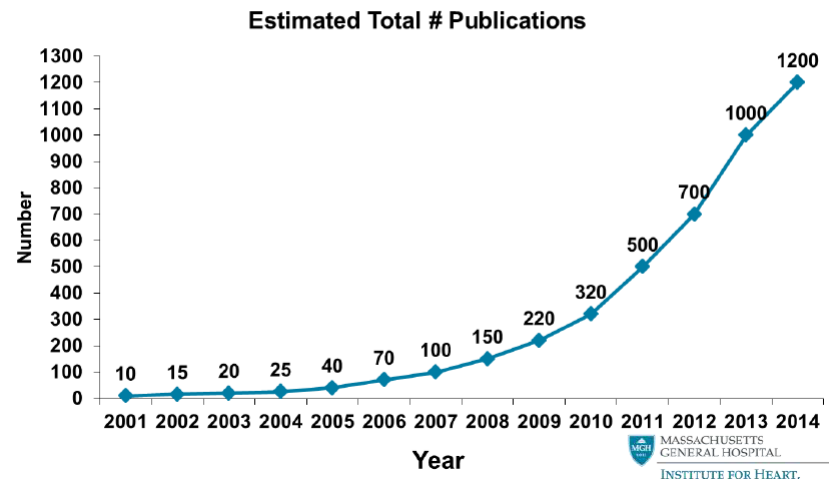
HUNGARIAN  
BIOPHYSICAL  
SOCIETY



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(HUNGARY)



