



What did we learn about microcirculation using lasers

Ferenc Bari PhD, DSc

professor

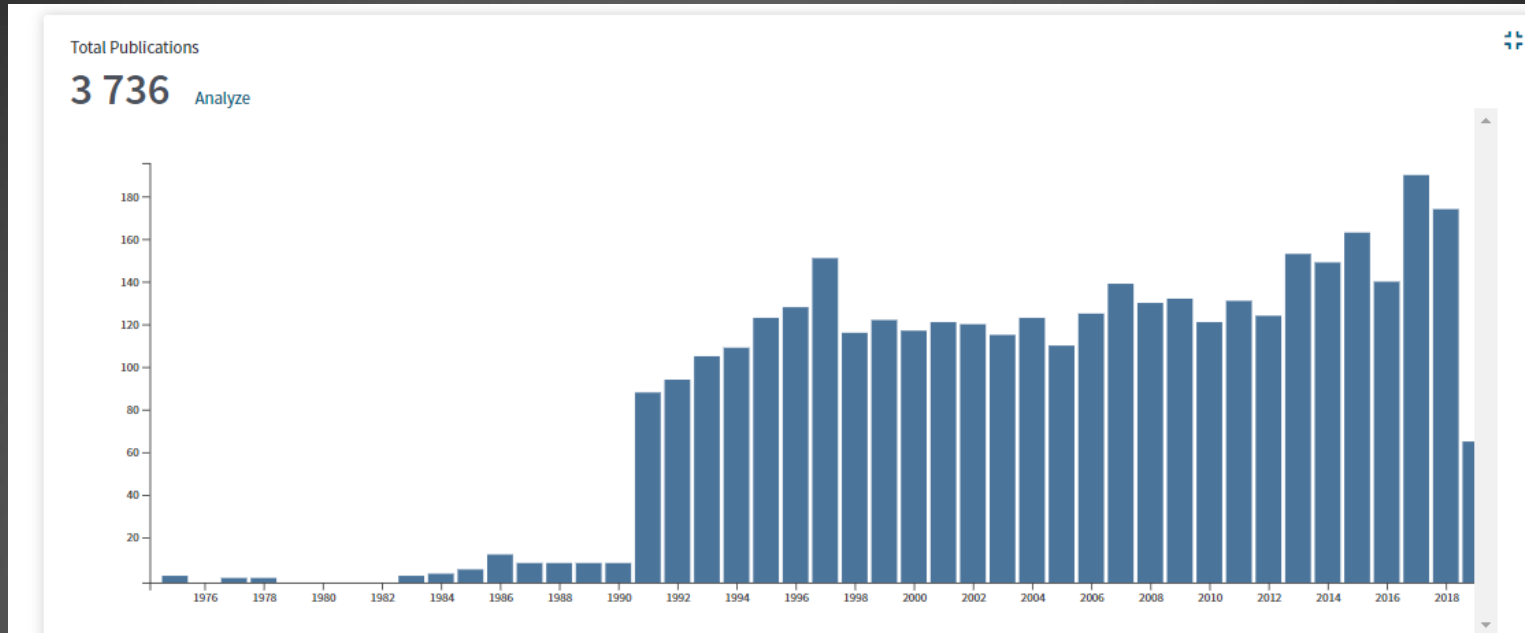
University of Szeged

Faculty of Medicine

Department of Medical Physics & Informatics

Lamelis 2019, Szeged, 4 July

Laser AND microcirculation (3736 papers) (mainly laser Doppler)



Citation to „Laser AND microcirculation”

Sum of Times Cited:80 946

<input type="checkbox"/>	1. Vascular channel formation by human melanoma cells in vivo and in vitro: Vasculogenic mimicry By: Maniotis, AJ; Folberg, R; Hess, A; et al. AMERICAN JOURNAL OF PATHOLOGY Volume: 155 Issue: 3 Pages: 739-752 Published: SEP 1999	70	78	87	79	43	1138	54.19
<input type="checkbox"/>	2. Biomedical photoacoustic imaging By: Beard, Paul INTERFACE FOCUS Volume: 1 Issue: 4 Pages: 602-631 Published: AUG 6 2011	104	131	139	141	43	749	83.22
<input type="checkbox"/>	3. Dynamic imaging of cerebral blood flow using laser speckle By: Dunn, AK; Bolay, T; Moskowitz, MA; et al. JOURNAL OF CEREBRAL BLOOD FLOW AND METABOLISM Volume: 21 Issue: 3 Pages: 195-201 Published: MAR 2001	33	37	31	38	13	531	27.95
<input type="checkbox"/>	4. Accumulation of tissue factor into developing thrombi in vivo is dependent upon microparticle P-selectin glycoprotein ligand 1 and platelet P-selectin By: Falati, S; Liu, QD; Gross, P; et al. JOURNAL OF EXPERIMENTAL MEDICINE Volume: 197 Issue: 11 Pages: 1585-1598 Published: JUN 2 2003	22	29	31	12	7	527	31.00
<input type="checkbox"/>	5. Real-time in vivo imaging of platelets, tissue factor and fibrin during arterial thrombus formation in the mouse By: Falati, S; Gross, P; Merrill-Skoloff, G; et al. NATURE MEDICINE Volume: 8 Issue: 10 Pages: 1175-1180 Published: OCT 2002	21	33	19	22	10	447	24.83

Visualization **Treemap**

Number of results **25**

OPTICS

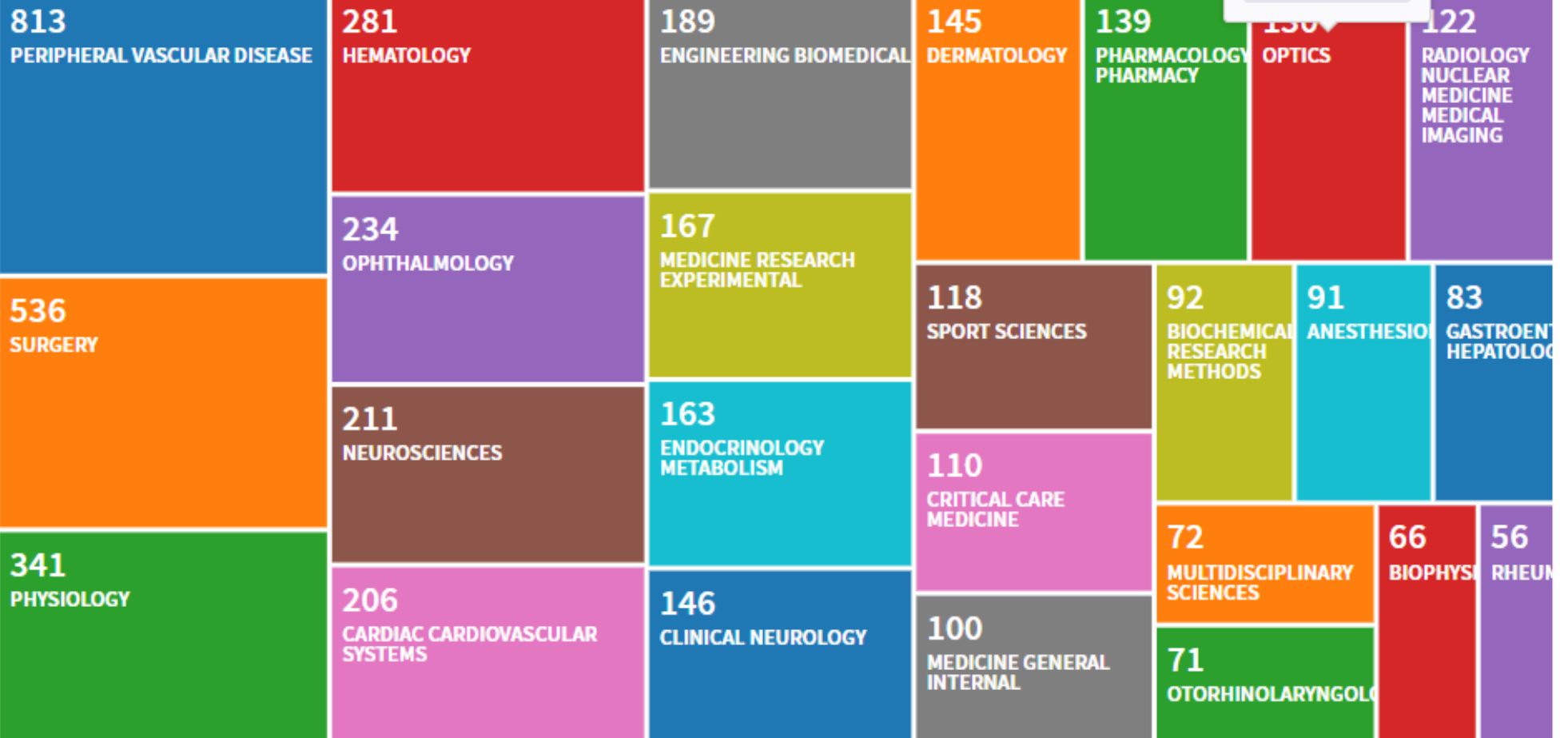


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records

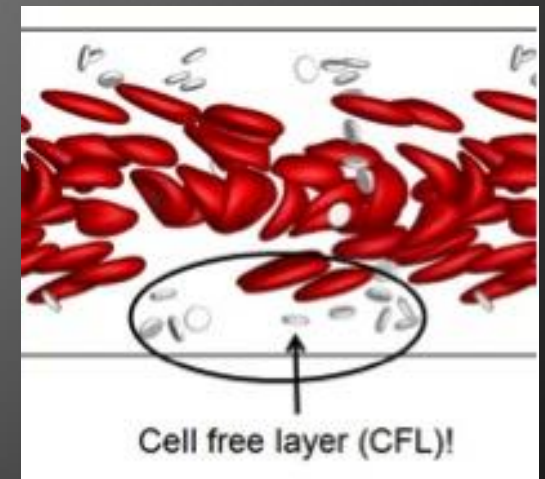
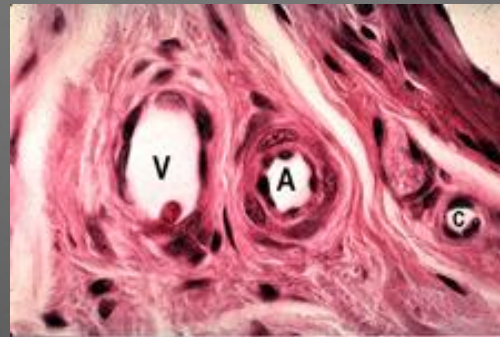
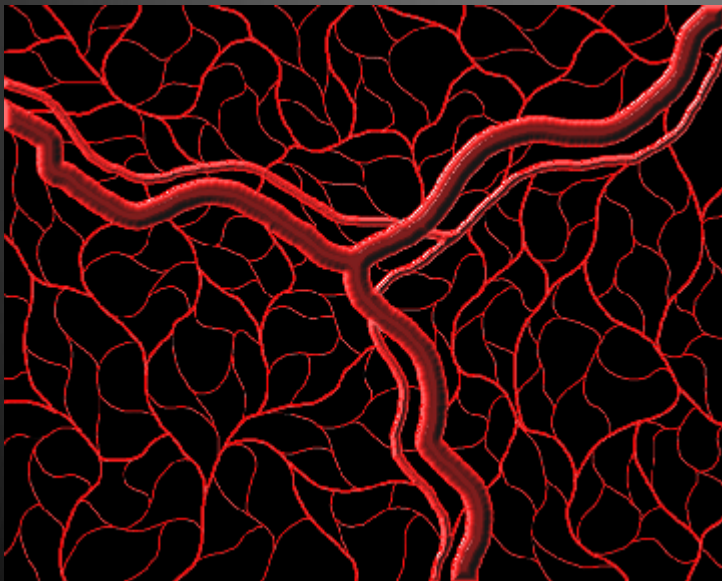
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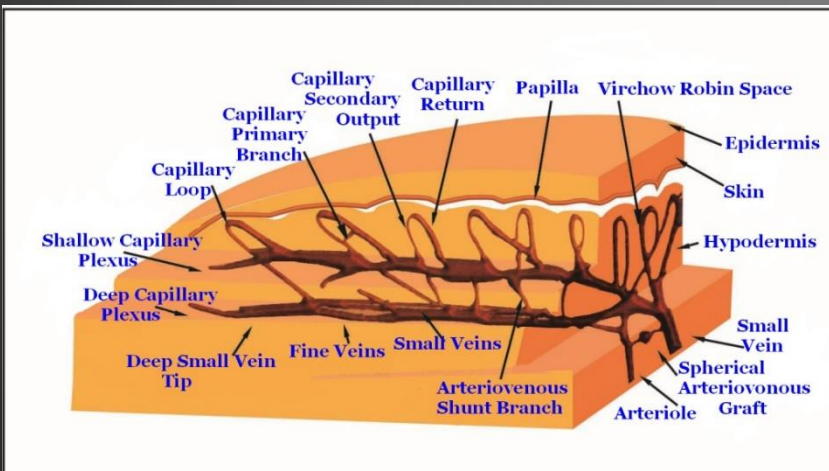
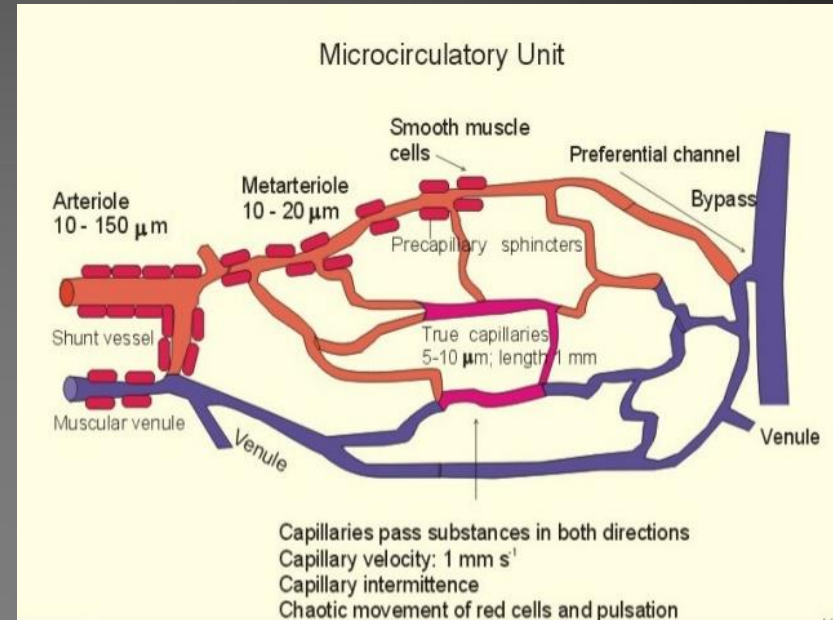


The microcirculation

- The term microcirculation refers to the functions of the capillaries and the neighboring lymphatic vessels.
- 5 % of circulating blood volume(250 ml) is present in the capillaries at any given time.
- This takes part into the exchange of nutrients, gases and waste products between the blood & tissues.



The microcirculation



Microvascular Distribution of the Nailfold

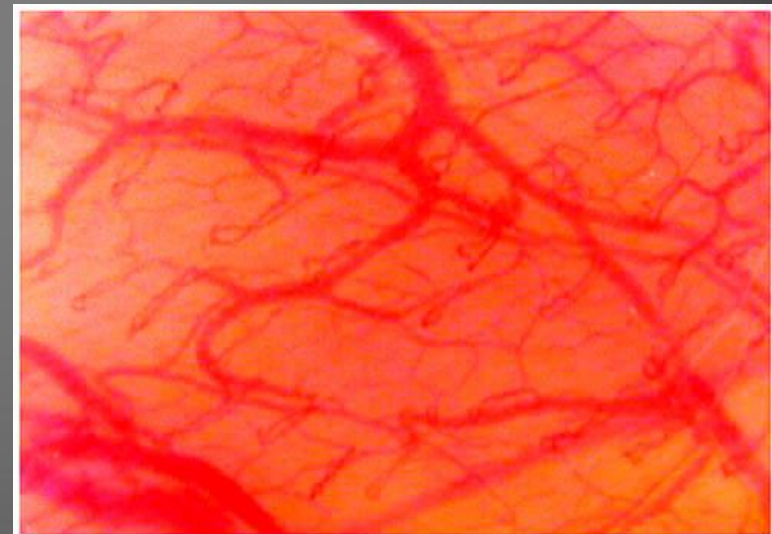


Fig. 4. Labial microvascular characteristics in healthy patients (200X).

- Over 10 billion capillaries with surface area of 500-700 square meters
- Small volume of blood is exposed to larger surface area

Why is it important to know microvascular physiology & pathophysiology

- Almost all diseases (diabetes, cancer, hypertension, Alzheimer's disease, etc) have microvascular components
- Experiences: skin, brain, nasal mucosa, inner ear...
- Brain gets ~ 750 ml/min blood, uses 20% O₂ from the body's consumption
- Brain tissue is extremely vulnerable
- Stroke is Nr. (2)-3 in respect to disabilities and death all over the world
- Dementia is linked to cerebrovascular diseases
- Perinatal asphyxia affects ~ 3-4 babies a year

LOCAL CONTROL OF BLOOD FLOW

- **A) Autoregulation** – maintenance of constant blood flow to an organ in spite of fluctuations in BP.

E.g. brain – auto regulation is best

kidney – auto regulation is good

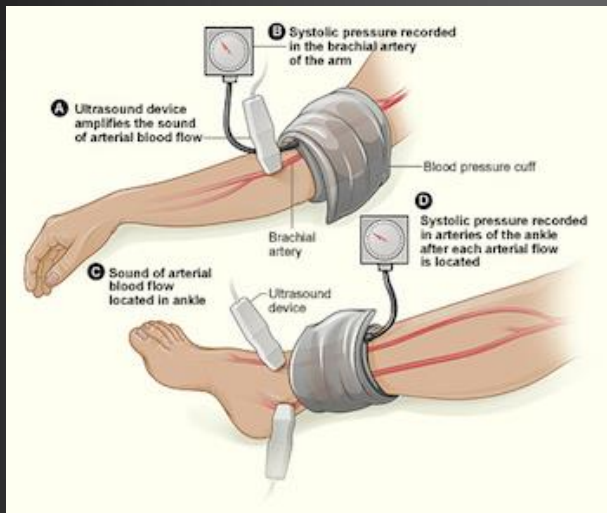
skeletal muscle – auto regulation is poor

- **B) Active Hyperemia** - When any tissue becomes highly active [eg. Skeletal muscle during exercise], the rate of blood flow through the tissue increases.

- **C) Reactive hyperemia**

When blood flow to a tissue is blocked for few seconds and then is unblocked, the flow through tissue increases almost 4-7 times normal. The excess blood flow lasts long enough to repay the tissue oxygen deficit that has occurred during occlusion.