### Intra-Coronary OCT Publications





# Clinical data

**80-year-old male**

***Risk factors:***

**-hypertension**

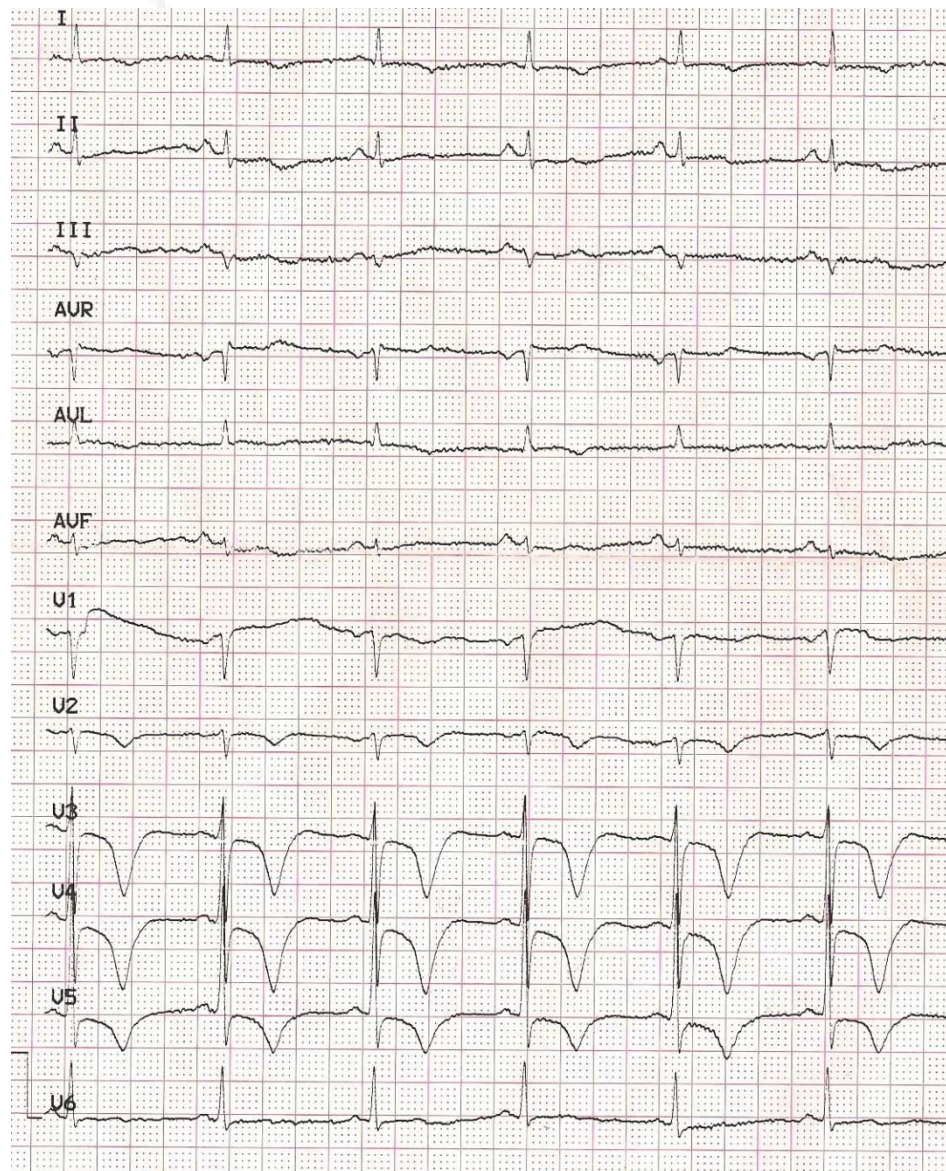
**-smoker**

**Three-week history of occult gastrointestinal bleeding (active peptic ulcer)**

**One-week history of unstable angina (CCS4)**



# On admission



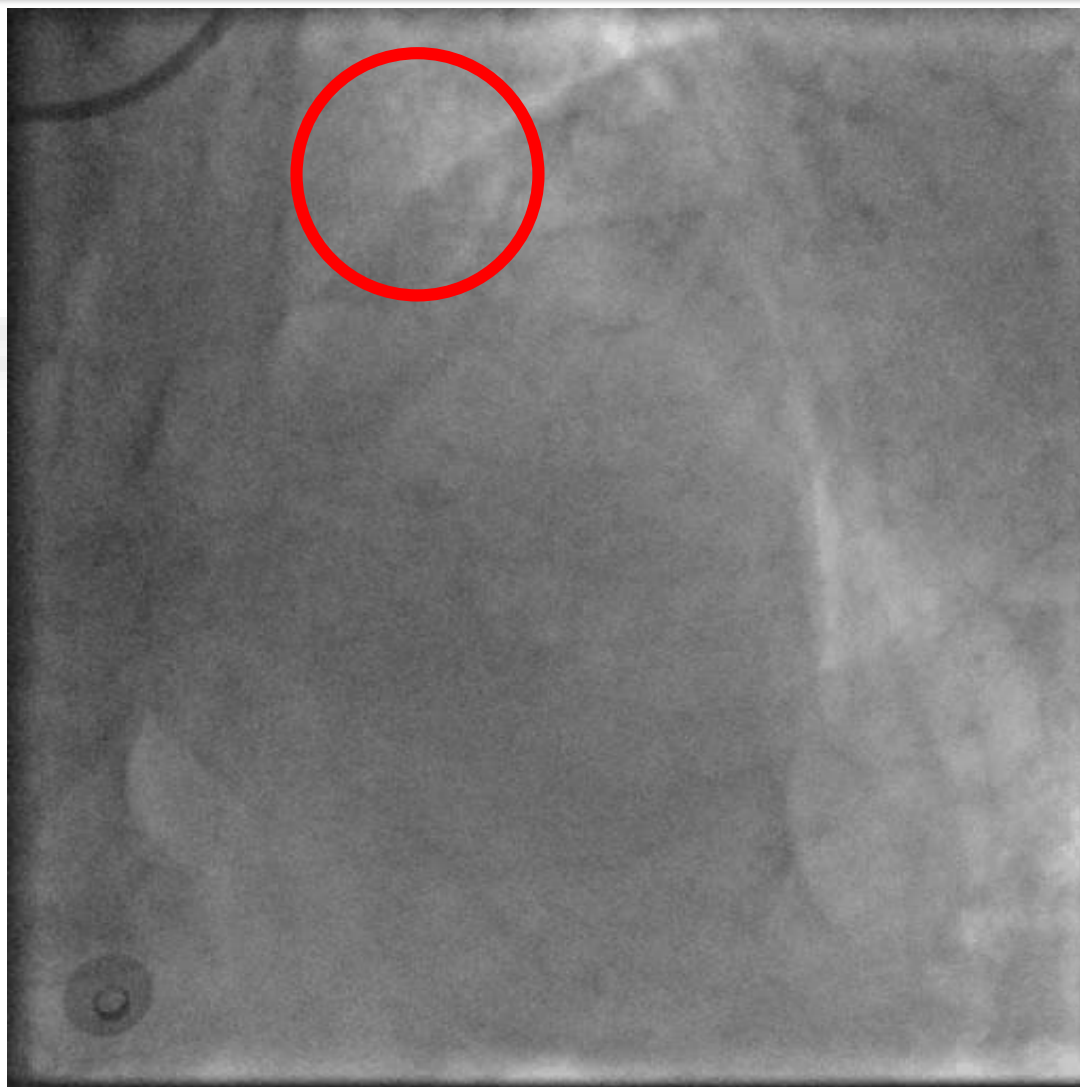
## ***Baseline ECG on admission:***

- **T wave inversion in precordial leads**
- **Patient free of angina**



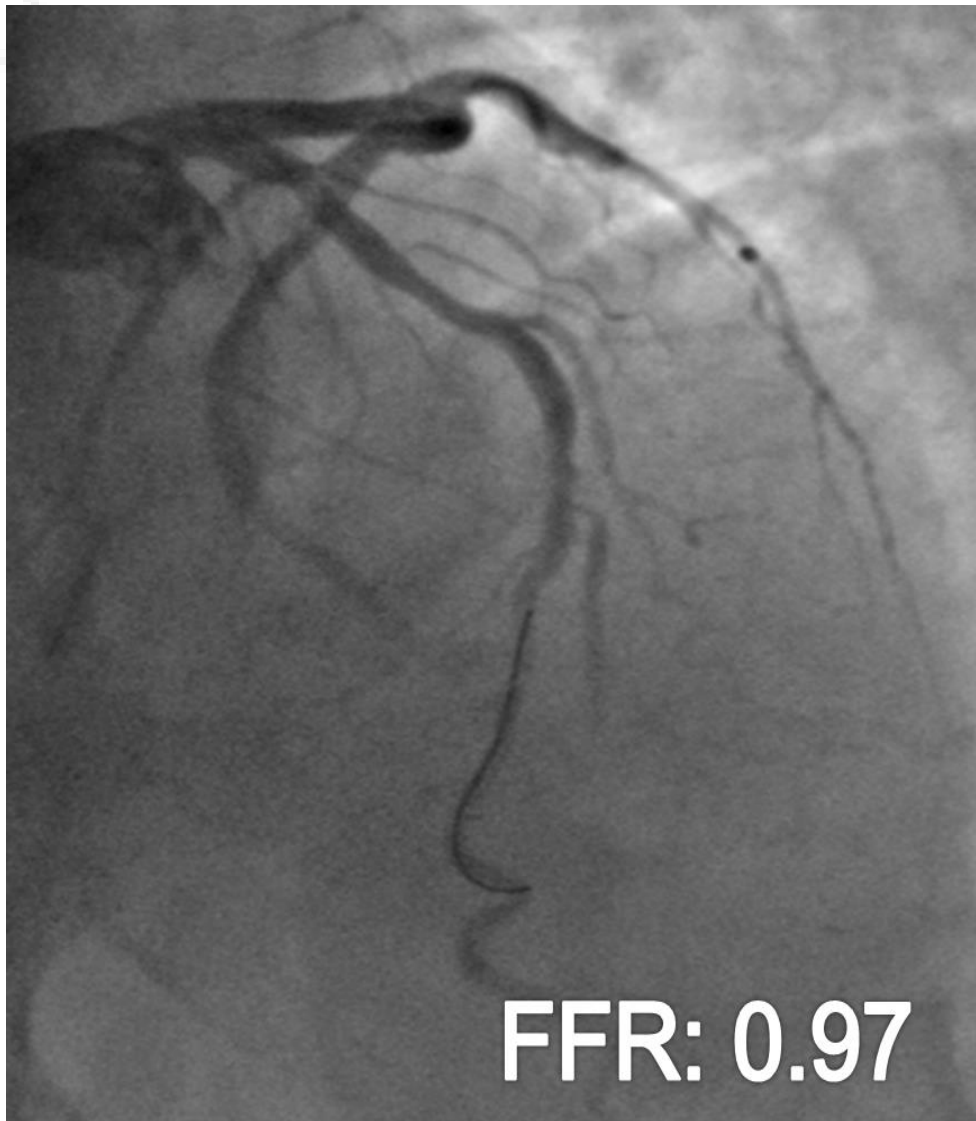


# Diagnostic Cardiac Catheterization





# FFR measurement



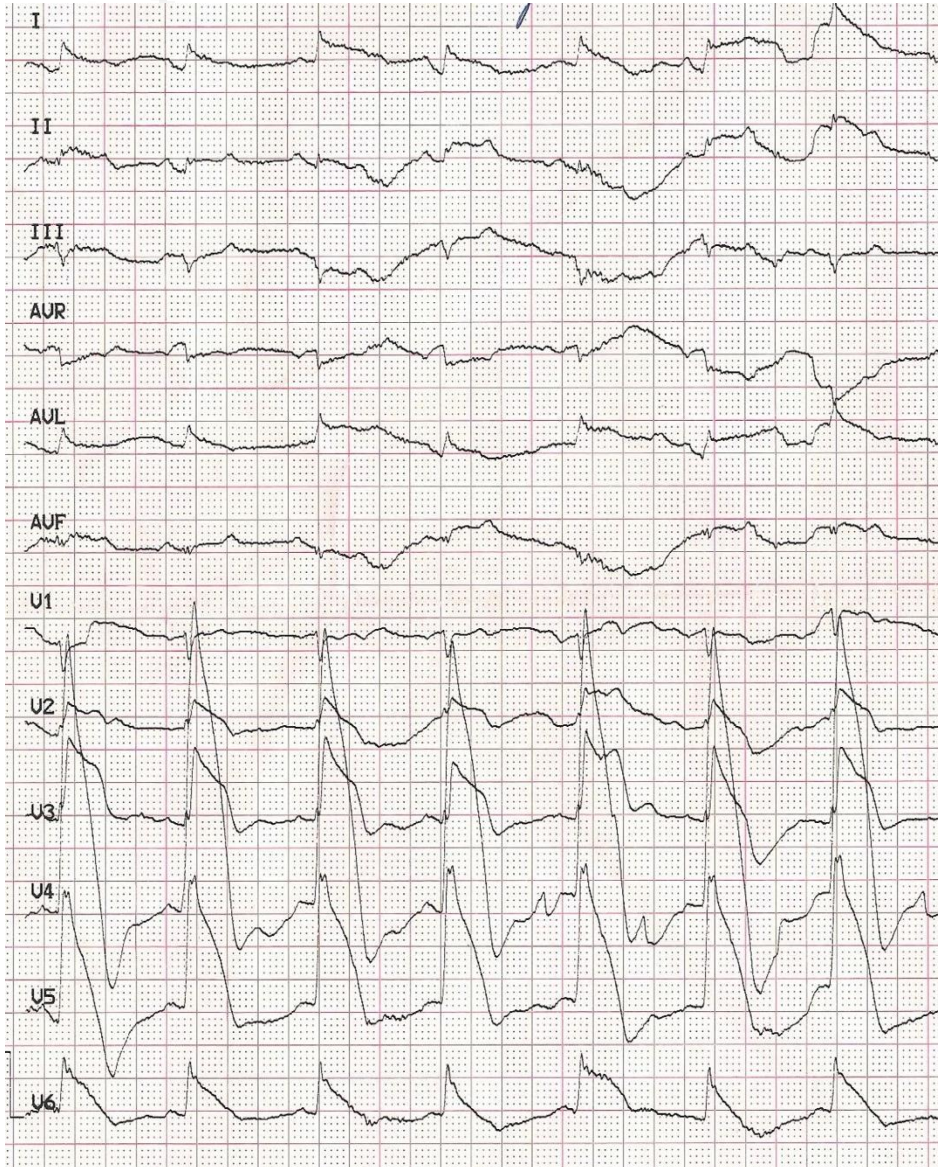
**200 ug NTG +  
240ug adenosine**

# Patient discharged to step-down unit with complete medication

- ASA 1x100mg
- Clopidogrel 1x75mg
- LMWH 2x0.6ml s.c.
- Ramipril 1x2.5mg
- Rosuvastatin 1x20mg
- Nebivololol 1x5mg