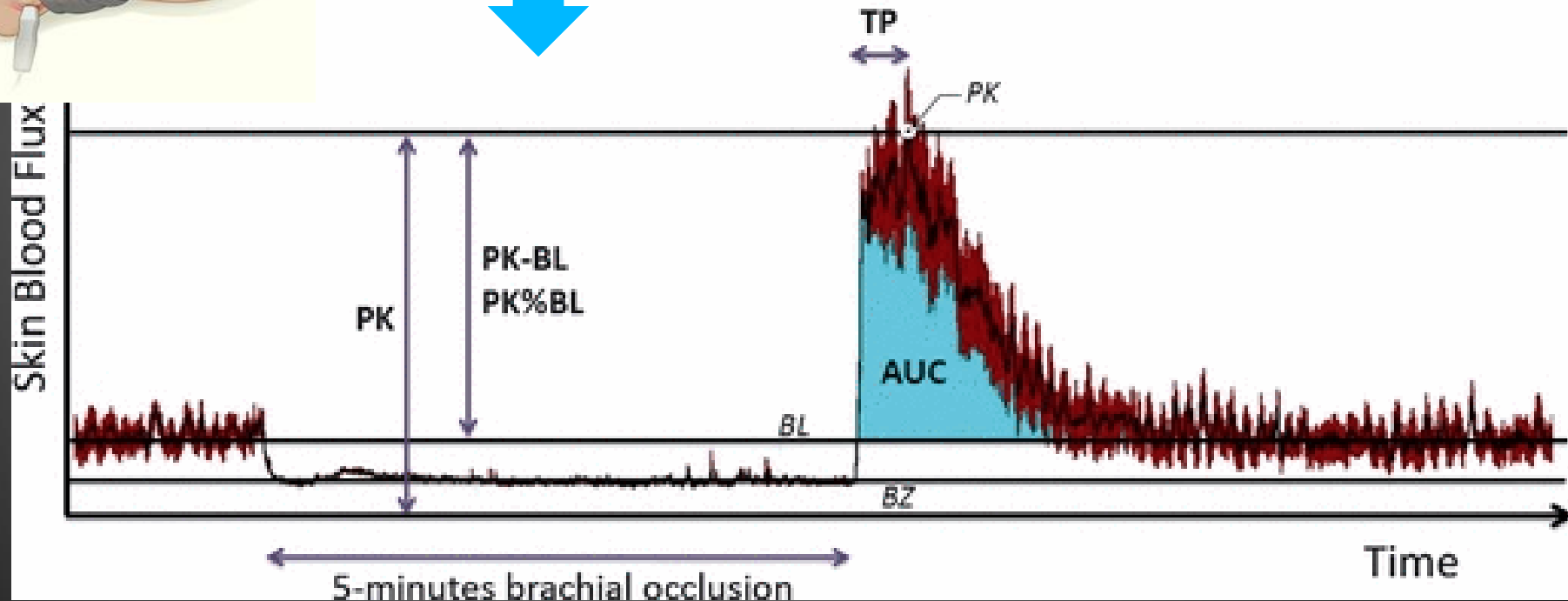
Non-invasive Assessment of Skin Microvascular Function in Humans: An Insight Into Methods



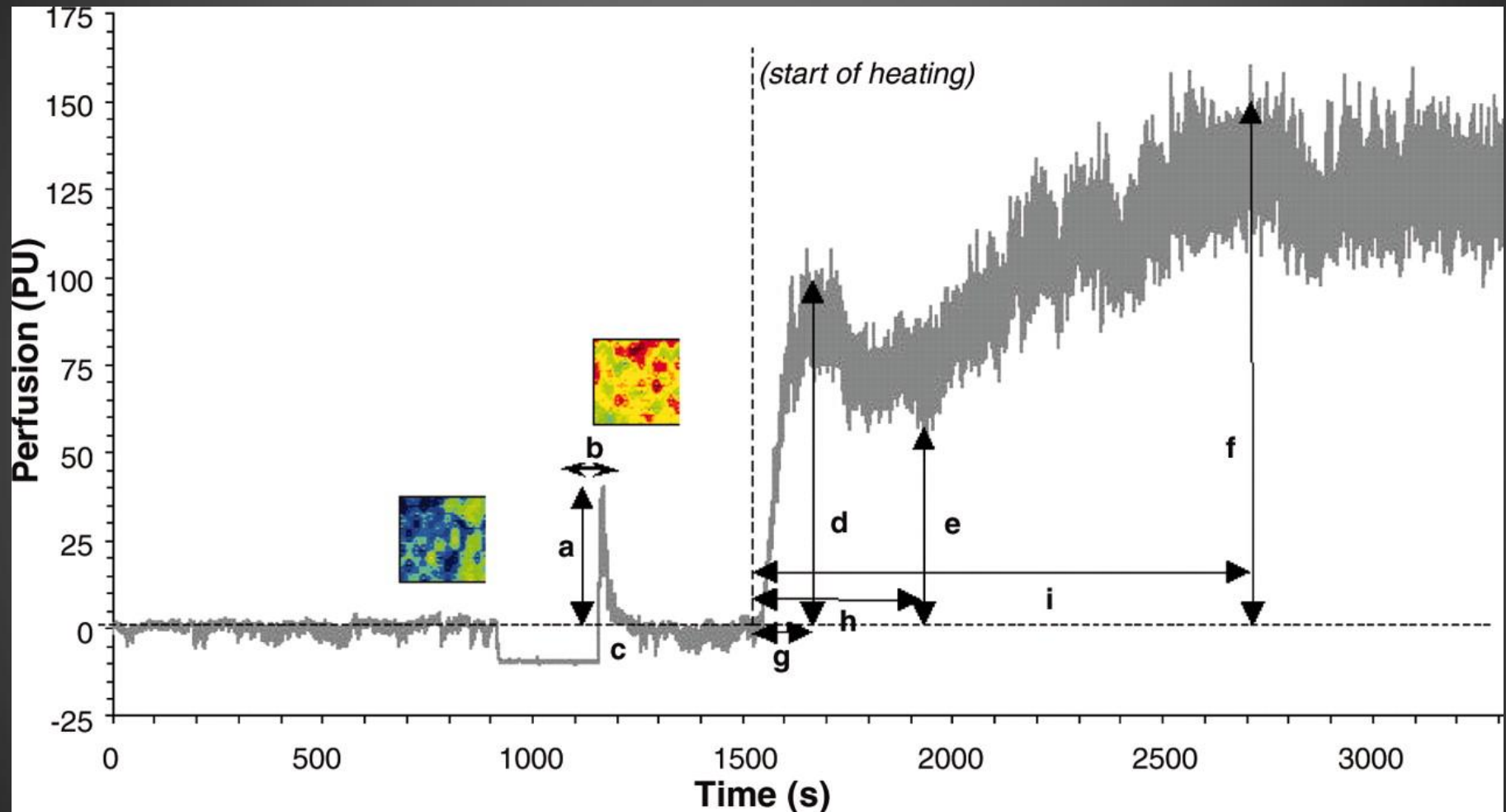
Detection by

← ultrasound

↓ Laser Doppler



Representative tracing of control postocclusive hyperemia (PORH) and thermal hyperemia (TH).



Stewart J et al. Am J Physiol Heart Circ Physiol
2004;287:H2687-H2696

©2004 by American Physiological Society

AMERICAN JOURNAL OF PHYSIOLOGY

Heart and Circulatory Physiology

- **Two basic mechanisms that explain local control of blood flow**

- 1. Myogenic theory**

Increase in blood flow



Stretches the vessel



Contraction of vascular smooth muscle



Decrease blood flow back to normal

2. Metabolic theory

Increase in rate of metabolism



Accumulation of vasodilator substances in active tissues



Blood vessels dilate

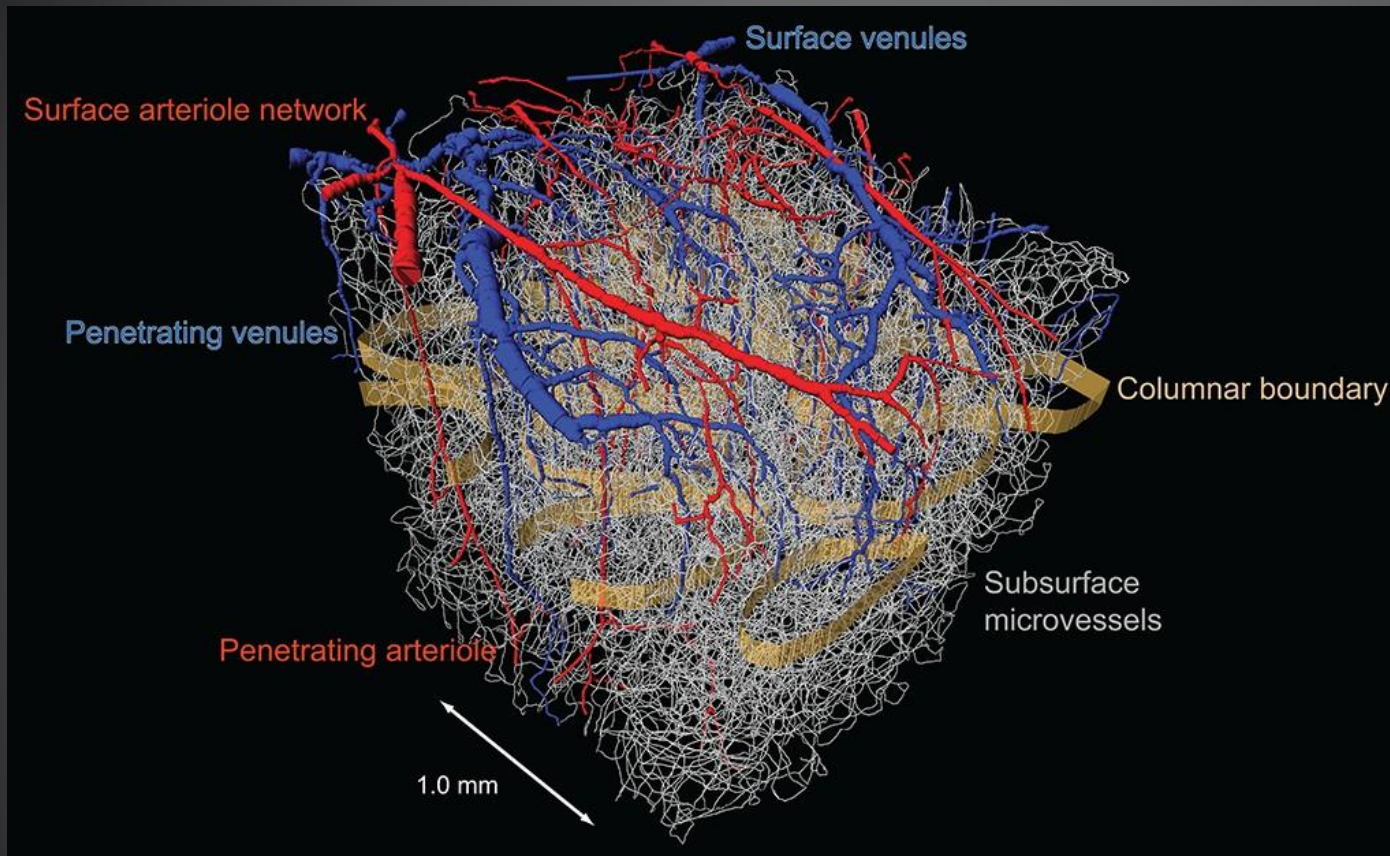


Increase blood flow

Vasodilator metabolites

↓ O₂ tension, ↑ H⁺, ↑ CO₂ tension, ↑ Temperature, K⁺, lactate, Adenosine, Histamine.

What can we study if examine microcirculation



Architecture

vessel morphology

vessel density

and geometry

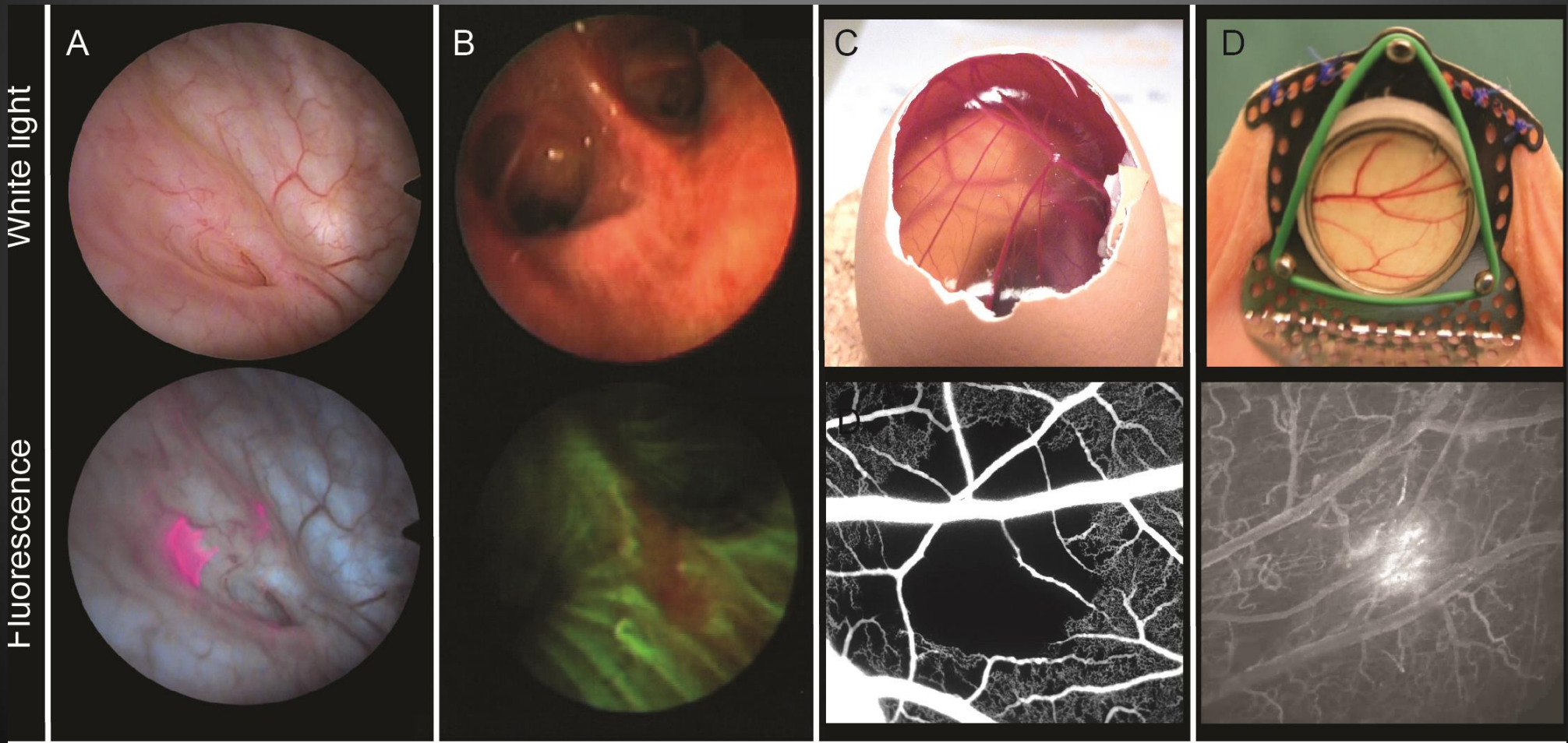
function of vessels

angiogenesis

metabolism

Methods before the Laser Doppler

Intravital microscopy



Closed cranial window- intravital microscopy direct observation of cortical vessels

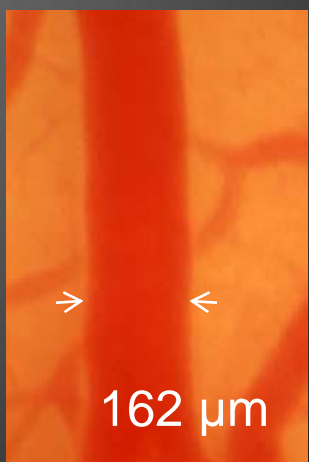
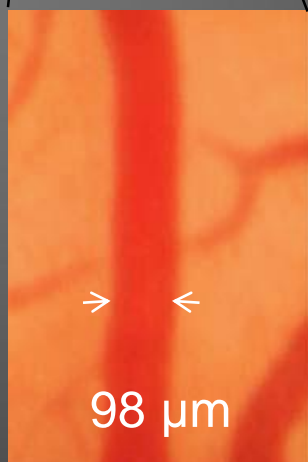
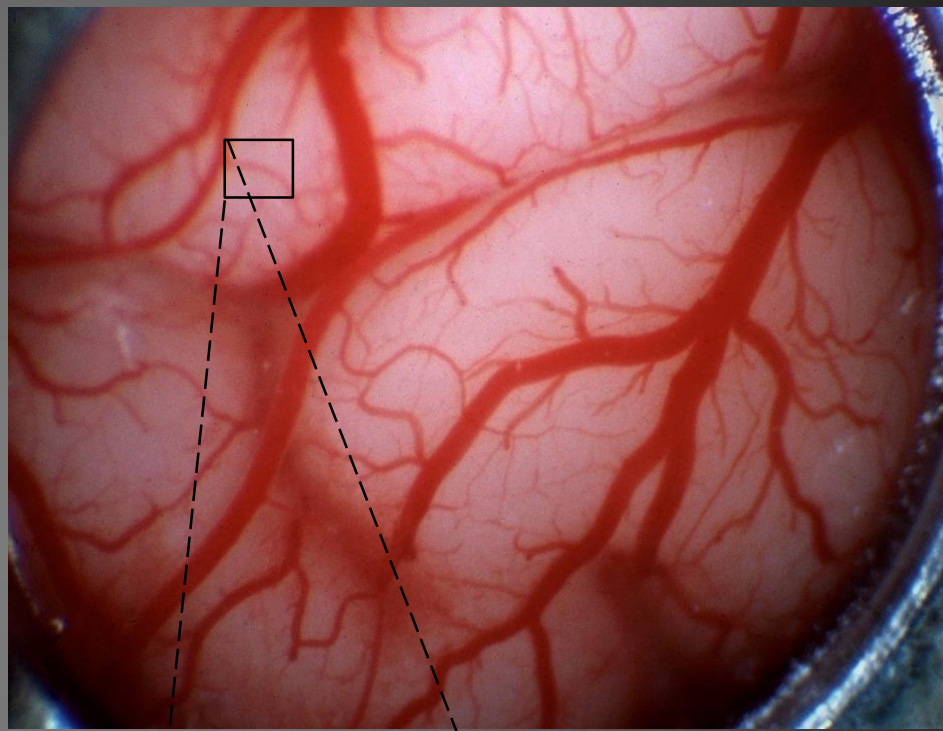
Advantages:

- Physiological environment
- Many kind of vessel can be studied
- Disadvantages:
- Parenchymal circulation cannot be studied
- Limited dynamical follow-up

$Q \sim \Delta P$ (change in perfusion pressure)

$Q \sim r^4$ change in diameter

$Q \sim 1/\eta$ change in viscosity

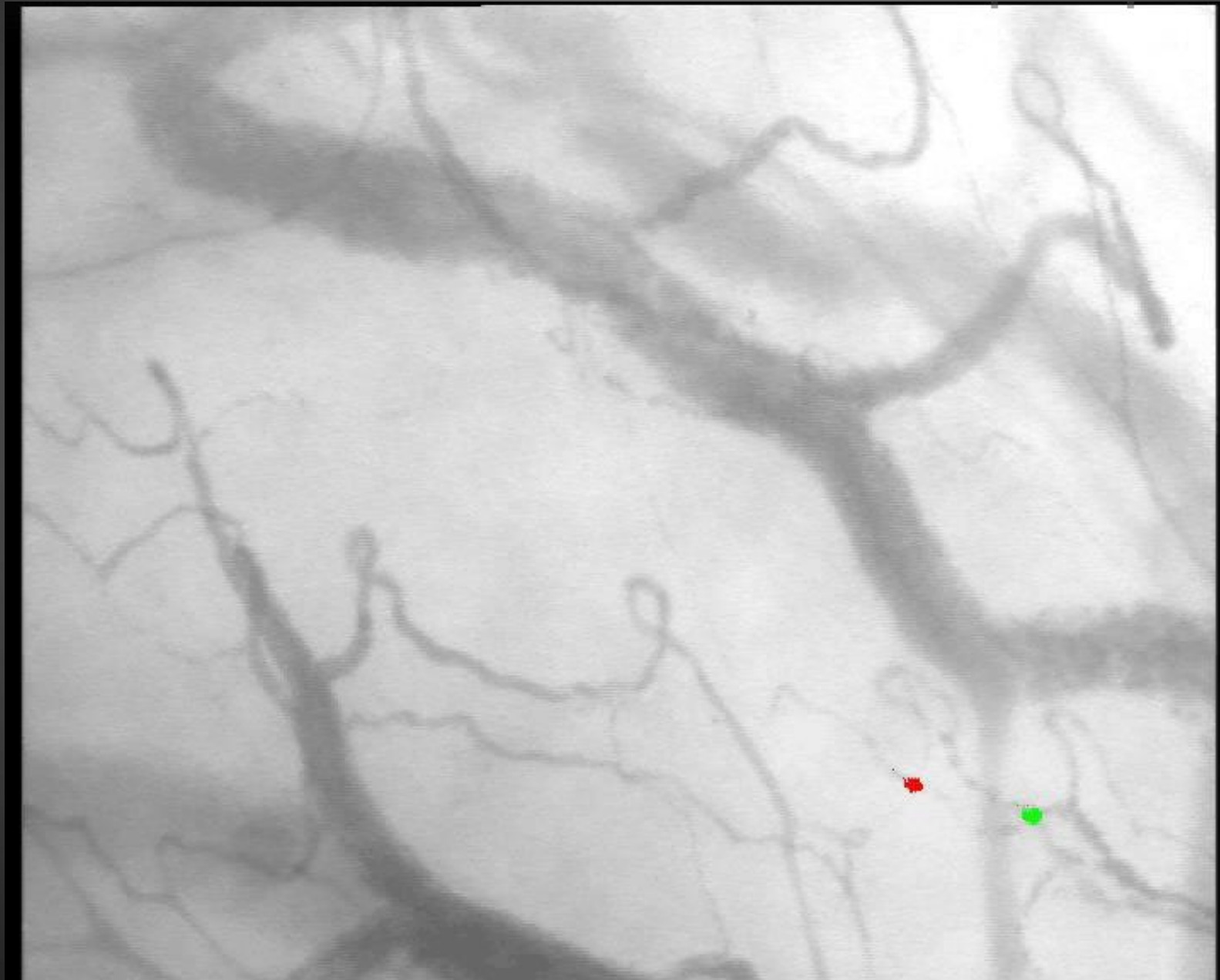


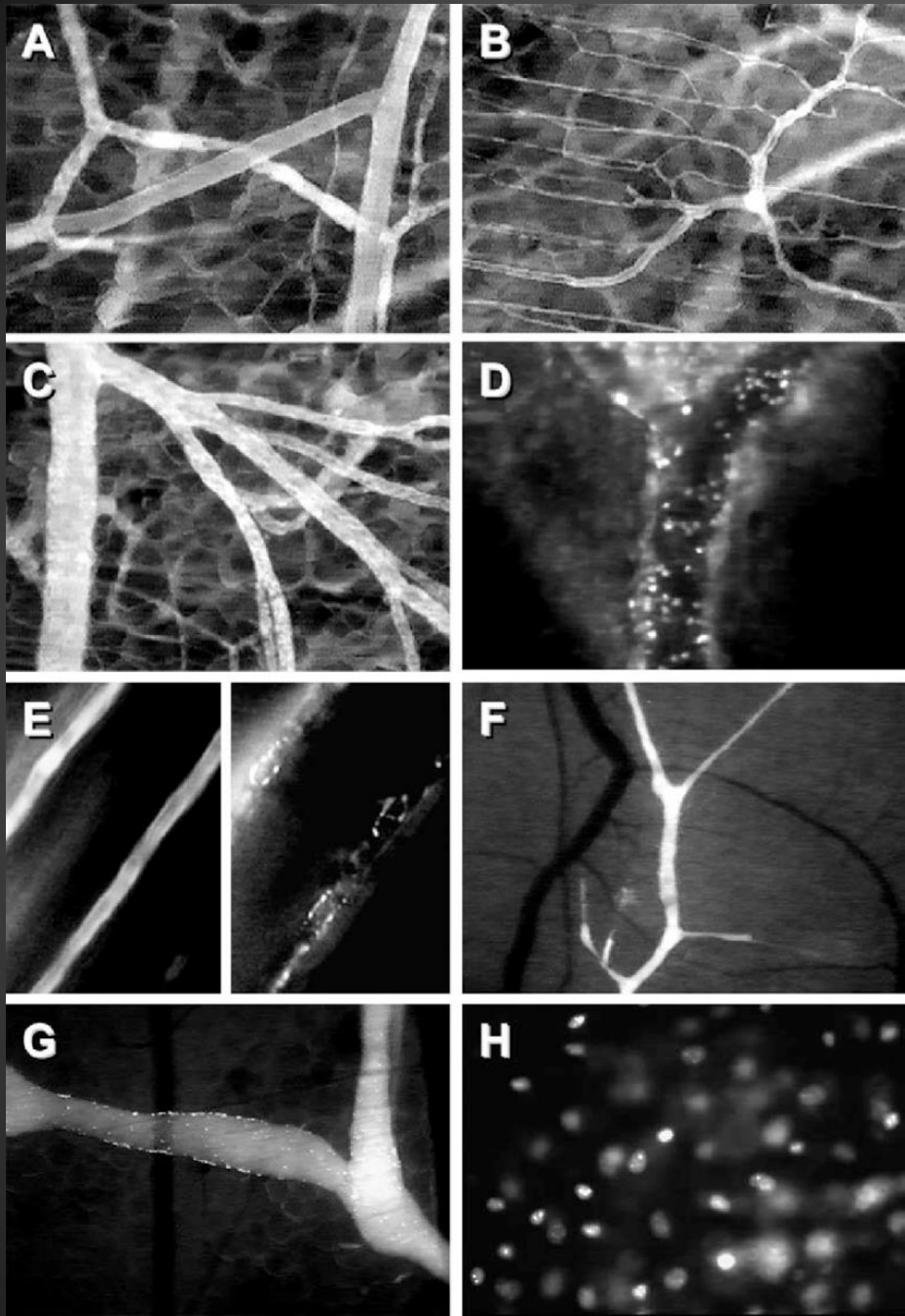
before and after NMDA (10^{-4} M)