# Recurrent angina at rest



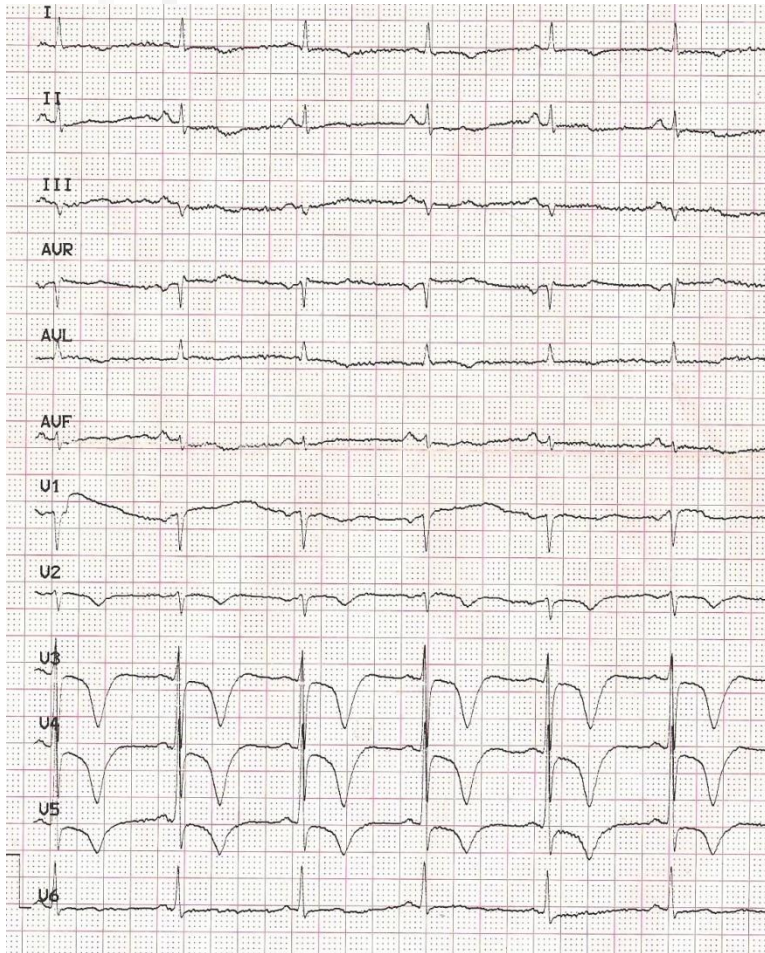
- Immediately relieved by s.i. NTG
- +  
- Complete resolution on ECG

- ASA 1x100mg
- Clopidogrel 1x75mg
- LMWH 2x0.6ml s.c.
- Ramipril 1x2.5mg
- Rosuvastatin 1x20mg
- ~~- Nebivolol 1x5mg~~

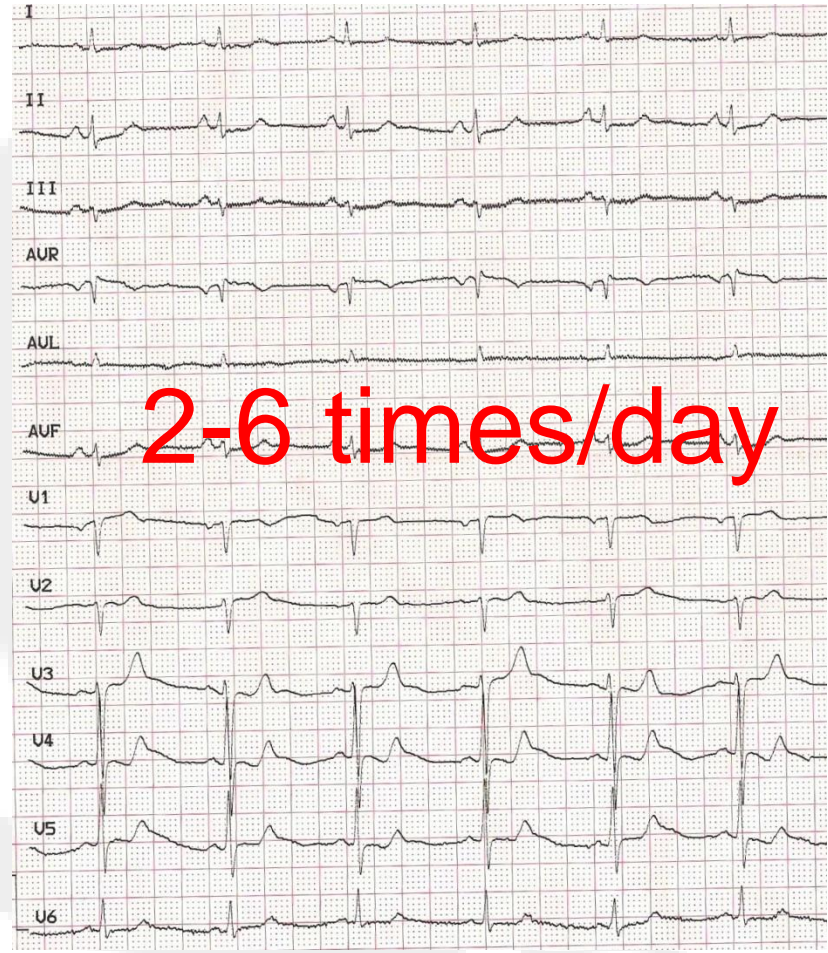
**Nisoldipin 2x10mg**  
**+**  
**Iv NTG**



# Despite medical therapy



**No angina**

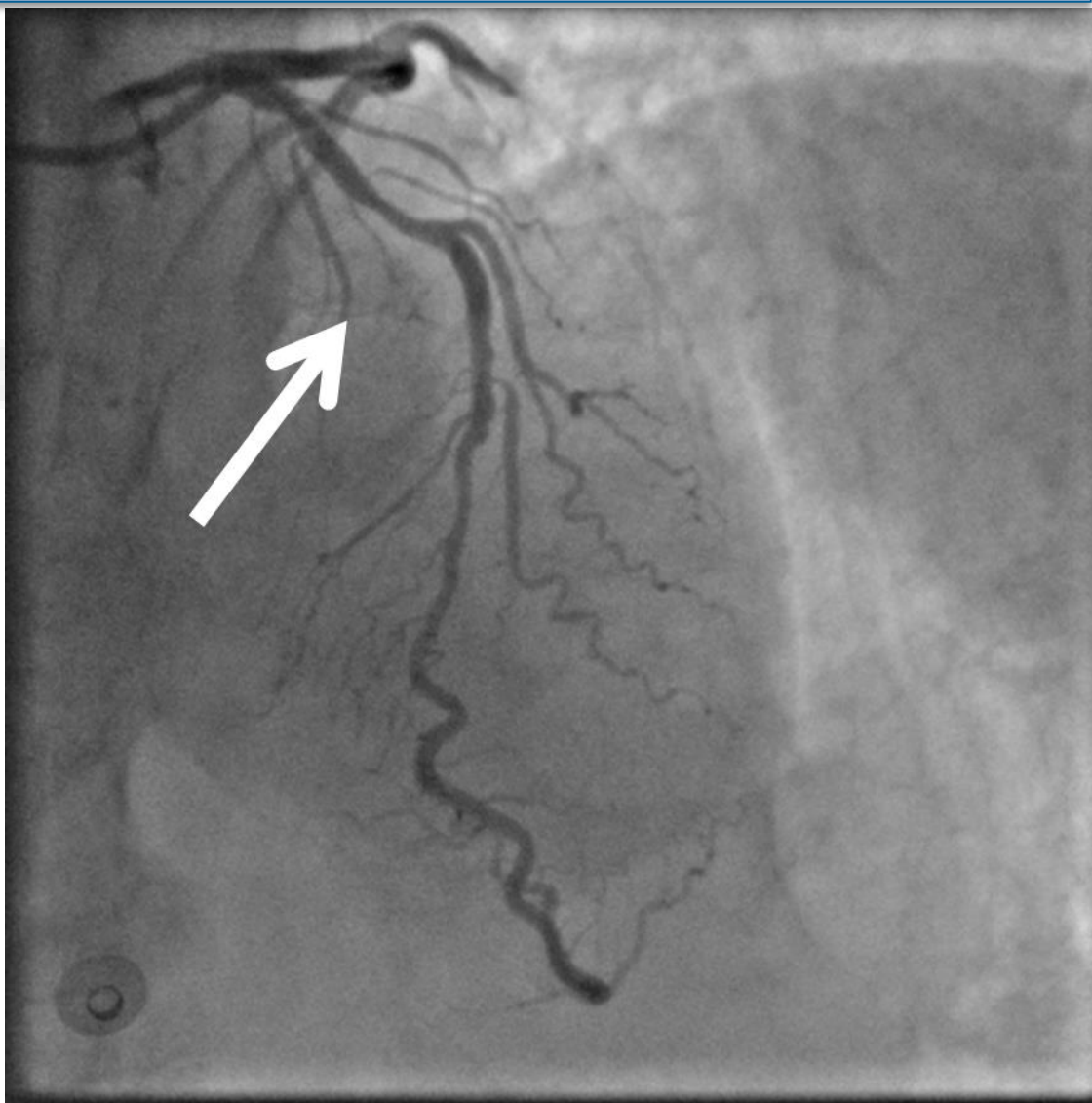


**Angina**





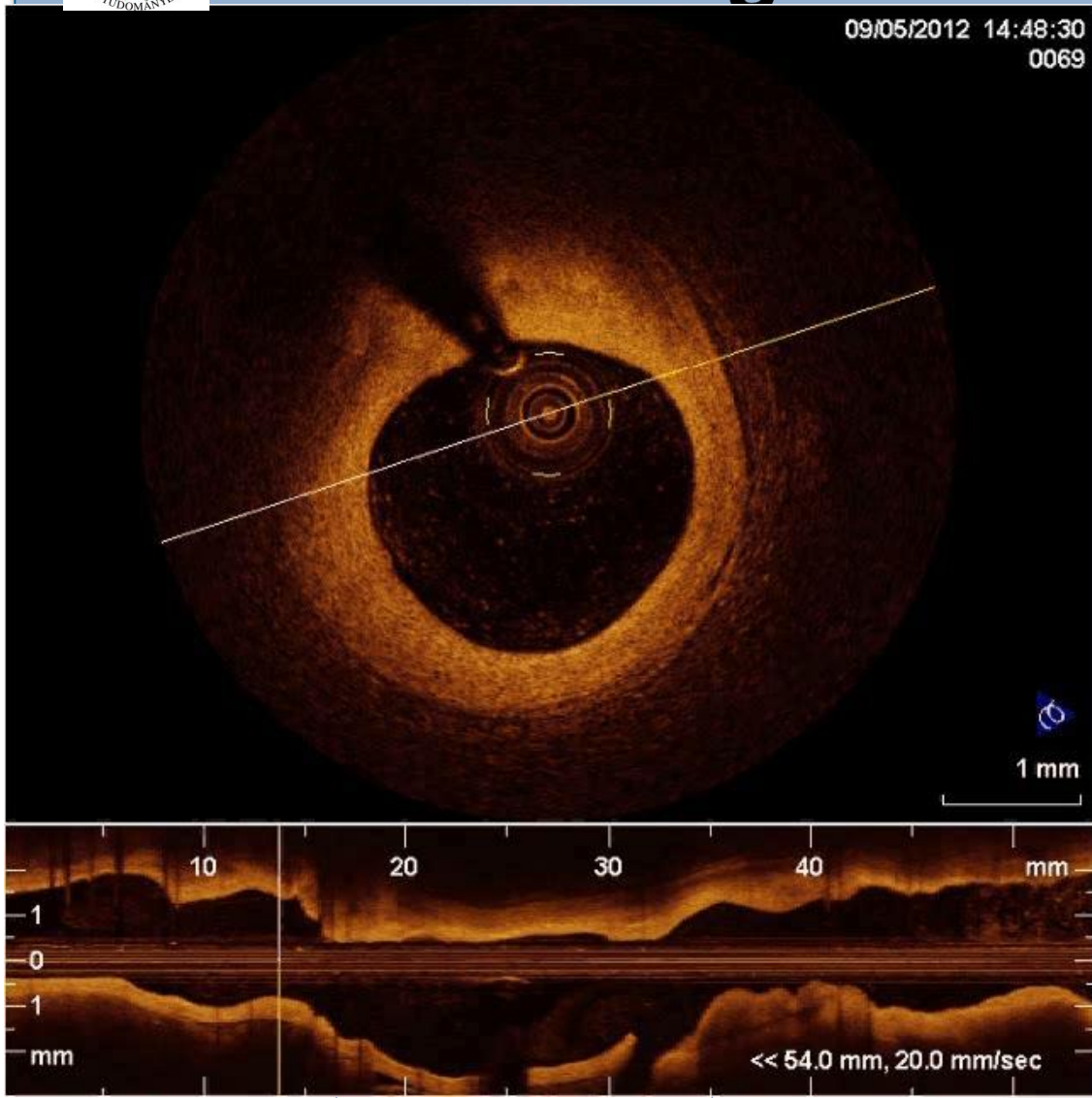
# Repeated Cardiac Catheterization





# OCT Interrogation

09/05/2012 14:48:30  