Capillaroscopy

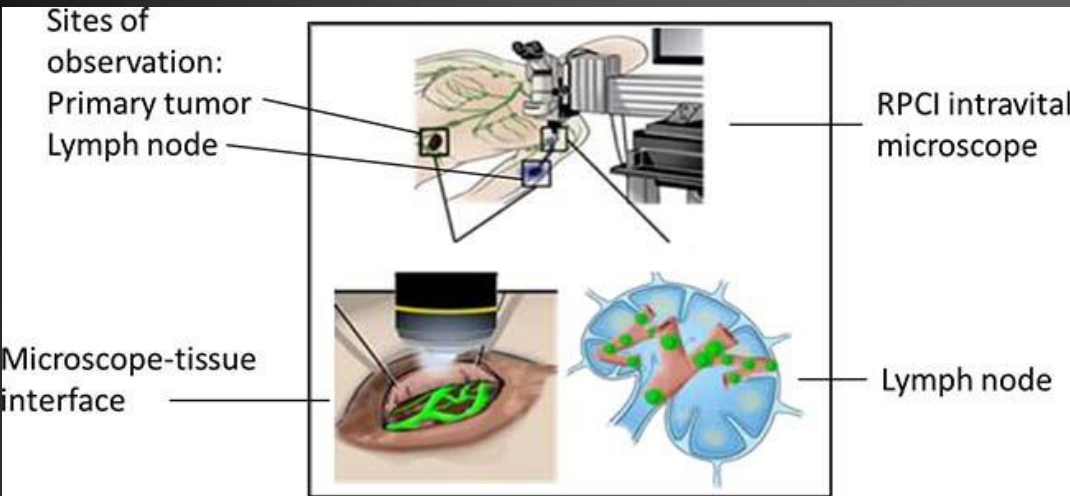
- Find a site where there is very little scattering
- 'Windows' (eye, nailfold, under tongue, lower lip)
- x5/x10 microscope objective
- Polarized light capillaroscope
- Aim to detect dichroic (sickled) red blood cells in sickle cell anaemia.

Capillaroscopy (Sub-lingual)

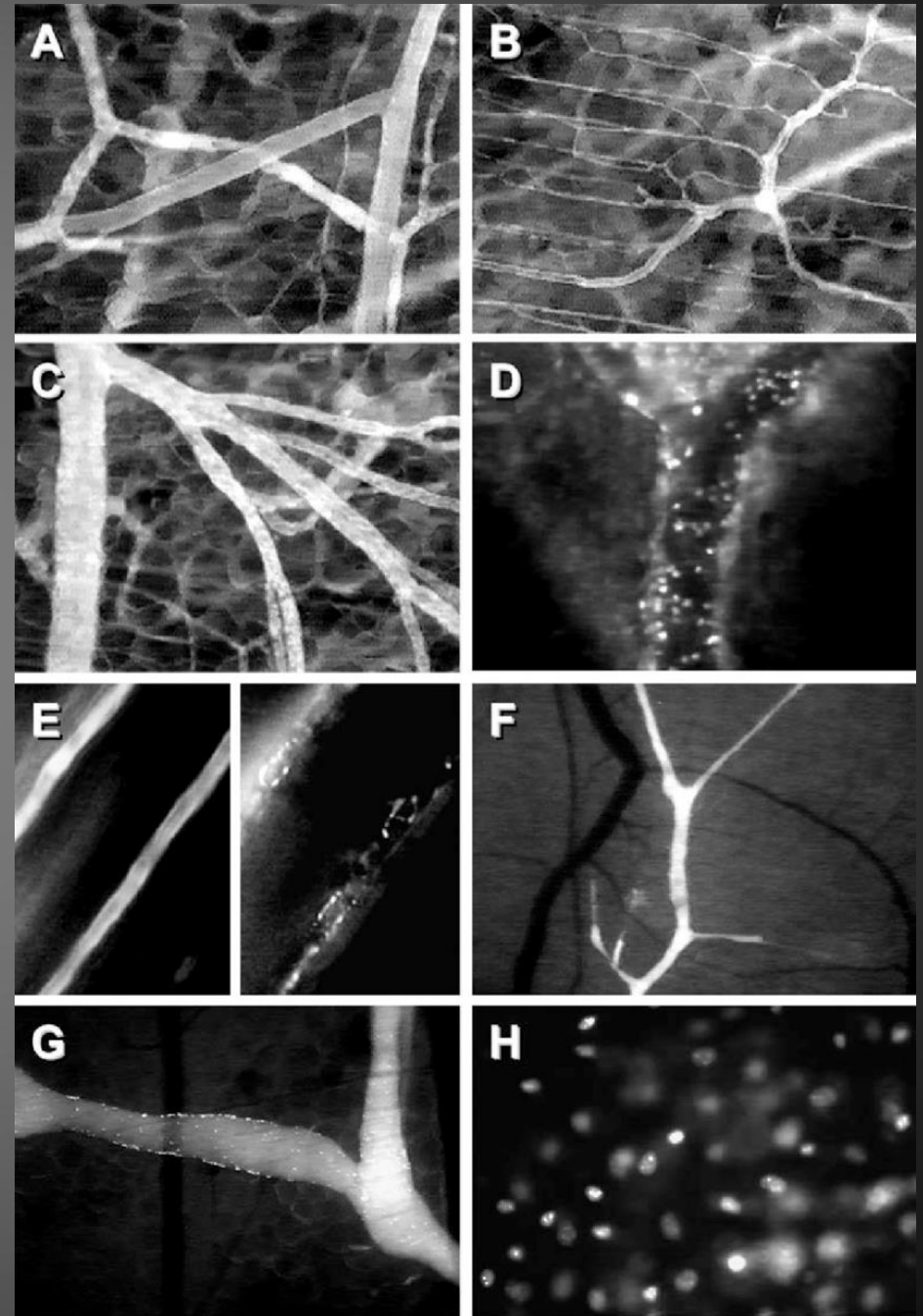




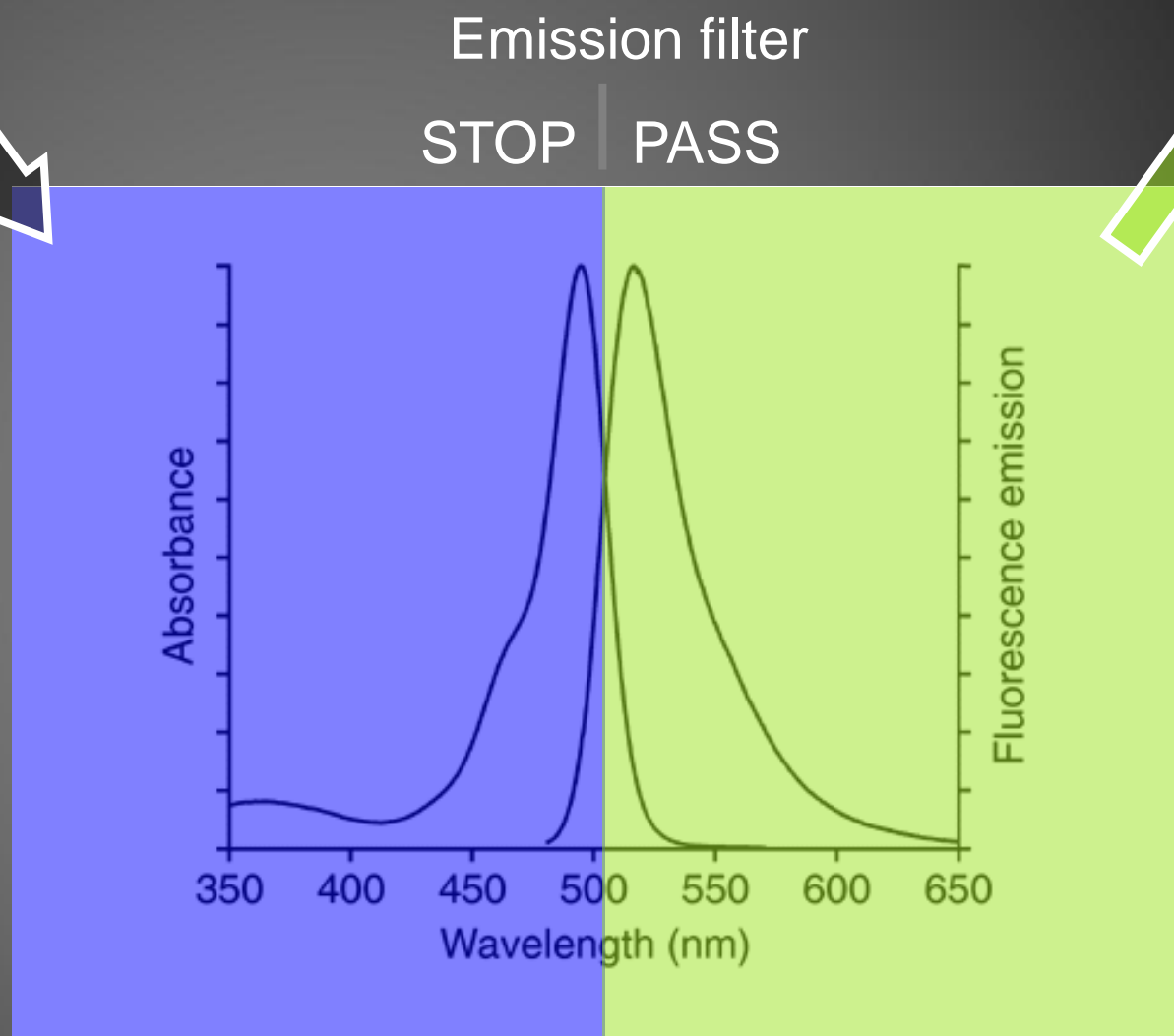
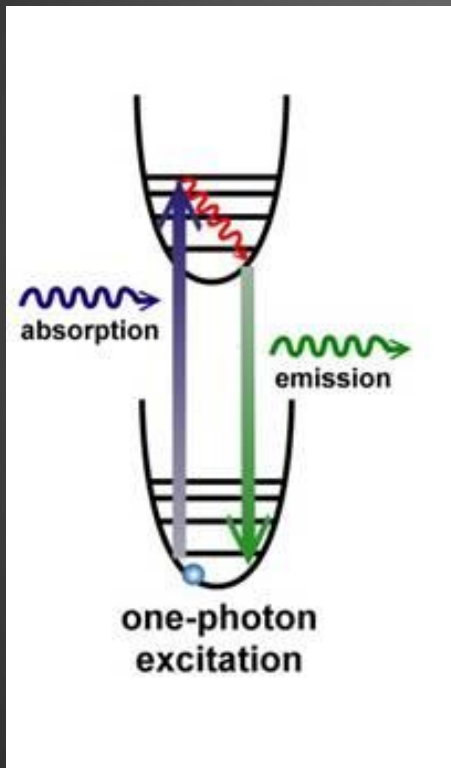
Advanced intravital microscopy



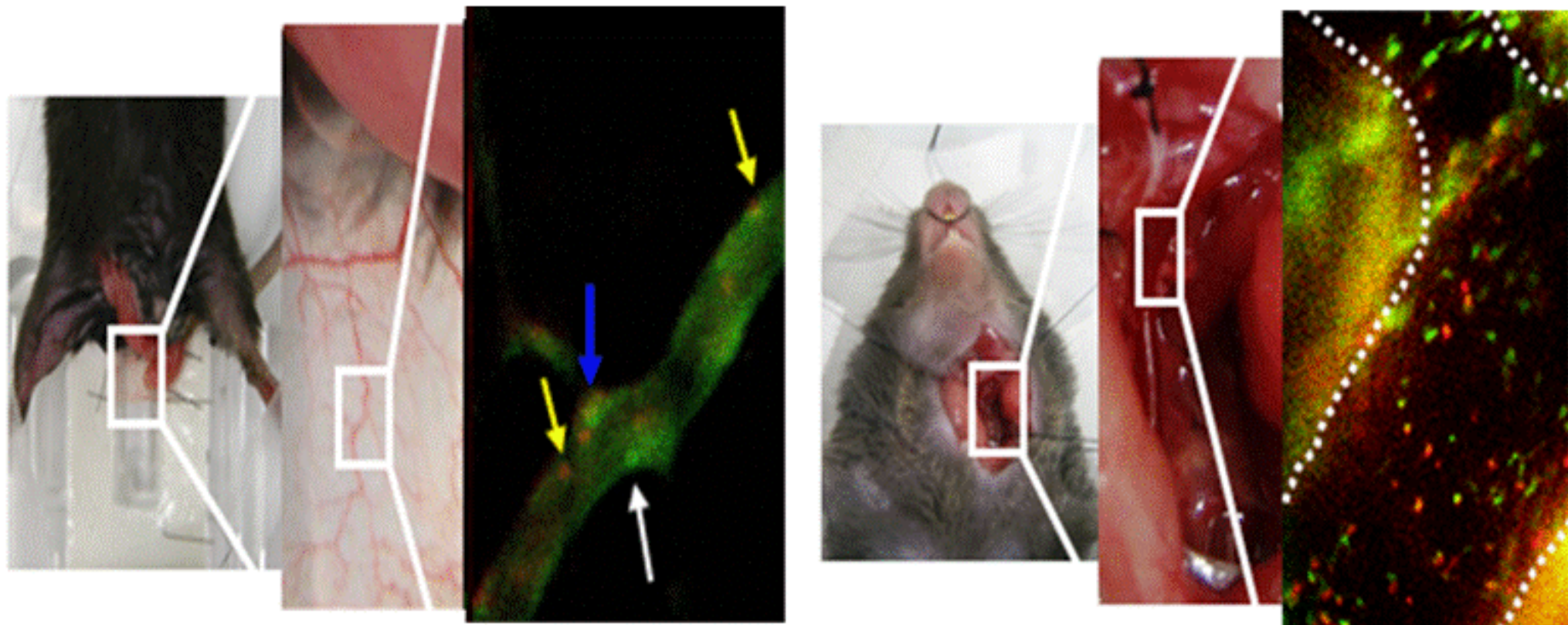
A-H Intravital fluorescence microscopy of the microcirculation of the striated muscle microcirculation in the skinfold of the Syrian golden hamster. Contrast enhancement with fluorescein-isothiocyanate (FITC)-dextran 150.000 allows for the analysis of blood perfusion in arterioles (A), capillaries (B) and venules (C). In vivo staining with rhodamine 6G allows for the detection of leukocyte (D) and platelet (E) endothelial cell interaction. Interstitial application of lowmolecular-weight FITC-dextran 4.000 (F) and fluorescently labeled latex particles (G) provides information on microlymphatic transport. Topical staining with bisbenzimidazole allows in vivo analysis of parenchymal cell apoptosis (H)



Principle of fluorescence measurement



Emission-absorption spectrum of Fluo-4

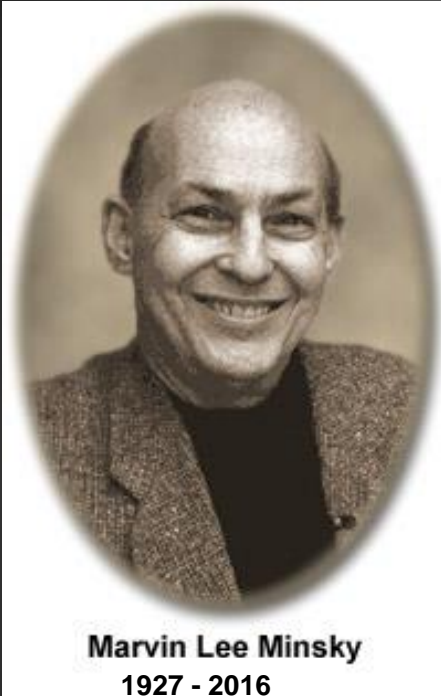


Examples of fluorescence intravital microscopy in mouse tissue. Detection of neutrophils (yellow arrow), classical (blue arrow) and non-classical monocytes (white arrow) recruitment in a) exposed cremaster muscle b) exposed carotid artery bifurcation.

History

Electrode based techniques dominate
Extracellular electrodes, patch clamp,
sharp electrode

Calcium indicators developed
The principle of **confocal imaging** was
patented by Marvin Minsky in 1961
*- most of the excitation outside of focus
-information cut by pinhole*



Marvin Lee Minsky
1927 - 2016



Winfried Denk

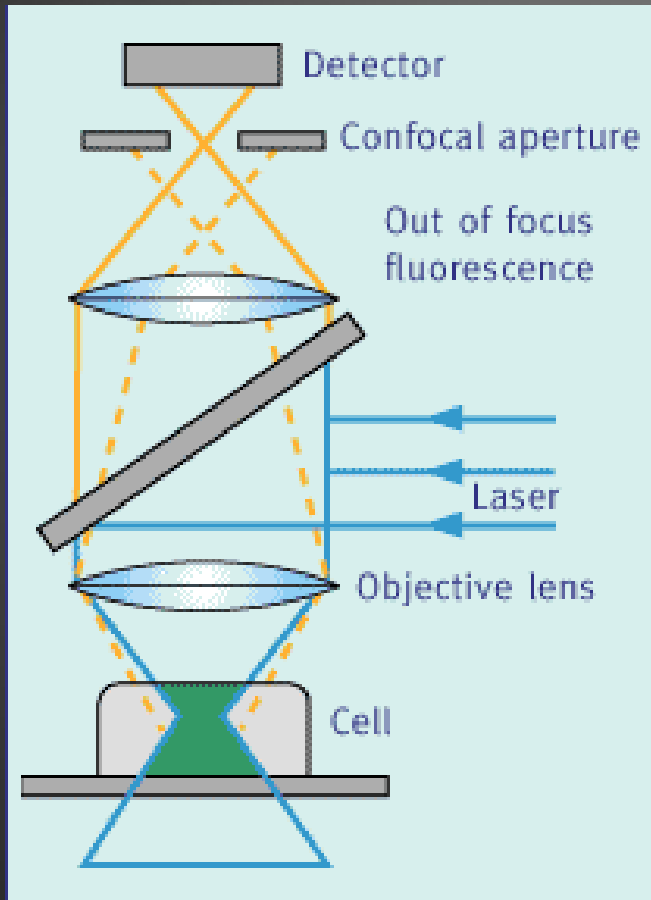
Two-photon excitation concept first
described by Maria Göppert-Mayer in
1931.

Two-photon microscopy was
pioneered by Winfried Denk in the lab
of Watt W. Webb at Cornell University
in 1990

- all light is taken: no pinhole

Laser scanning confocal microscopy

Confocal microscope



Detector: photomultiplier

Light source: laser

Power

Wavelength

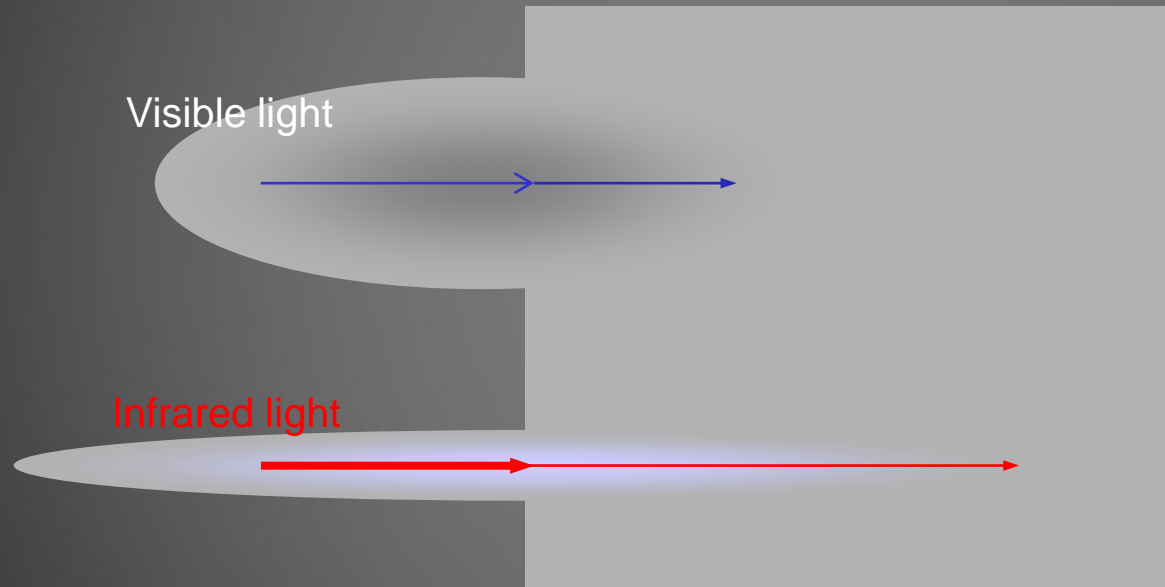
Filters

Scanner



Two-photon excitation requires IR laser

Scattering $\sim (\text{wavelength})^{-4}$

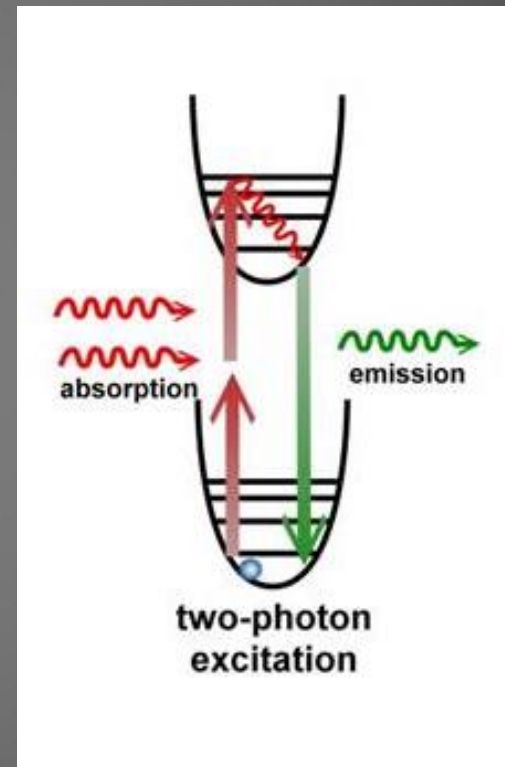
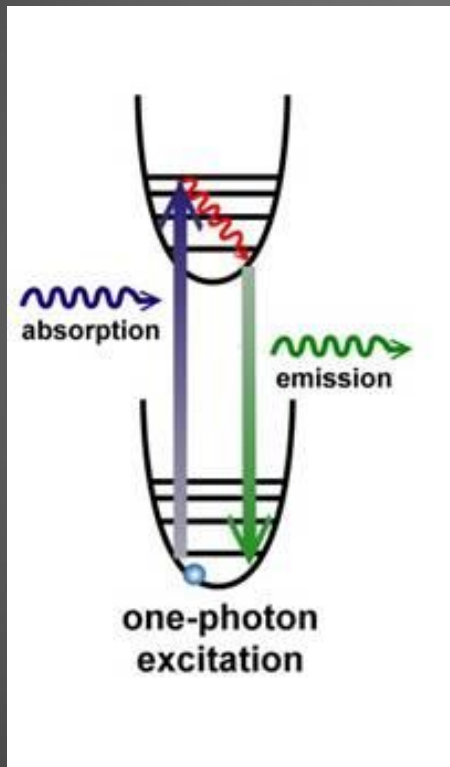


IR penetrates tissue much deeper

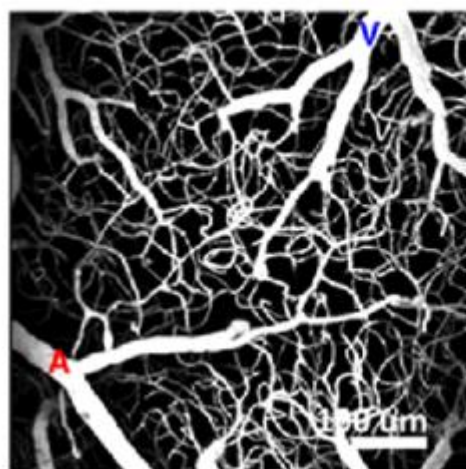
Advantages of two photon imaging

- No out-of-focus fluorescence
- Better in depth resolution
- Less photobleaching of the dye
- Less photodamage of the dye
- Less phototoxicity for the tissue

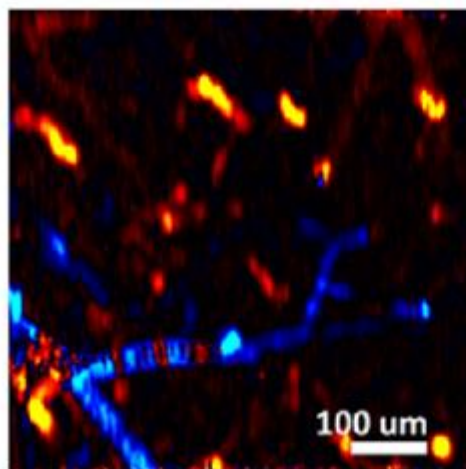
Principle of two photon excitation



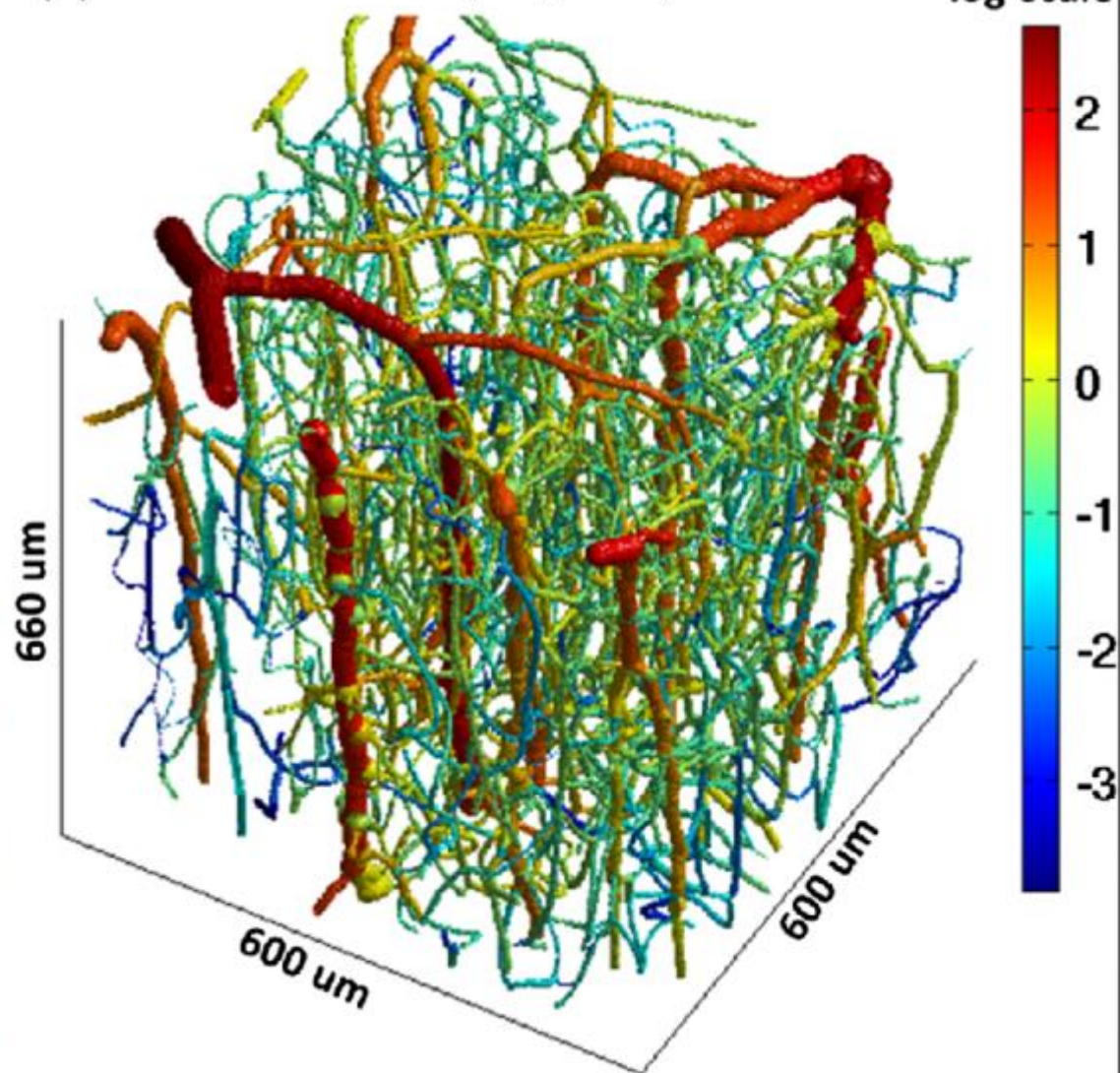
(a) TPLSM angiogram



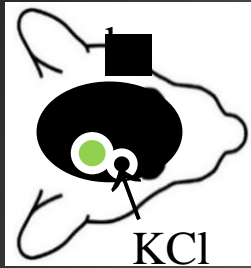
(b) DOCT velocity



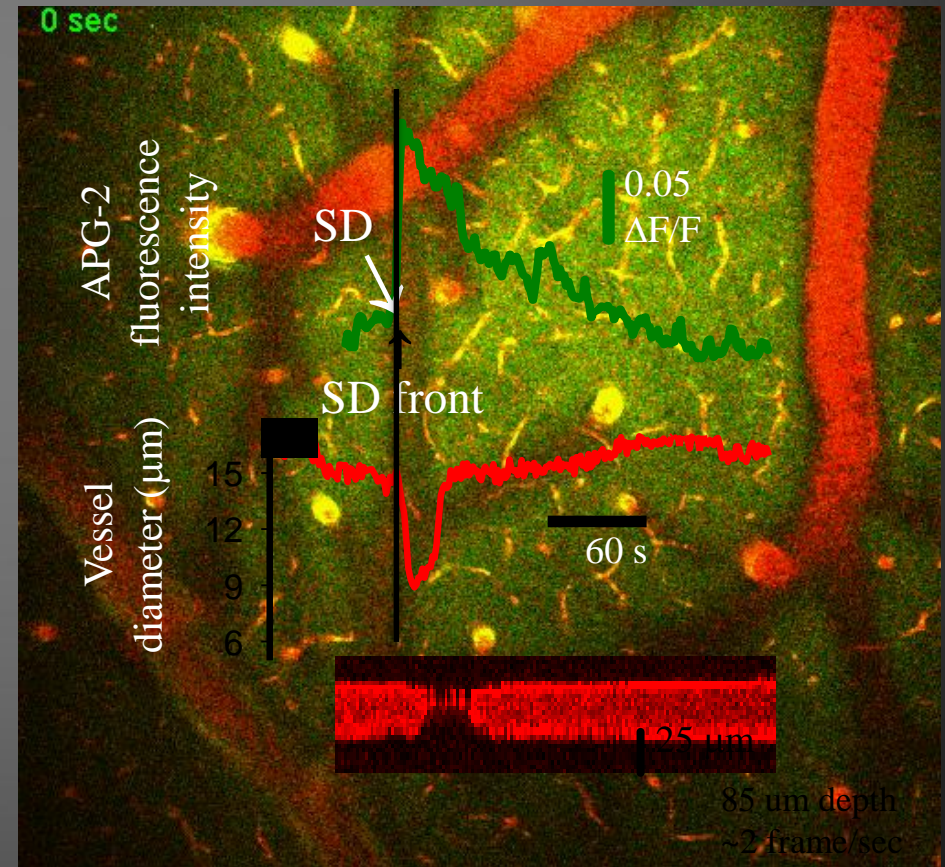
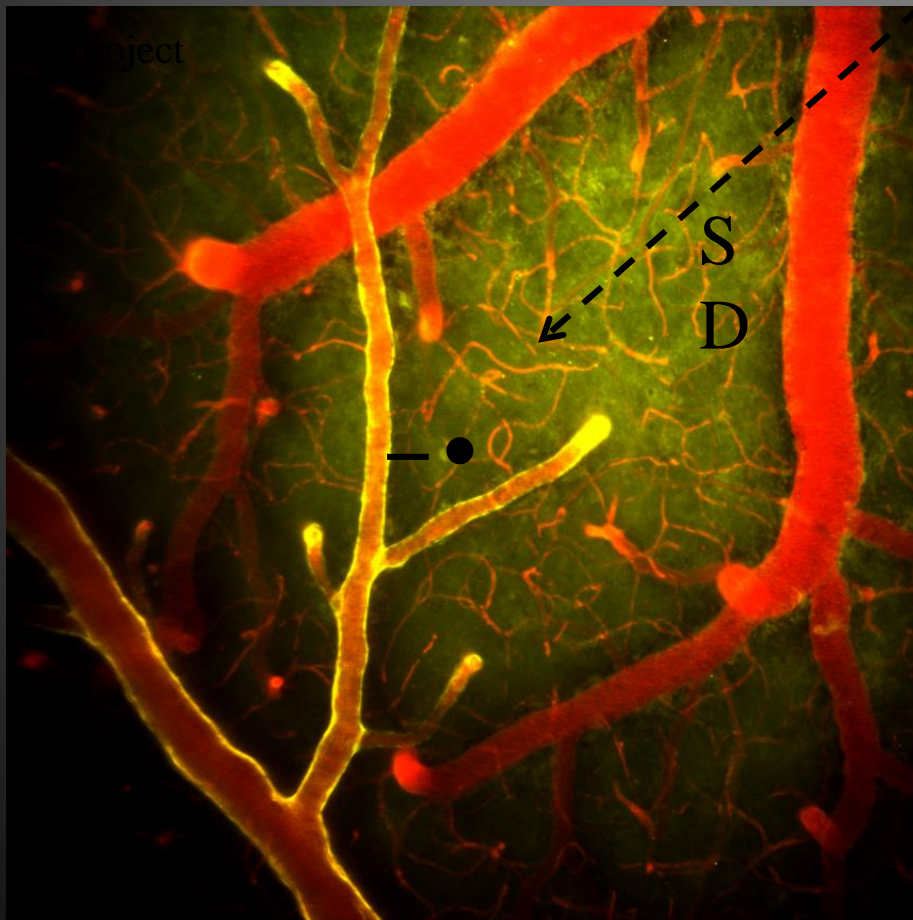
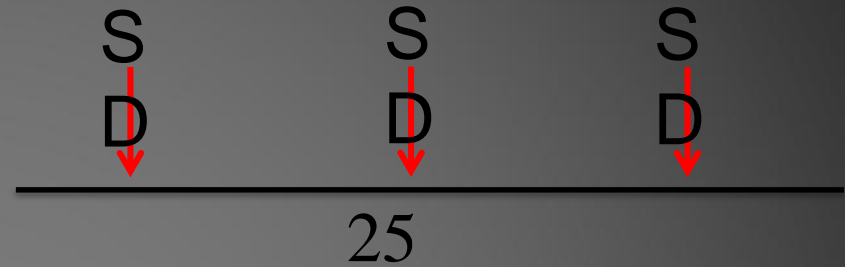
(c) Flow (nL/min)



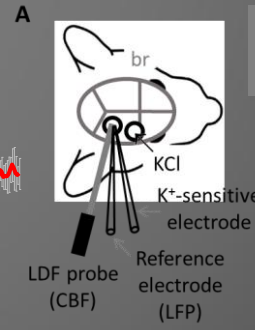
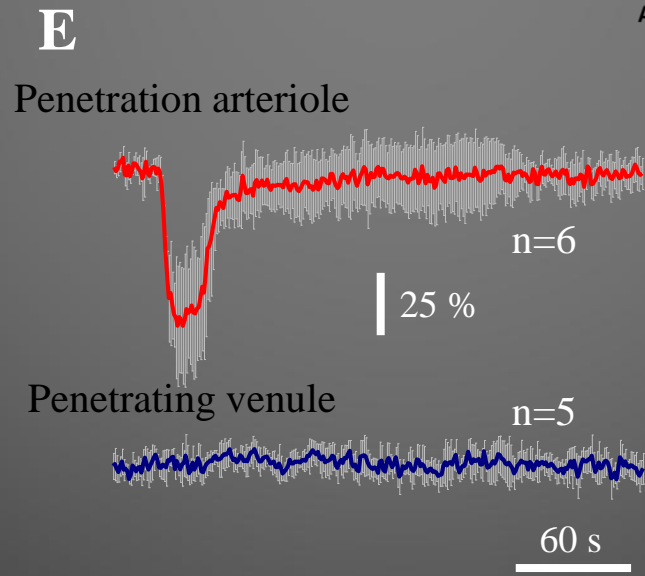
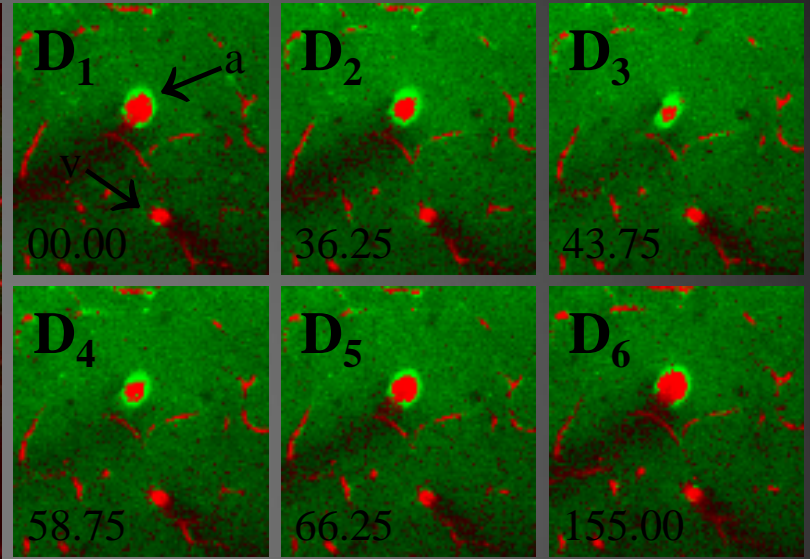
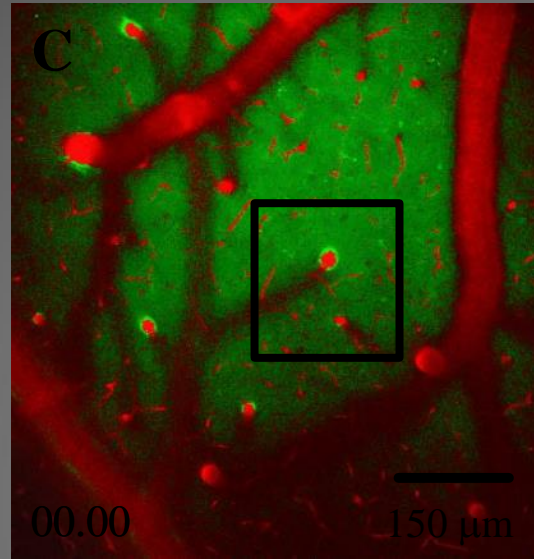
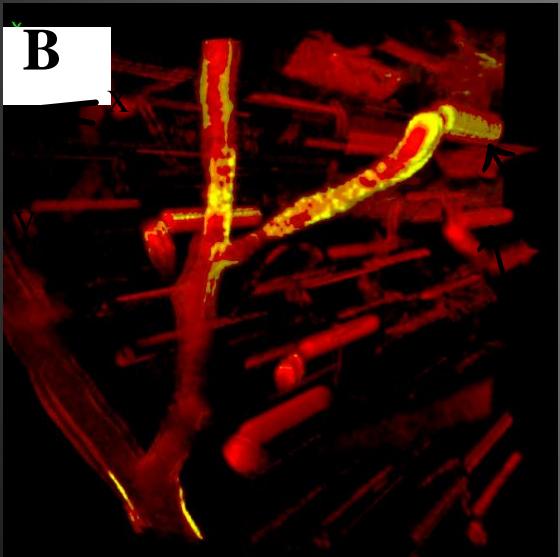
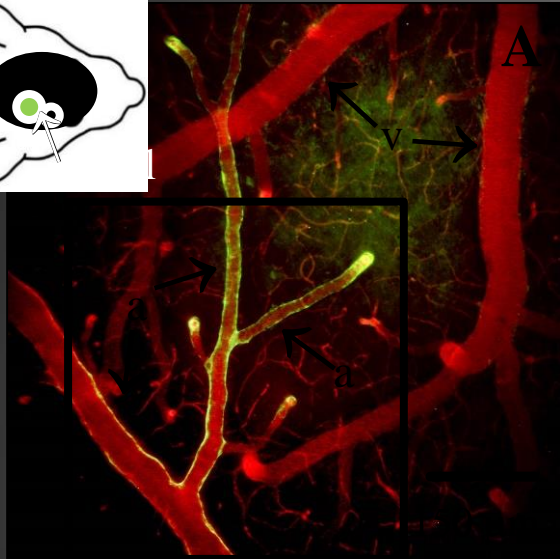
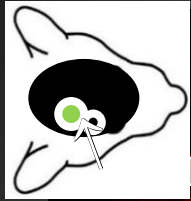
The potassium wave of SD causes vasoconstriction