0069



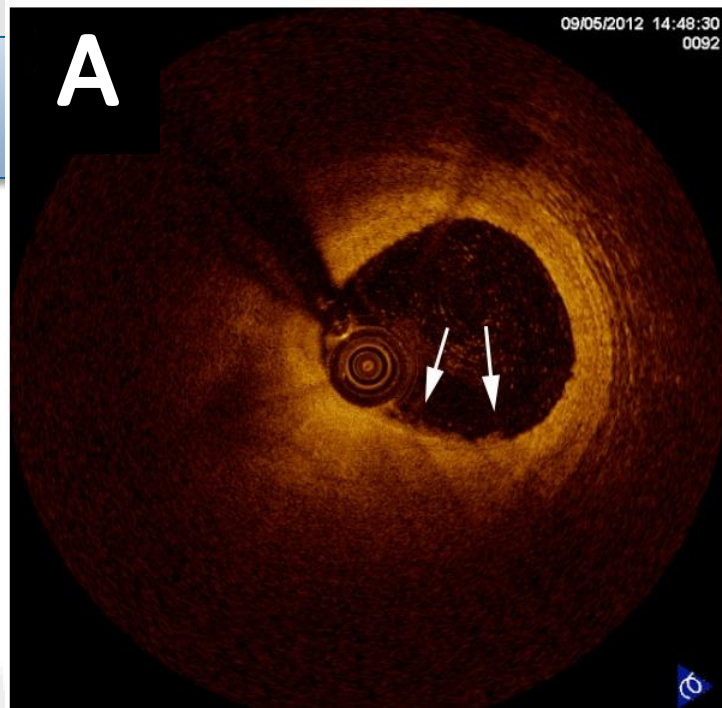
A



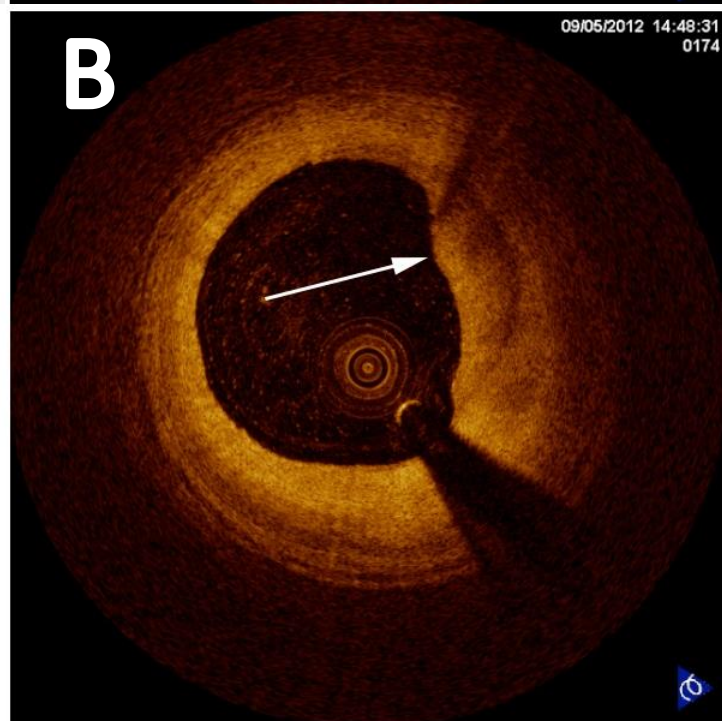
B

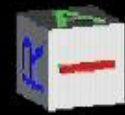


A



B





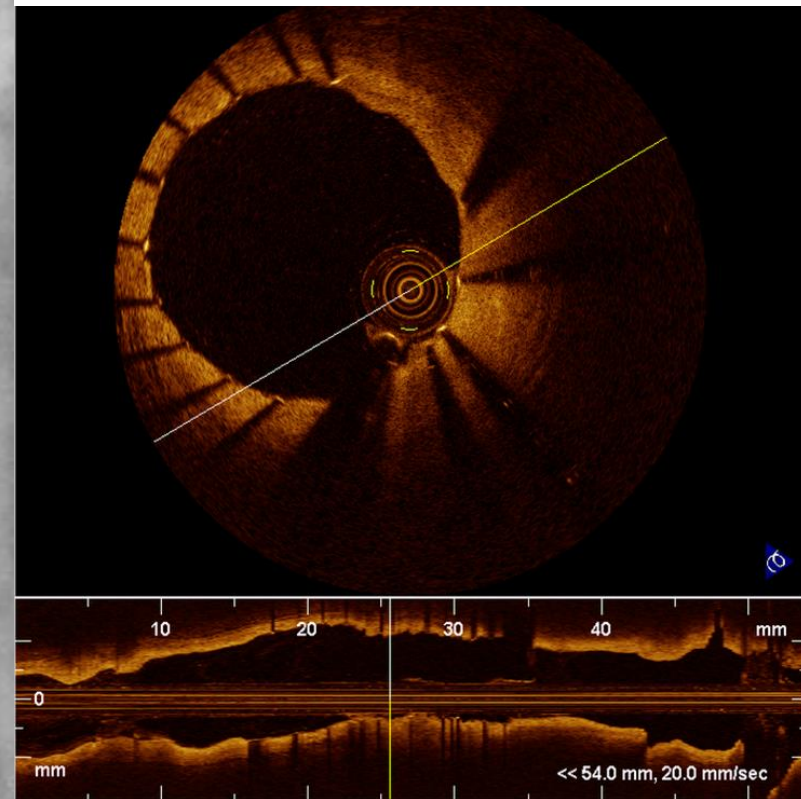