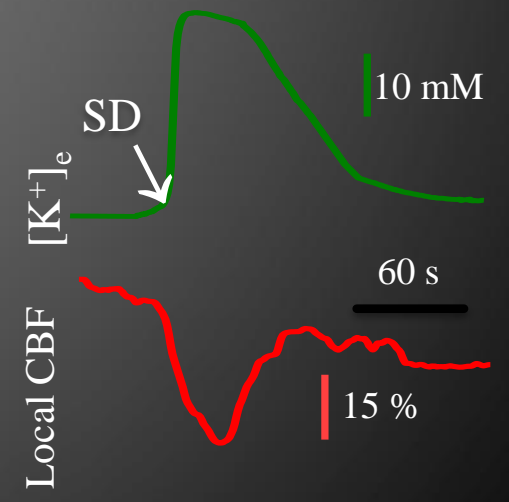
- C57BL/6 mice, n=6
- Avertin (4 mg/kg) anesthesia
- Green: Assante Potassium Green-2 (75 μ M)
- Red: Rhodamine dextrane (5 mg)



Potassium wave of SD causes arteriole constriction

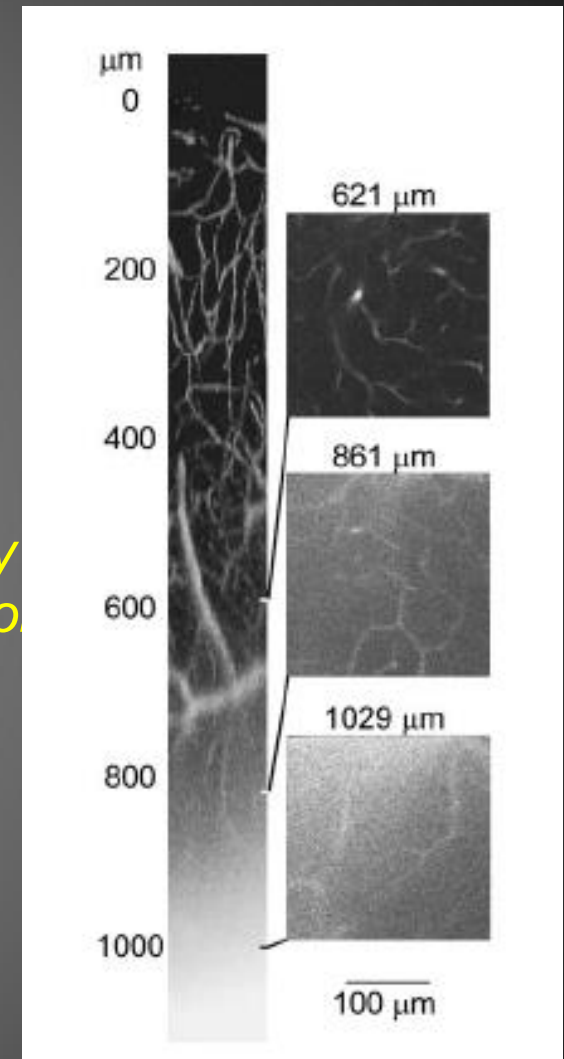


Electrophysiology



Limitations of multiphoton imaging

1. Two photon imaging has depth limit
out of focus light (background) > 1000 mm
Theer, Hasan, Denk. Opt Lett. 2003
2. *Scanner frame rate is relatively slow compare to open field imaging*
3. *light with wavelength over 1400 nm may be significantly absorbed by the water in living tissue – limits multiphoto excitation*
4. *IR lasers are expensive*

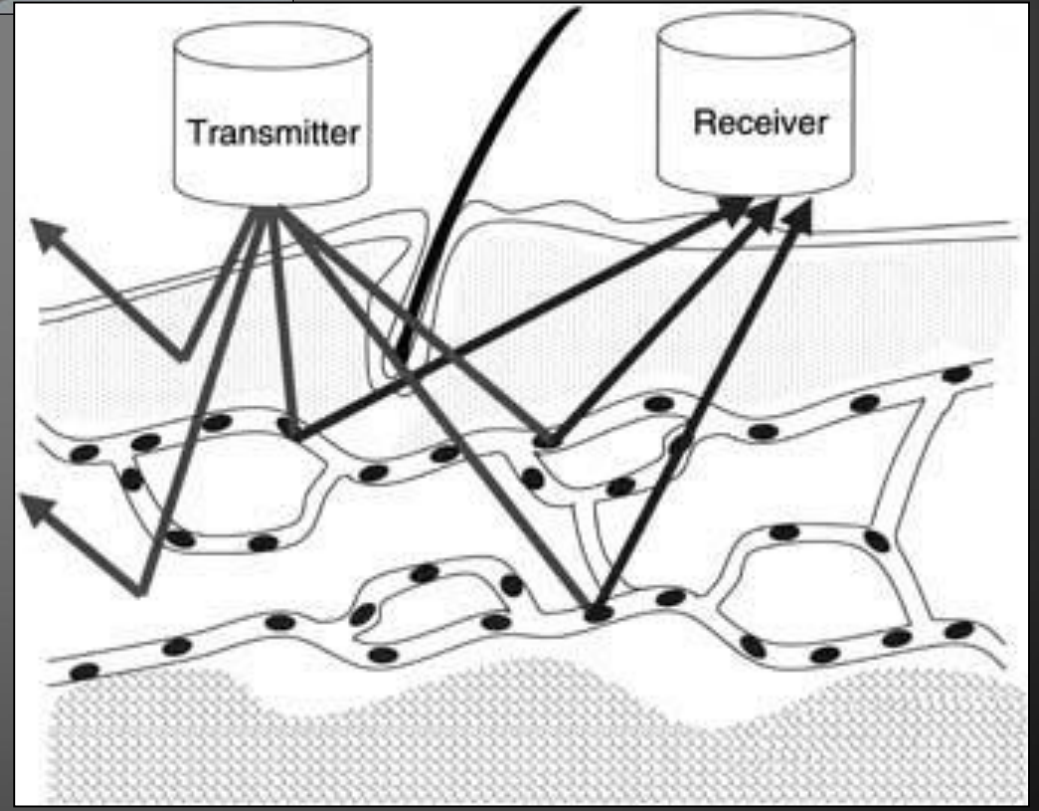
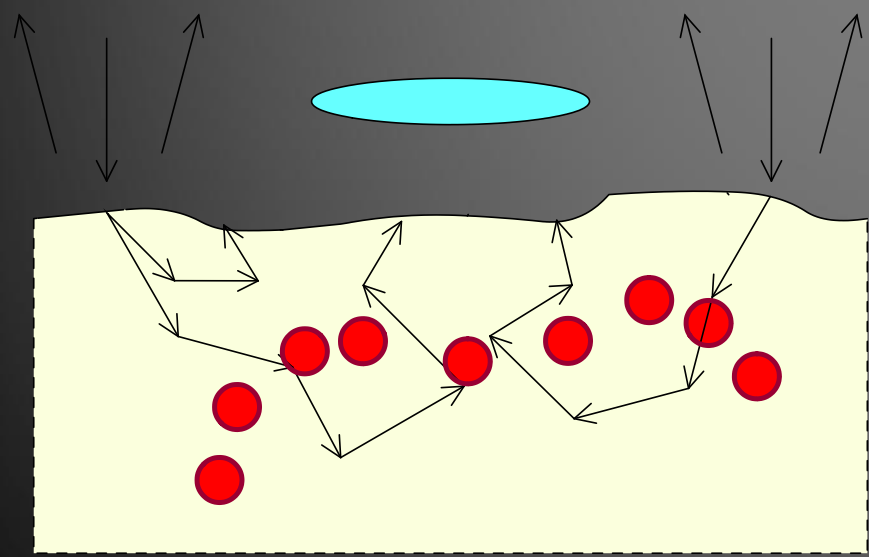
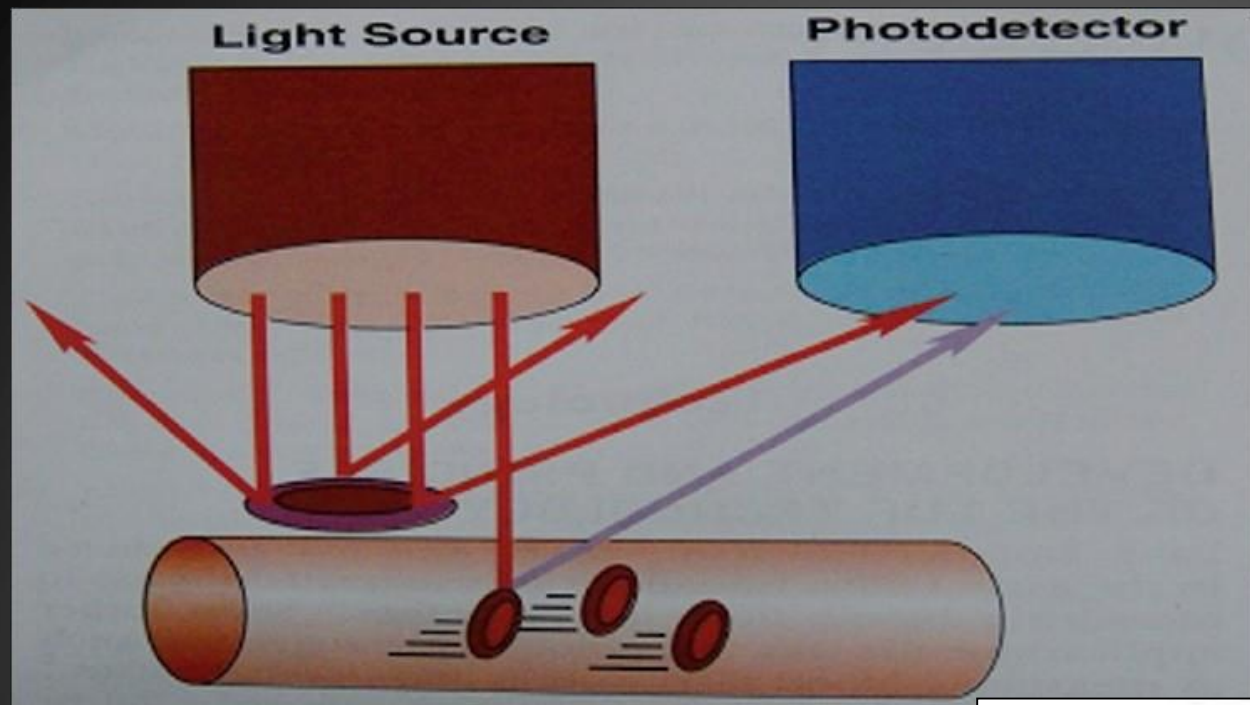


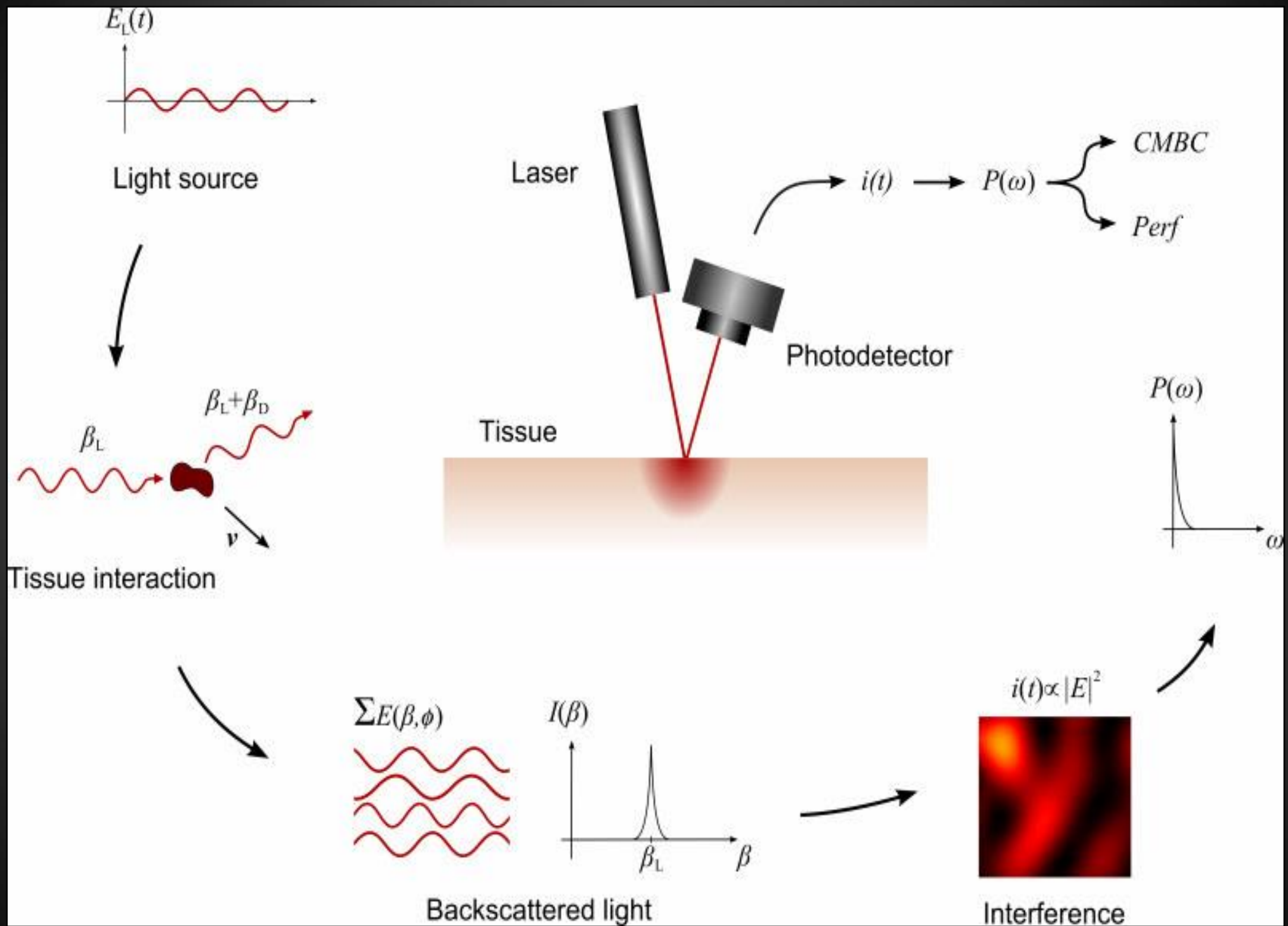
Methods before the Laser Doppler

- Intravital microscopy, pletismography
- INDIFFERENT GAS METHODS
 - HYDROGEN CLEARANCE
- ISOTOPE METHODS
 - AUTORADIOGRAPHIC METHOD
INHALATION OF O¹⁵ or O¹⁵ LABELED CO₂
 - RADIOACTIVE (LATER COLORED) MICROSPHERES
- REGIONAL CEREBRAL BLOOD-FLOW MEASUREMENTS BY XE-133-INHALATION
- LATER TRANSCRANIAL DOPPLER SONOGRAPHY
- PET

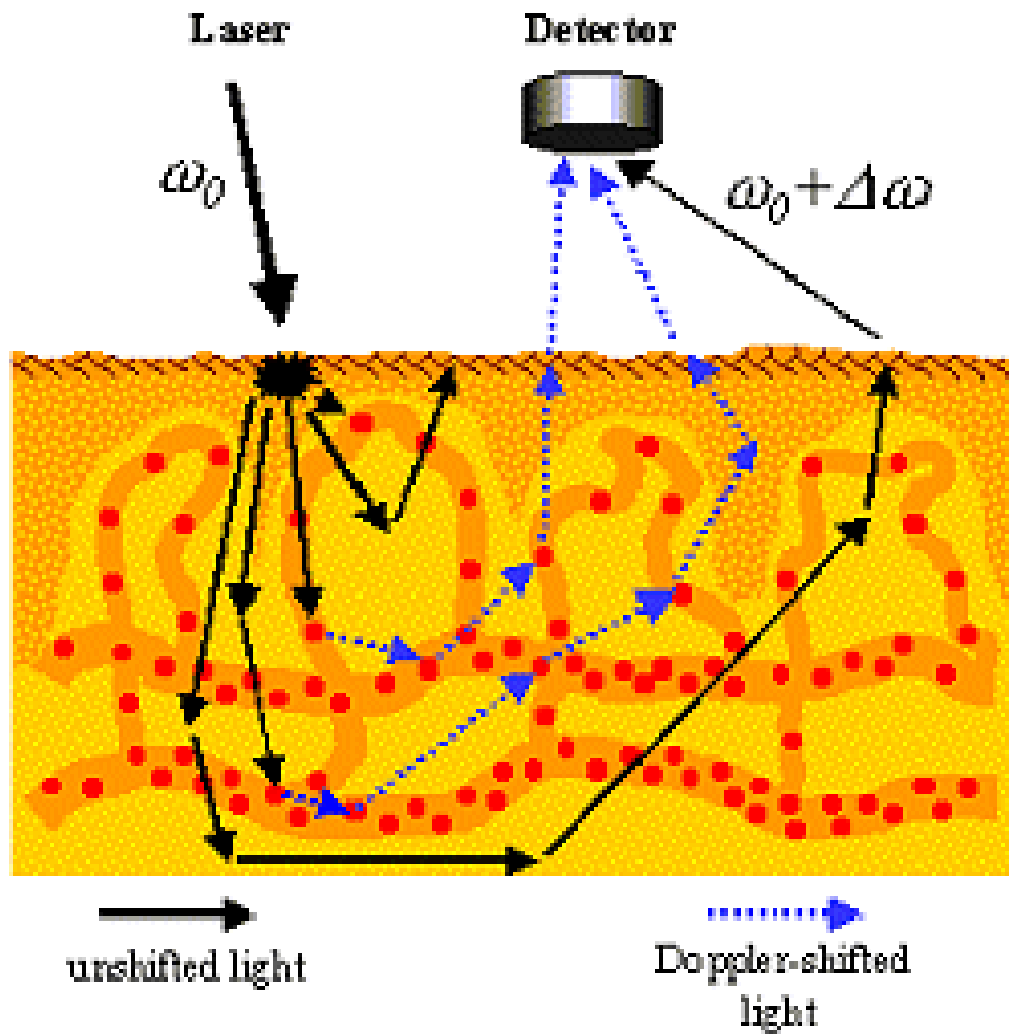
Principles of Laser Doppler Flowmetry

- Laser Doppler flowmetry (LDF)
 - Method to assess the tissue microvascular perfusion
 - A laser beam is directed to an area of tissue.
 - Upon contact with red blood cells in the target tissue, light waves are reflected and scattered
 - Shifts in the frequency of laser light (Doppler shift)
 - Detected and received by a photodetector.

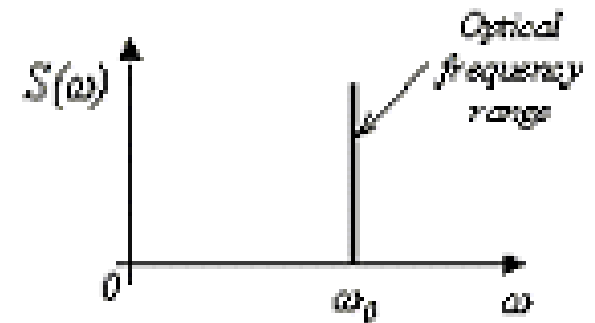




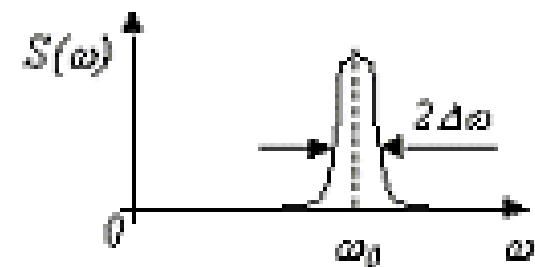
Principle of laser Doppler flowmetry



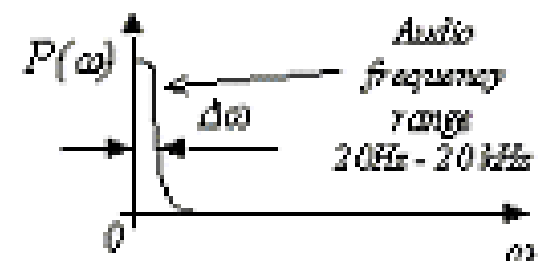
Spectrum of incident light



Spectrum of scattered light



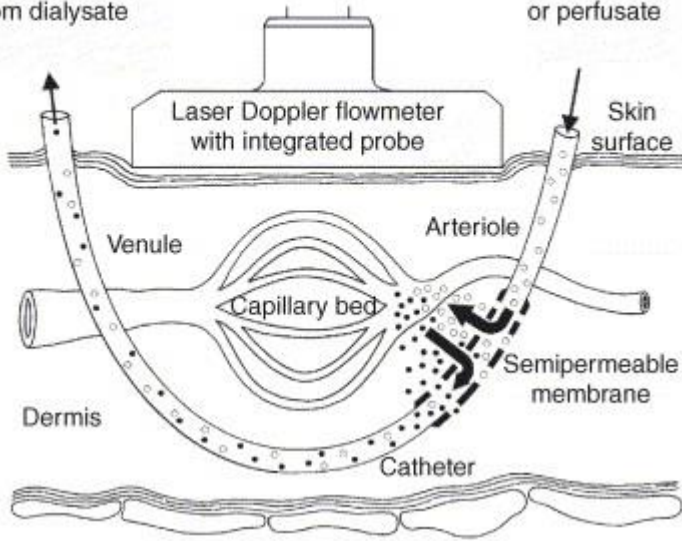
Spectrum of the intensity fluctuations



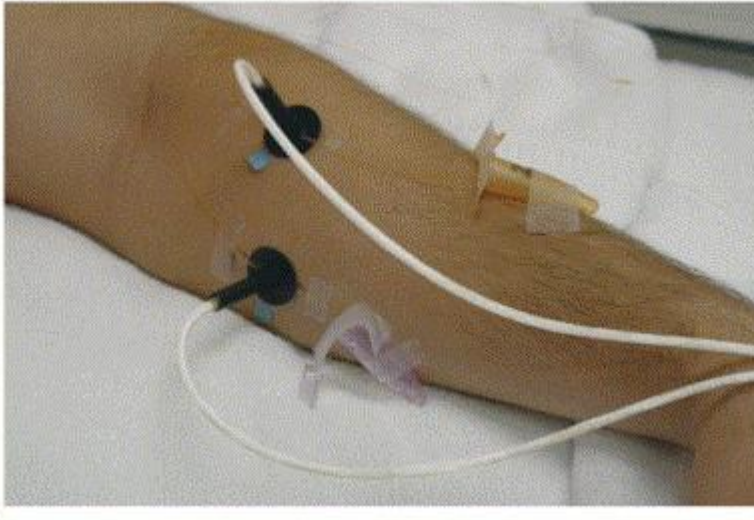
(a)

Recovered samples
from dialysate

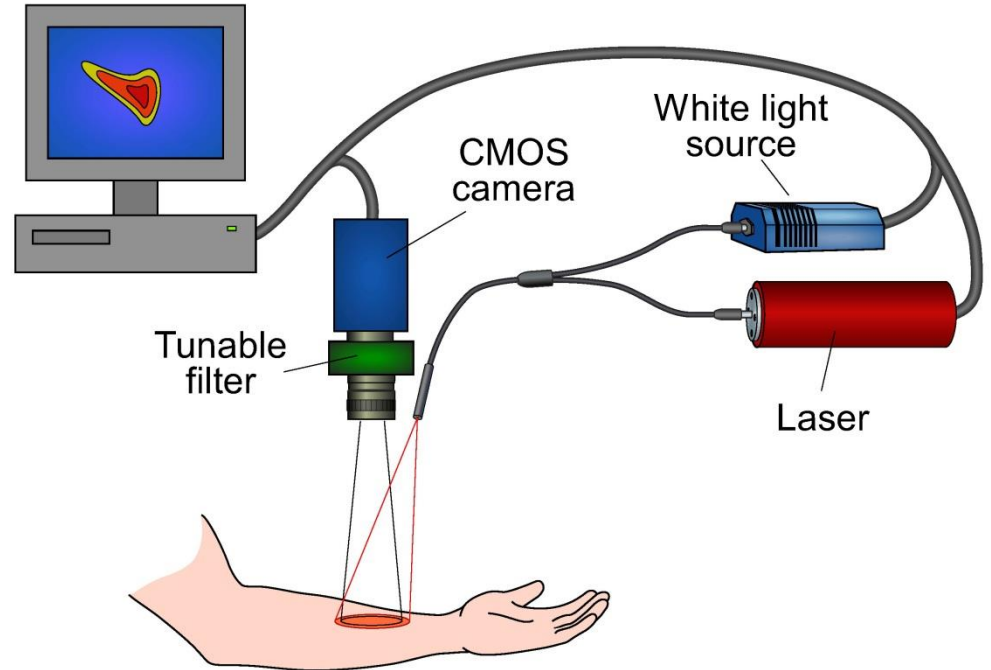
Infused drug
or perfusate



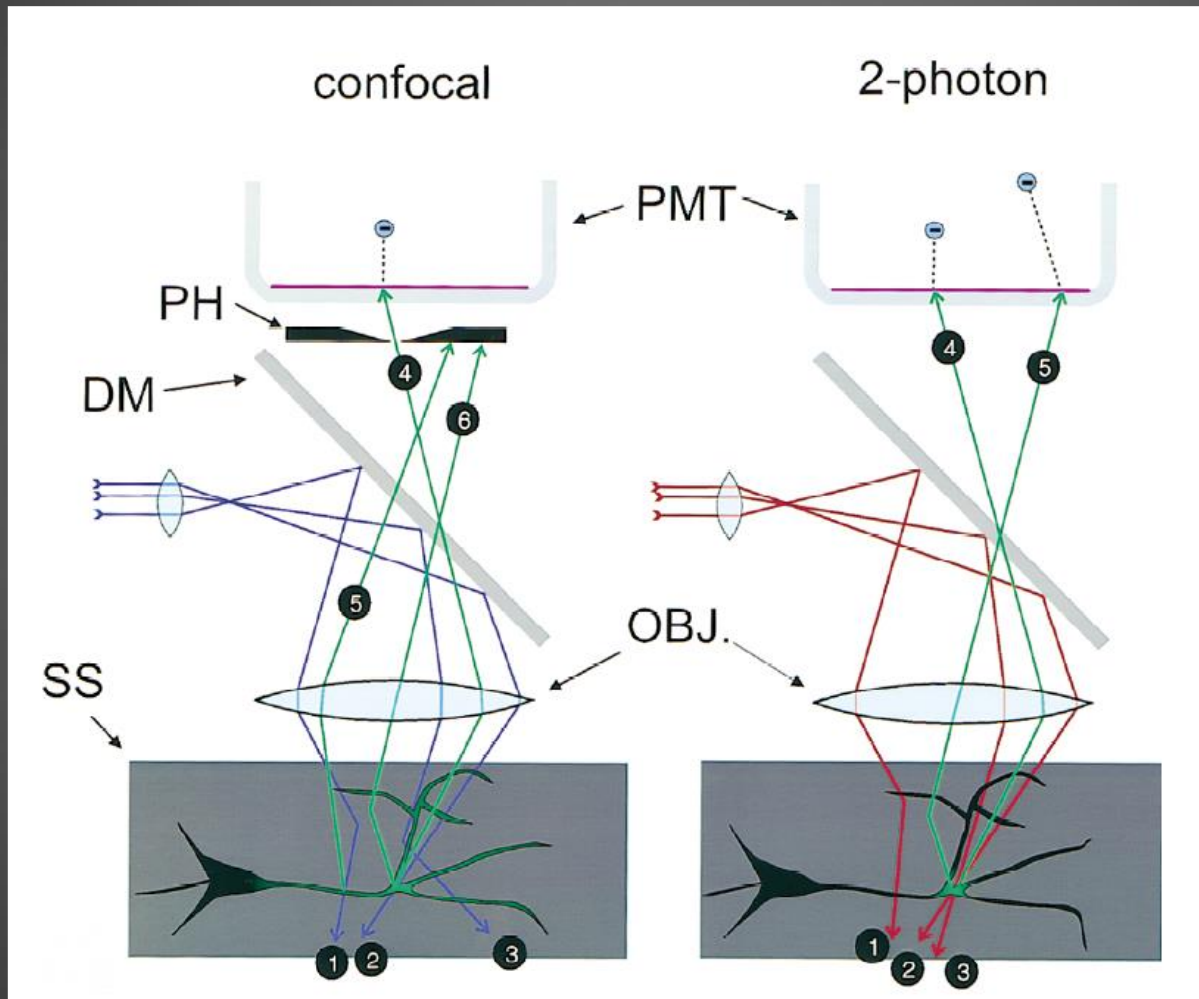
(b)



Computer

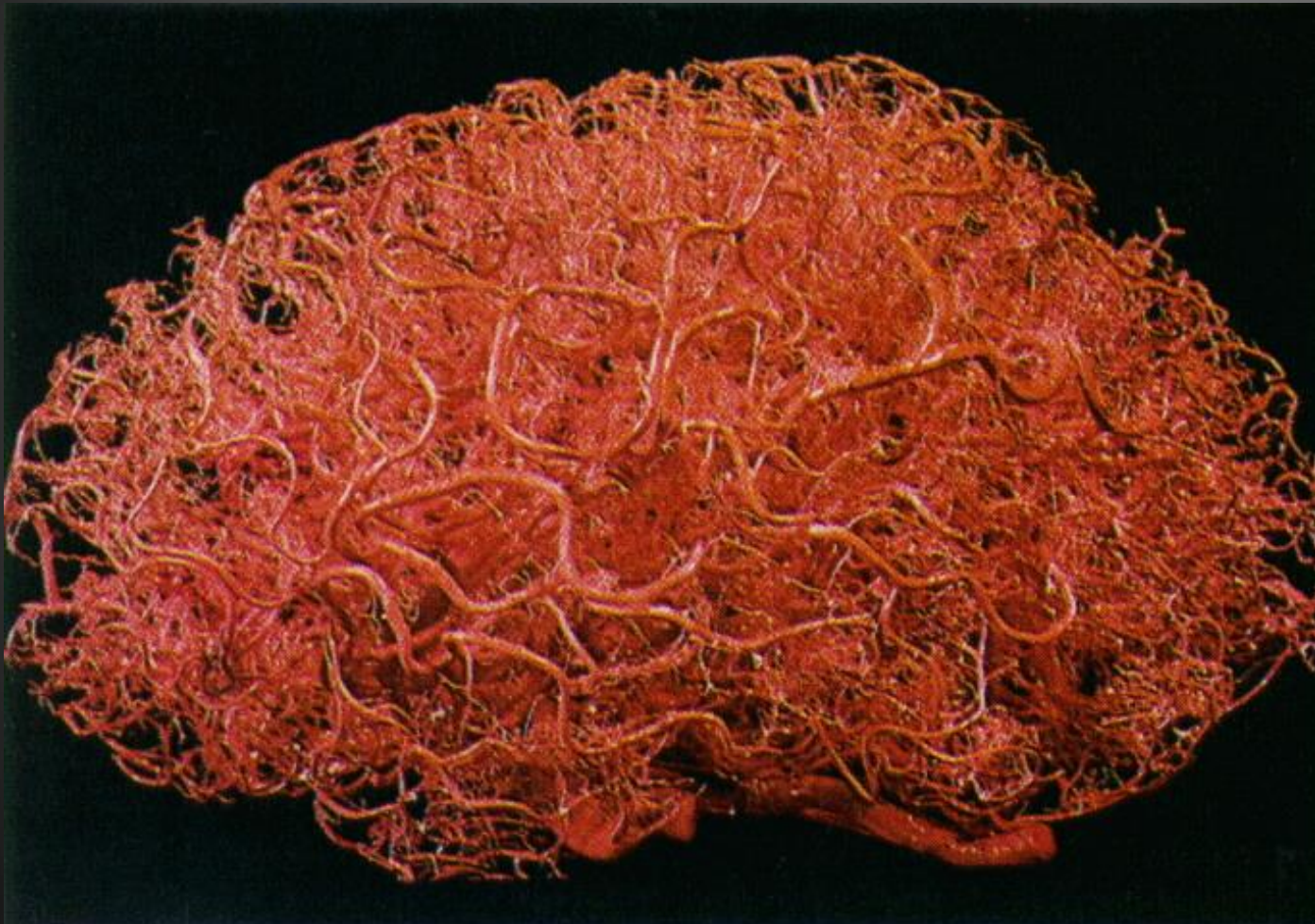


Difference between single photon and two photon imaging



Winfried Denk and Karel Svoboda
Neuron, Vol. 18, 351–357, March, 1997

Capillaries in the brain



Blood vessels are responsible for 25-30% of total brain volume

Capillaries:

- diameter 6-7 μm
- at a distance of 40 μm
- total length ~ 650 km

Zlokovic and Apuzzo: Neurosurgery, 43: 877-878 1998.

Personal history to laser Doppler

1989-90 Max Plank Institut, Bad Nauheim

Prof. K. Pireau and Prof. K. Pleschka

skin microcirculation- PF 3

1992- Albert Szent-Györgyi Medical Univ

Dept of Physiology and Dept of Neurosurgery

brain, skin, cochlea, nasal mucosa

1994- PF 4000

**1995-97: Wake Forest University, Bowman Gray School of
Medicine,**

brain

Significance of the Rate of Systemic Change in Blood Pressure on the Short-Term Autoregulatory Response in Normotensive and Spontaneously Hypertensive Rats

Pál Barzó, M.D., Ferenc Bari, Ph.D.,
Tamás Dóczi, M.D., Gábor Jancsó, M.D.,
Mihály Bodosi, M.D.

Departments of Neurosurgery (PB, MB) and Physiology (FB, GJ), Albert Szent-Györgyi Medical University, Szeged, Hungary; and Department of Neurosurgery, University Medical School (TD), Pécs, Hungary

Laboratory Investigations

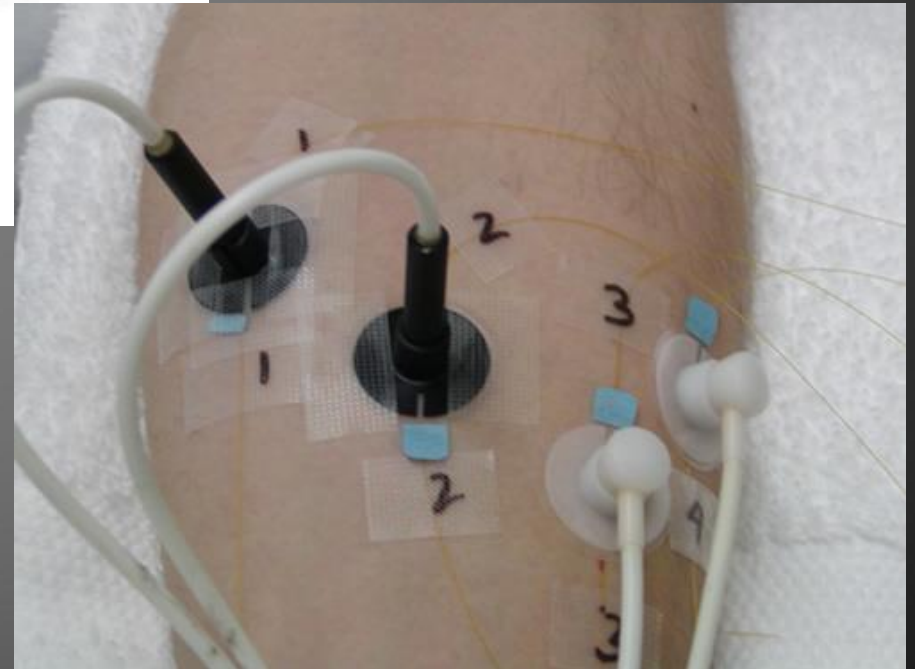
Dexmedetomidine-induced decrease in cerebral blood flow is attenuated by verapamil in rats: a laser Doppler study

Ferenc Bari Ph.D., Gyöngyi Horváth MD,
György Benedek MD, PhD DSc

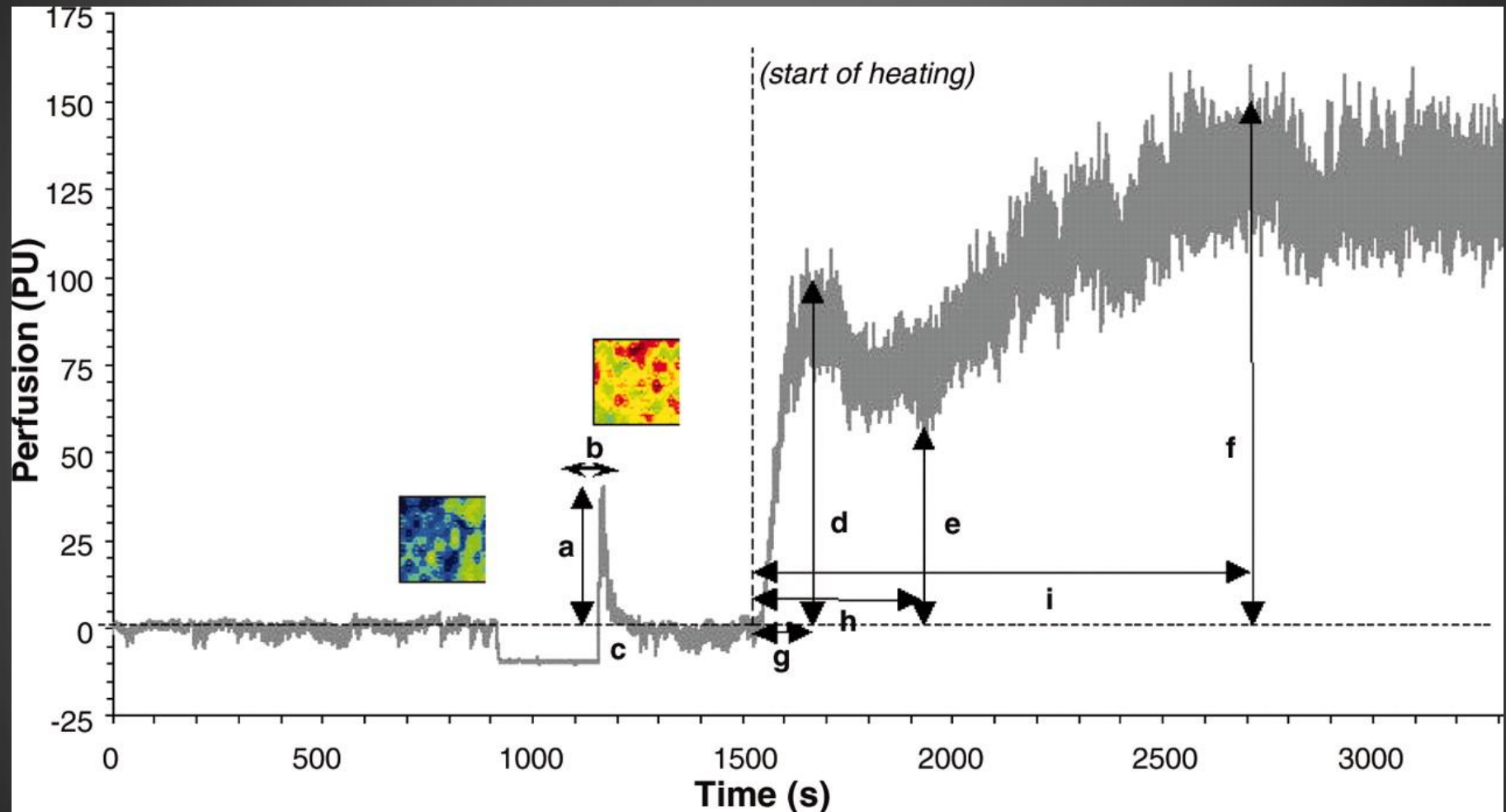
Advantages of LDF technique

- Highly sensitive
- Responsive to local blood perfusion and
- Versatile and easy to use for continuous real-time monitoring.
- Non-invasive
- Does not disturb the normal physiological state of the microcirculation
- The small dimensions of the probes have enabled it to be employed in experimental and clinical environments not readily accessible using other techniques.

LASER DOPPLER FLOWMETRY (LDF)



Representative tracing of control postocclusive hyperemia (PORH) and thermal hyperemia (TH).



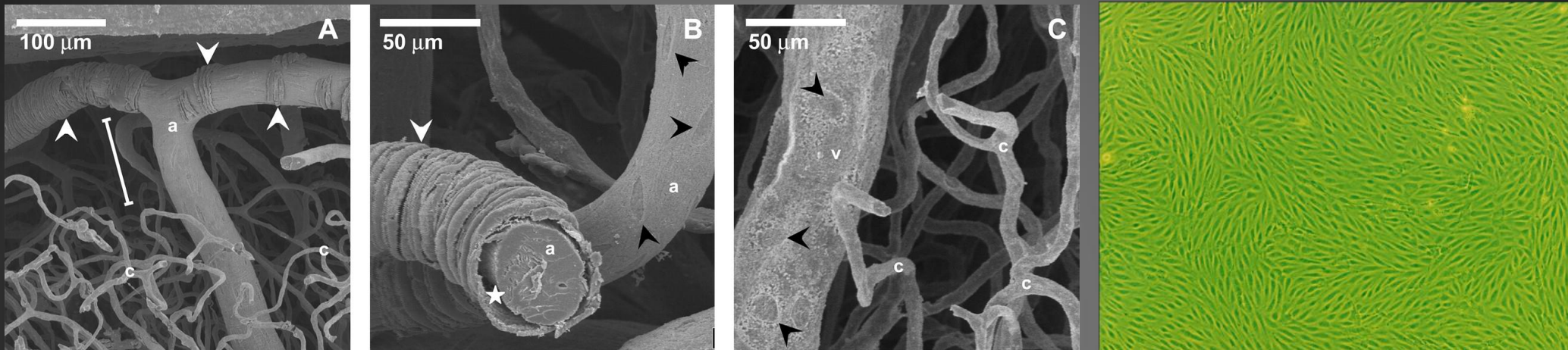
Stewart J et al. Am J Physiol Heart Circ Physiol
2004;287:H2687-H2696

©2004 by American Physiological Society

AMERICAN JOURNAL OF PHYSIOLOGY

Heart and Circulatory Physiology

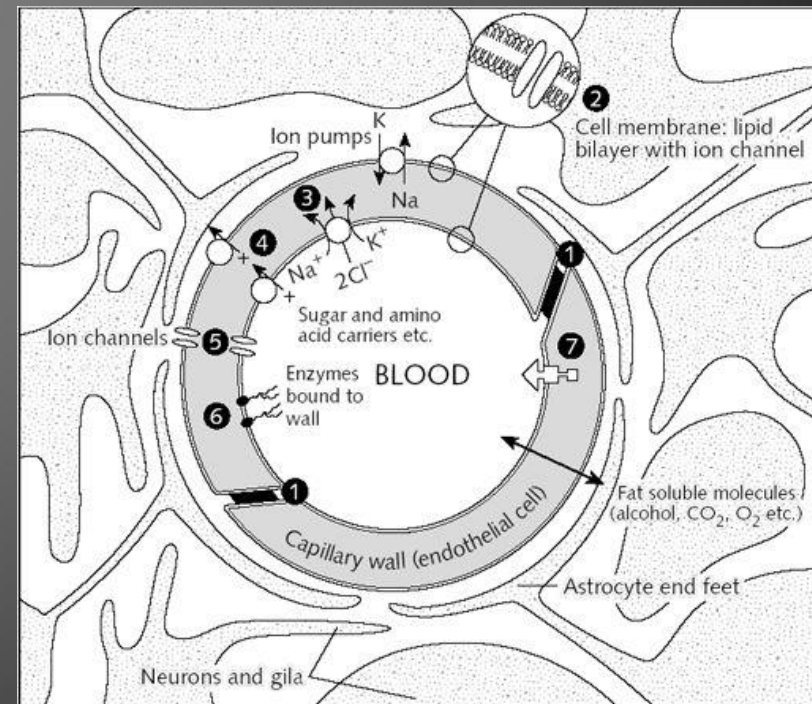
Capillaries in the brain



The endothelium is the thin layer of cells that lines the interior surface of blood vessels. In the brain there are highly differentiated endothelial cells to perform specialized functions;