RS

LI





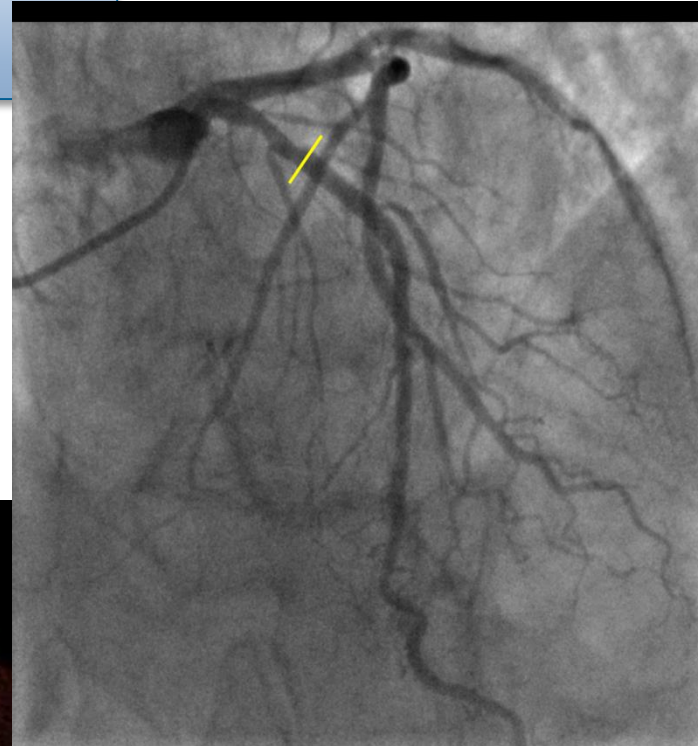
# Interventional Management





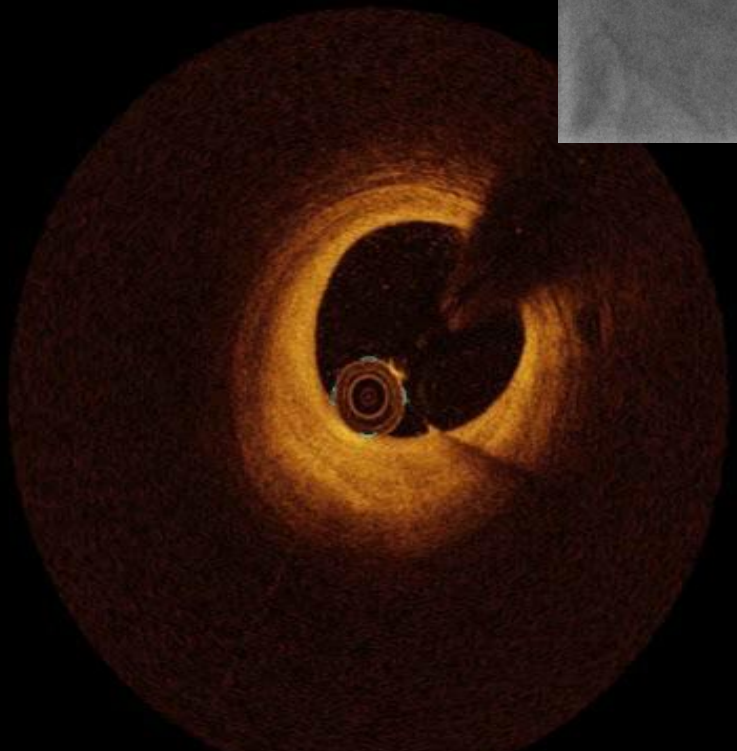
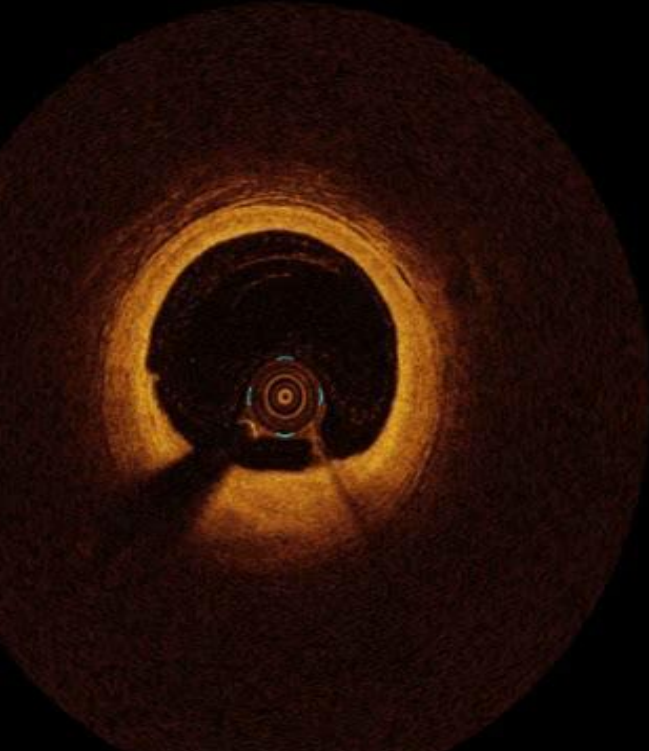
# nine-month follow-up