- Protection (blood-brain barrier)
- Selective permeability
- Regulation of transport

Total cross sectional area $\sim 12 \text{ m}^2$



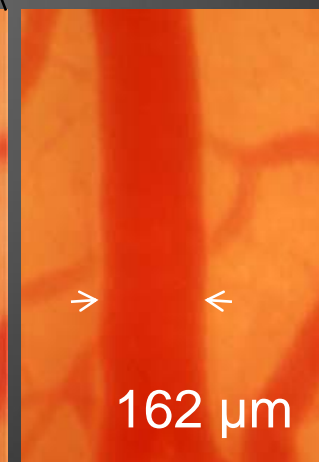
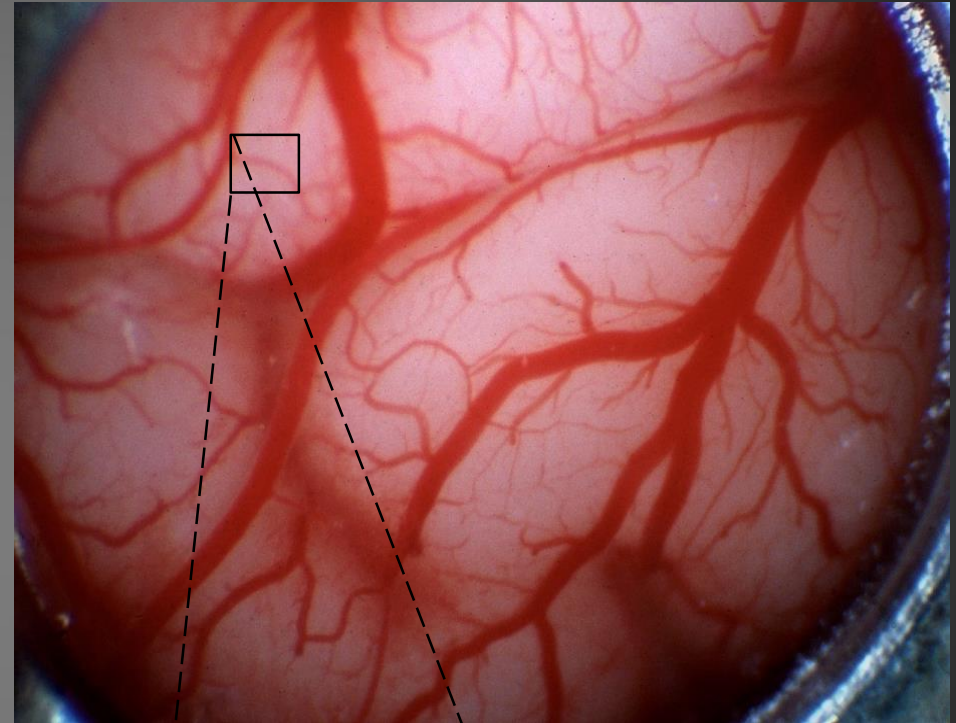
Closed cranial window- intravital microscopy direct observation of cortical vessels

Advantages:

- Physiological environment
- Many kind of vessel can be studied

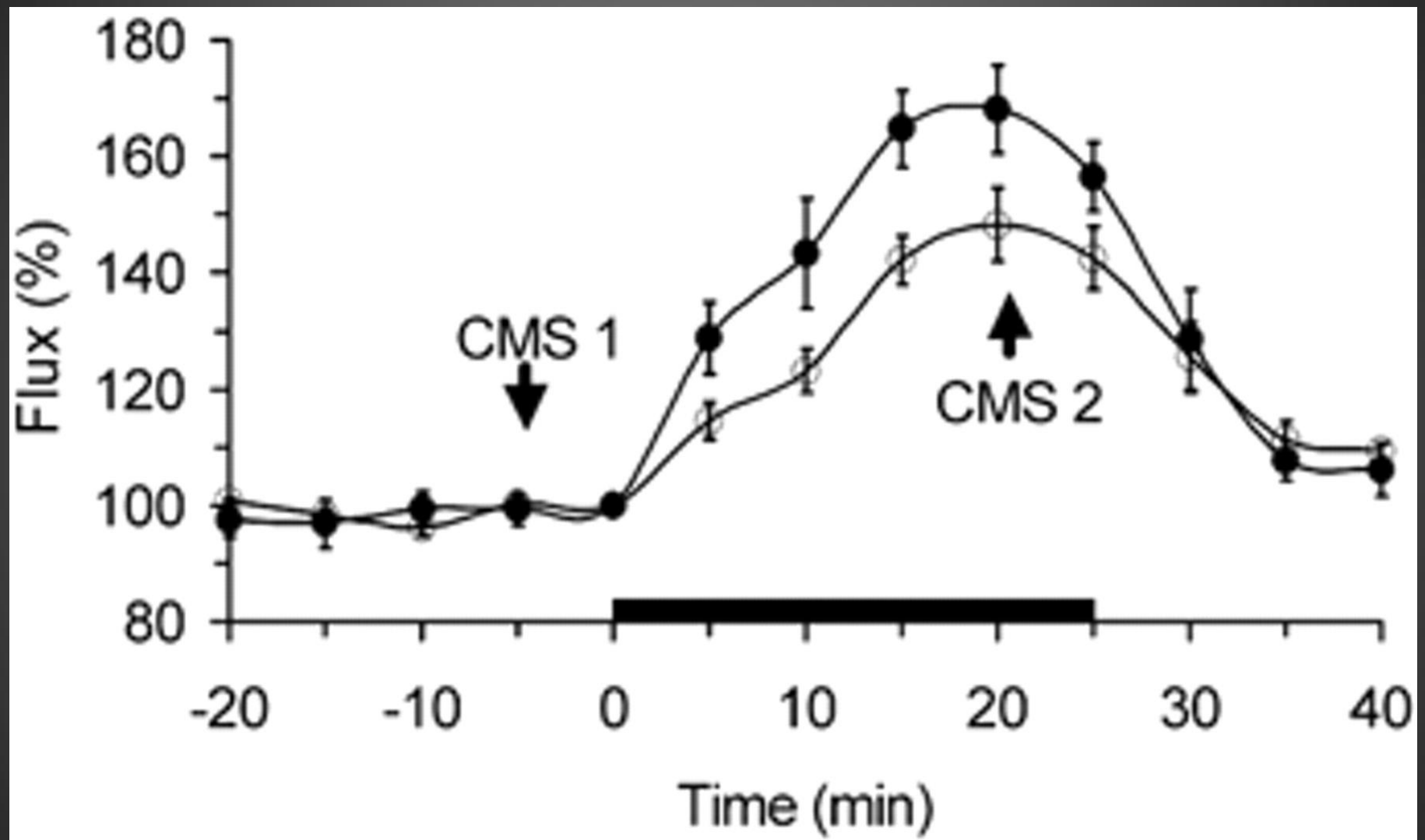
Disadvantages:

- Parenchymal circulation cannot be studied
- Limited dynamical follow-up



before and after NMDA (10^{-4} M)

Time course of ICBF changes during maternal hypercapnia (black bar) measured by cortical surface (○, n = 6) and intracortical (●, n = 5) laser probes in fetal sheep at 110 dGA. Data are means \pm s.e.m.

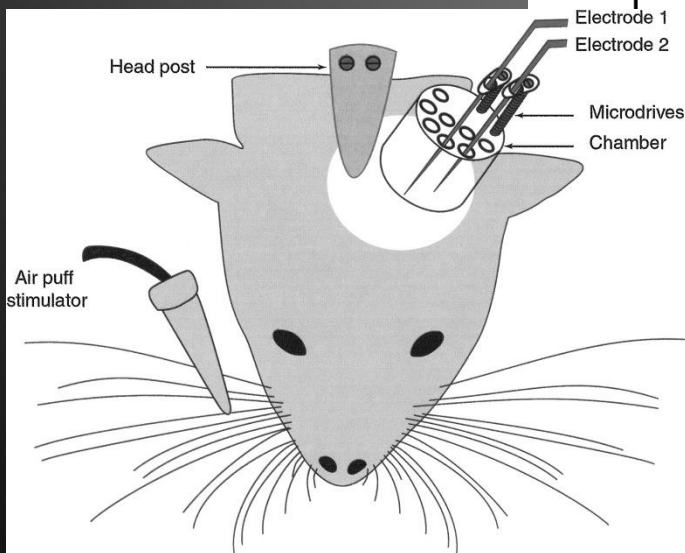
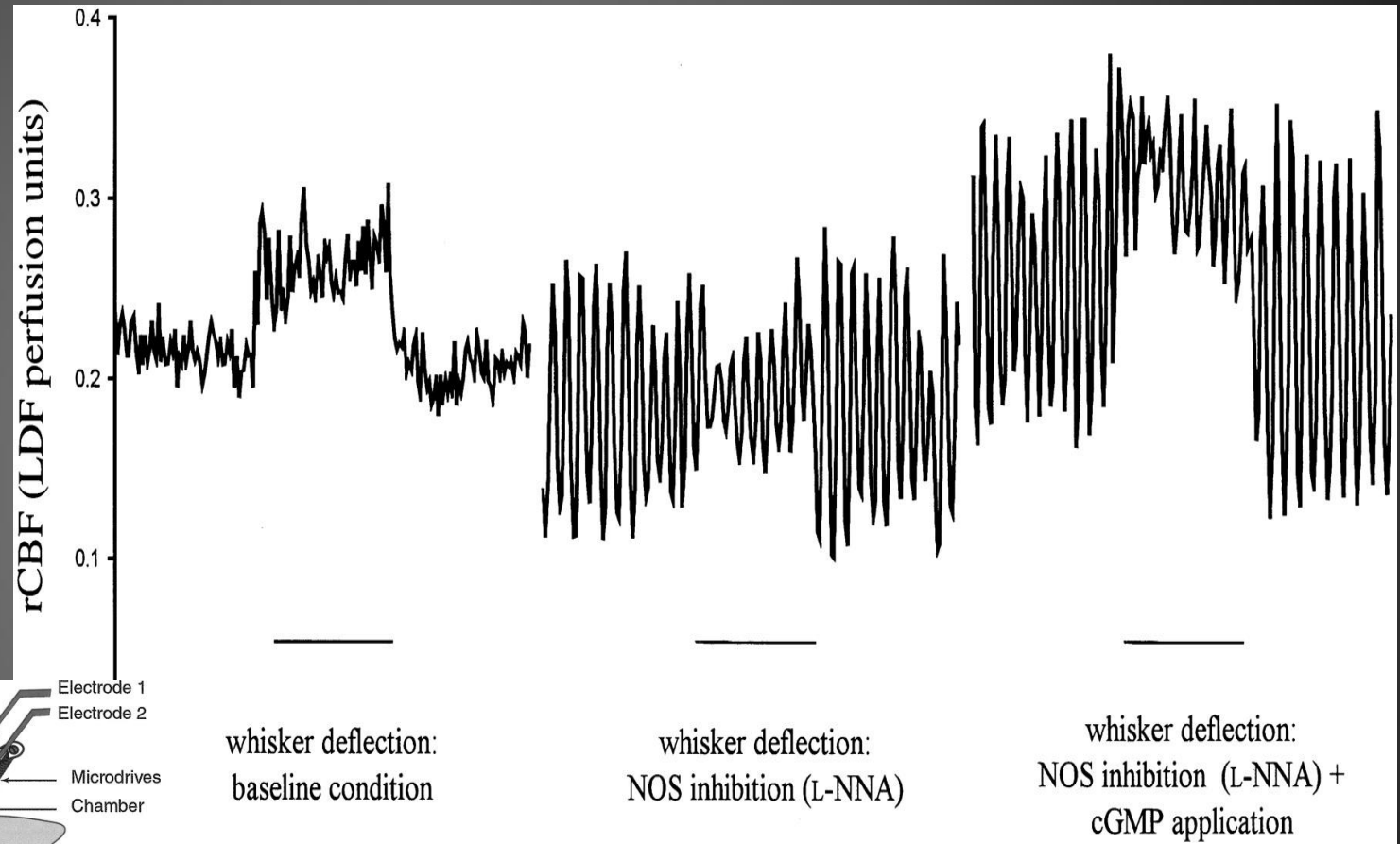


Müller T et al. J Physiol 2002;539:957-967

The Journal of Physiology

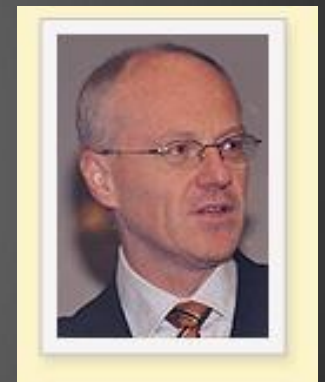
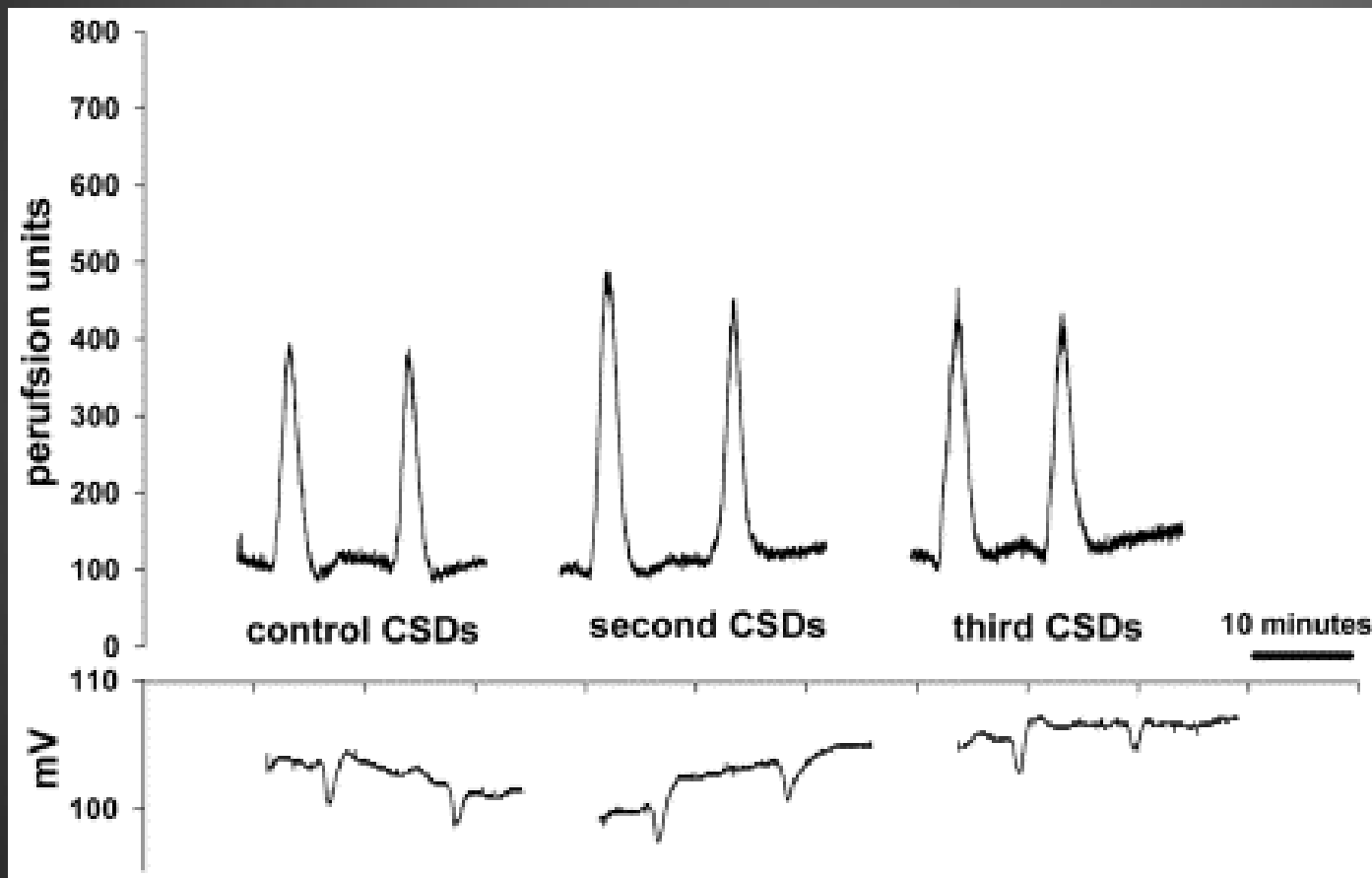
A publication of The Physiological Society

LDF provided a means to follow functional activation and to analyse rhythmic components of microcirculation



Neurovascular coupling-cortical spreading depression

endothelium-derived dilator factors are unlikely to mediate CSD-induced hyperemia in the brain

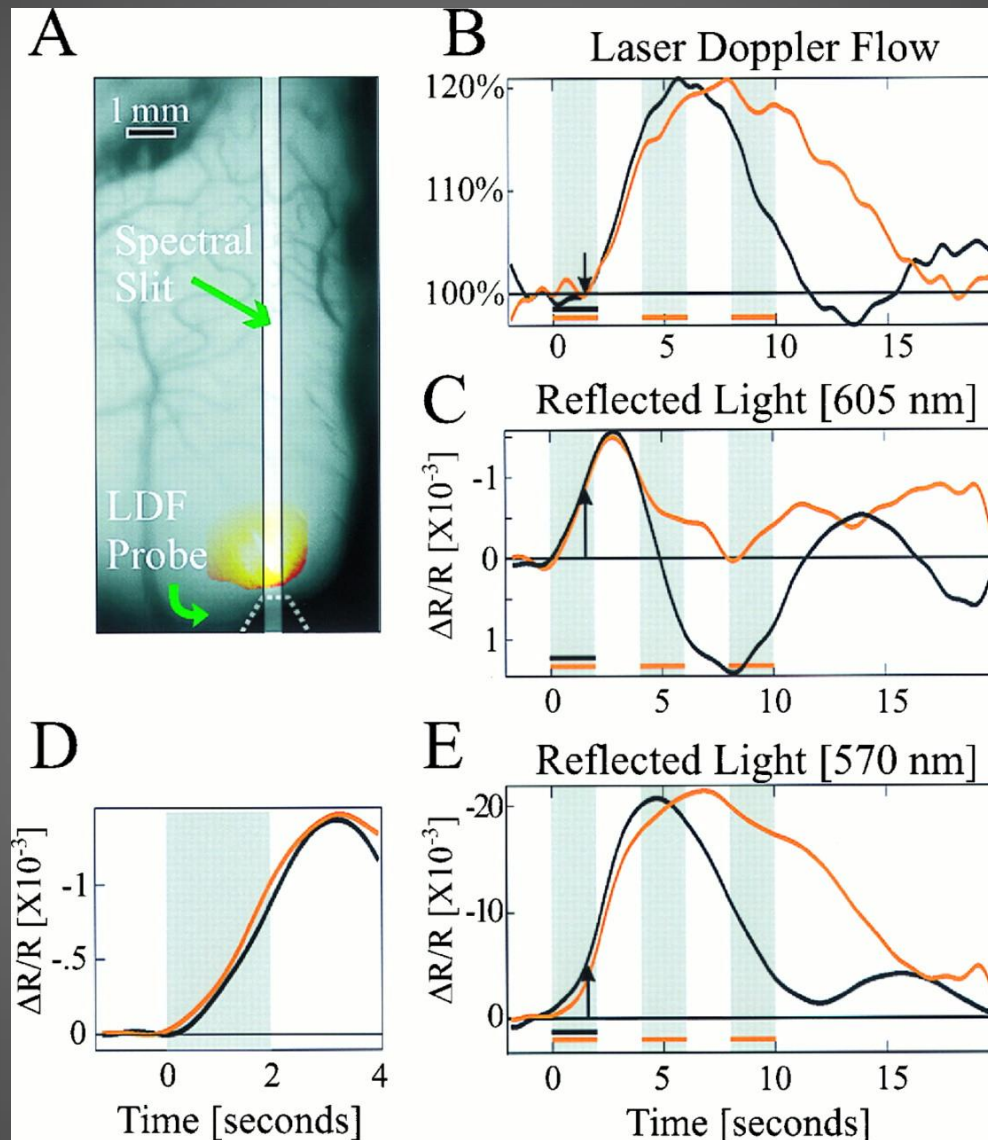


Prof. Peter Goadsby-
Pioneer in headache &
Cerebral microcirculation

Original recordings of cerebral blood flow (CBF) responses (upper wave) and DC deflections (bottom wave) during the three series of CSD. Ten mg/kg of -NAME was given between the first and second sets of CSDs.

Simultaneous measurement of cortical reflection and CBF. (A) An image of the cortical surface, the location of slit used for imaging spectroscopy, the tip of LDF probe, and the reflection of its beam from the cortex.