**Patient is free of angina**

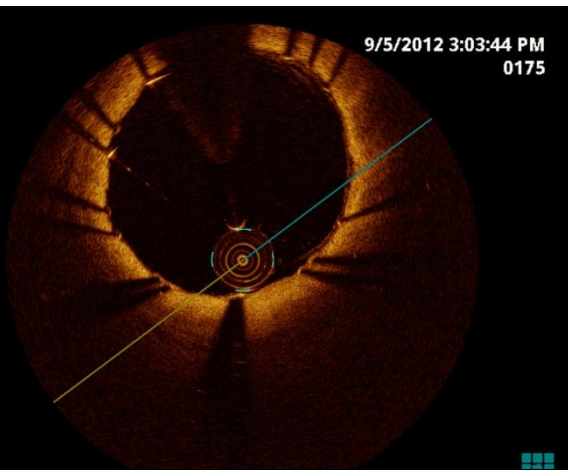


initial

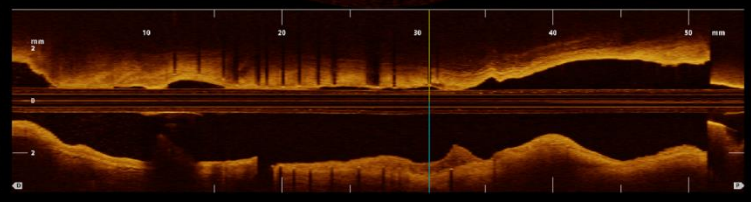
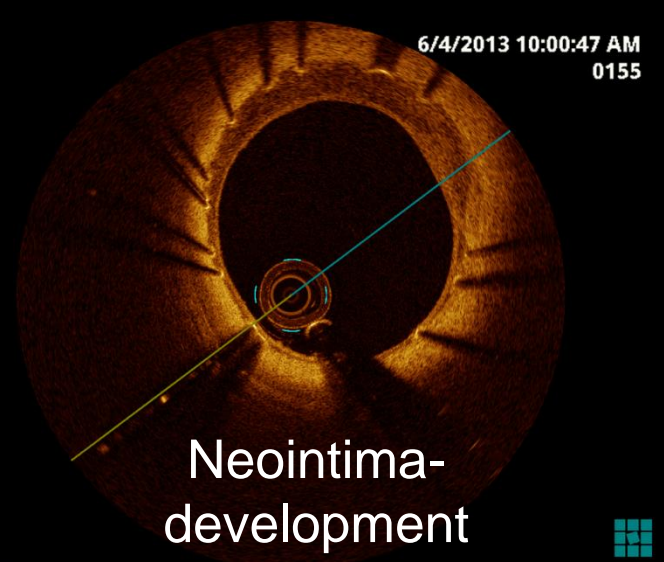
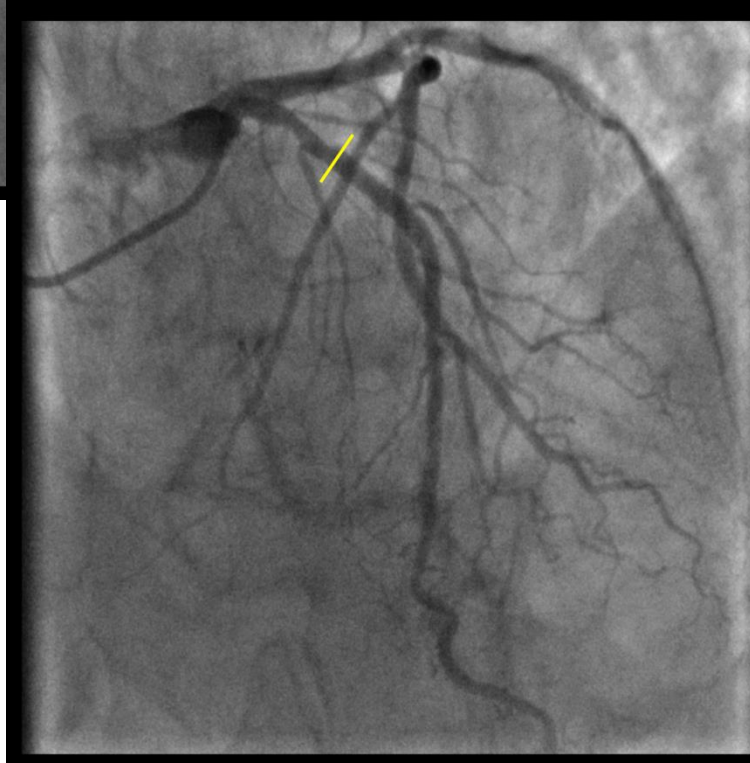
9-month FUP







Neo-  
atherosclerosis ?







# Optical Coherence Tomography (OCT) in coronary arteries



Today – 2017: Reliable Diagnostic Tool !

- Extremely fast (a couple of seconds!)
- Reliable
  - Provides a clear answer
- User-independent
  - Superior to angiography
- All relevant quantitative/qualitative data
  - As physician, I can focus on therapy!