Visual stimulation
(2 sec)- black
(3x2 sec)- red

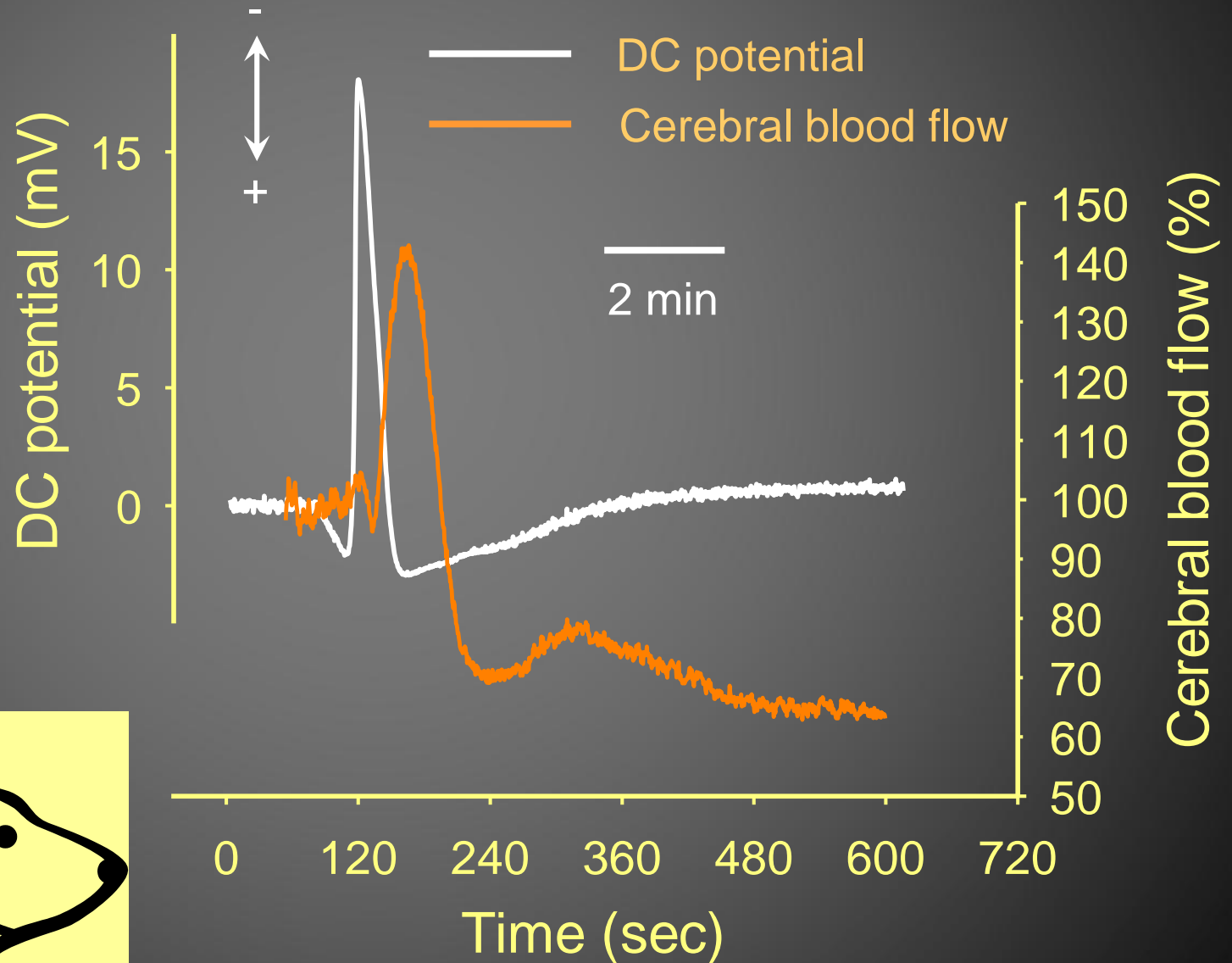
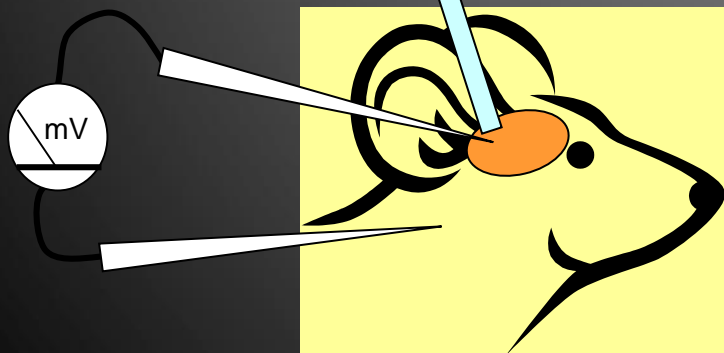


Dov Malonek et al. PNAS 1997;94:14826-14831

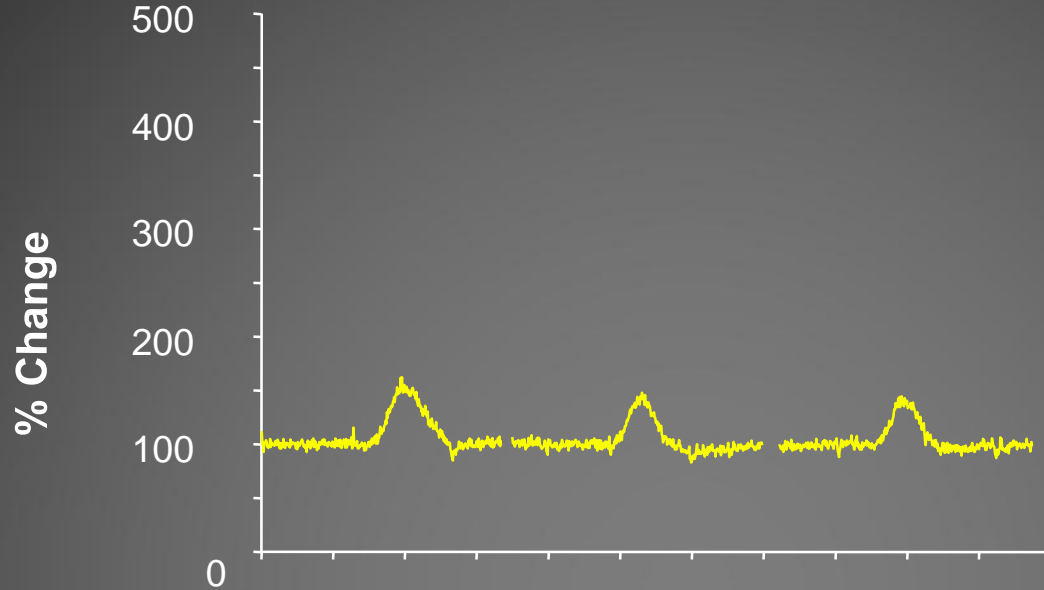
Spreading depolarization



Laser-Doppler
flowmeter

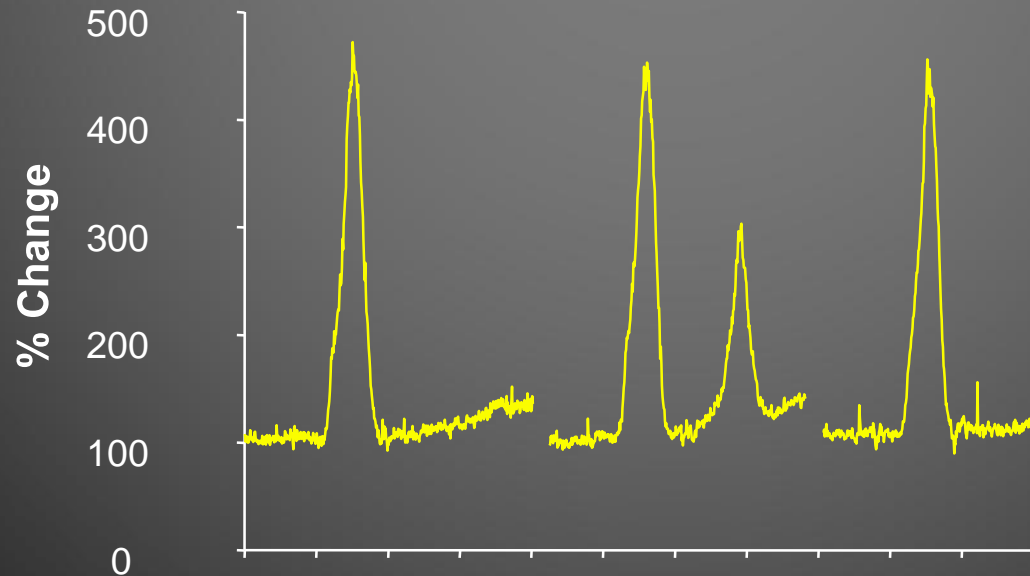


Depressed hyperemic responses



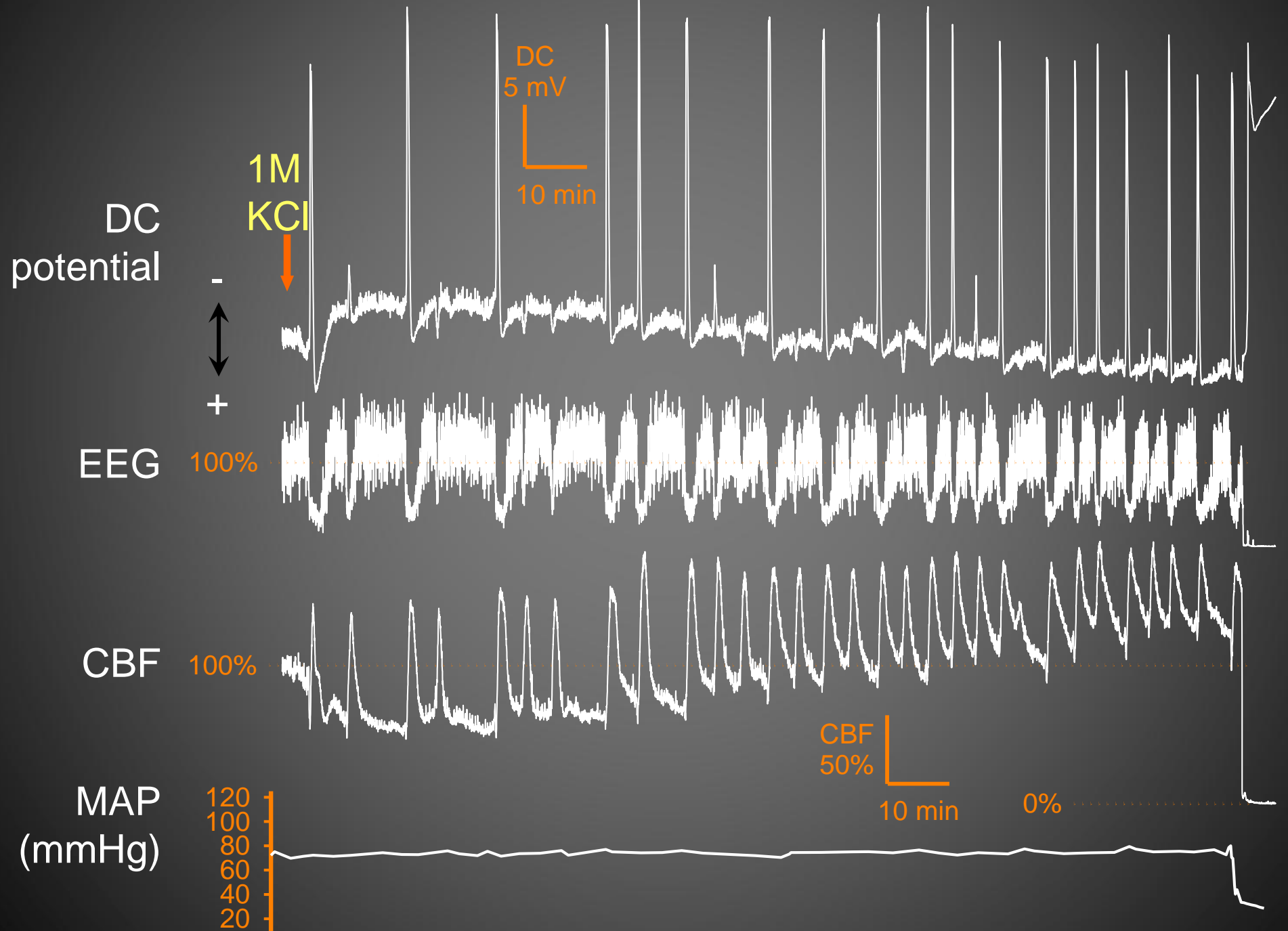
100 mg/kg - 48
hr

Enhanced hyperemic responses

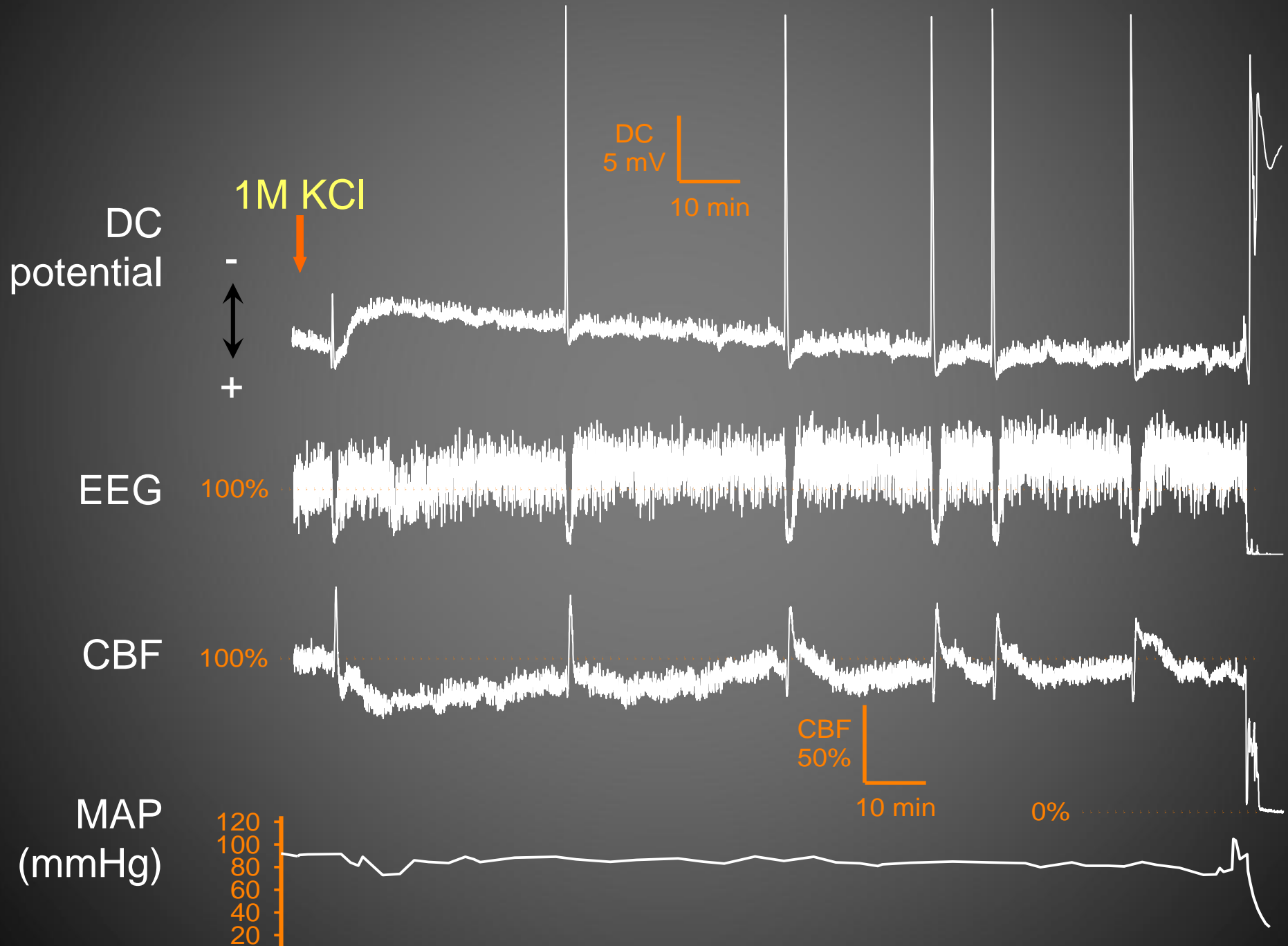


100 mg/kg - 96
hr

Representative experiment: young rat



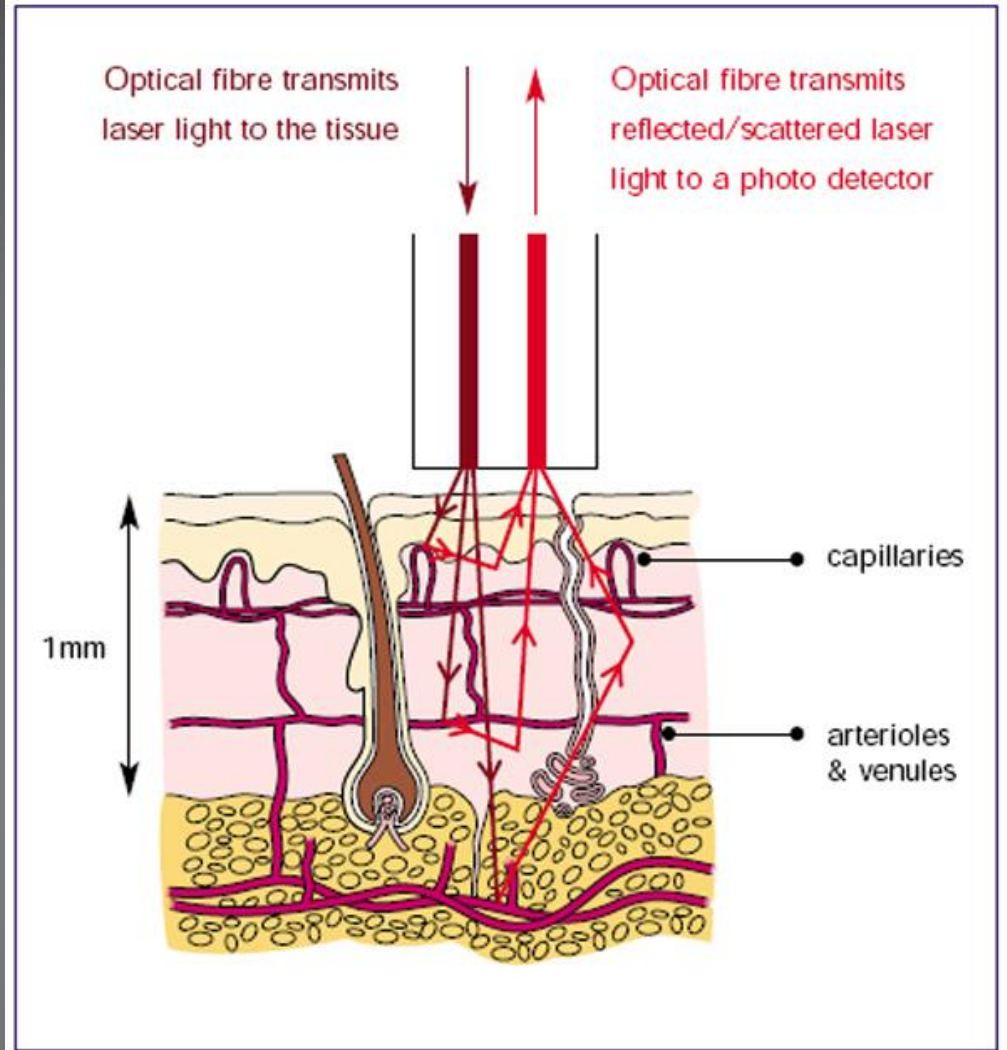
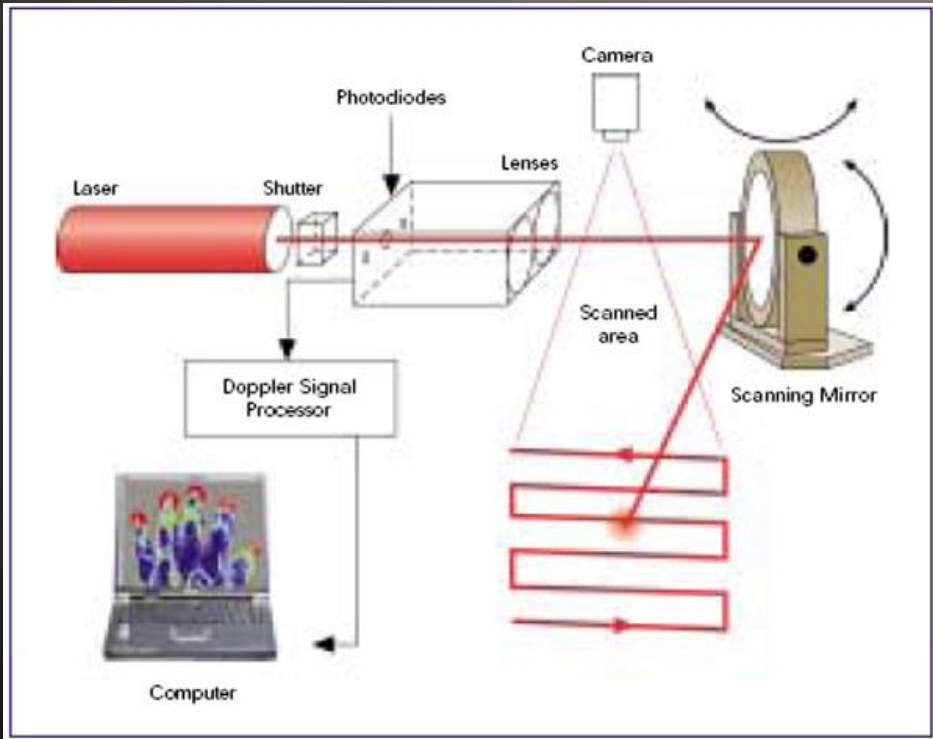
Representative experiment: old rat



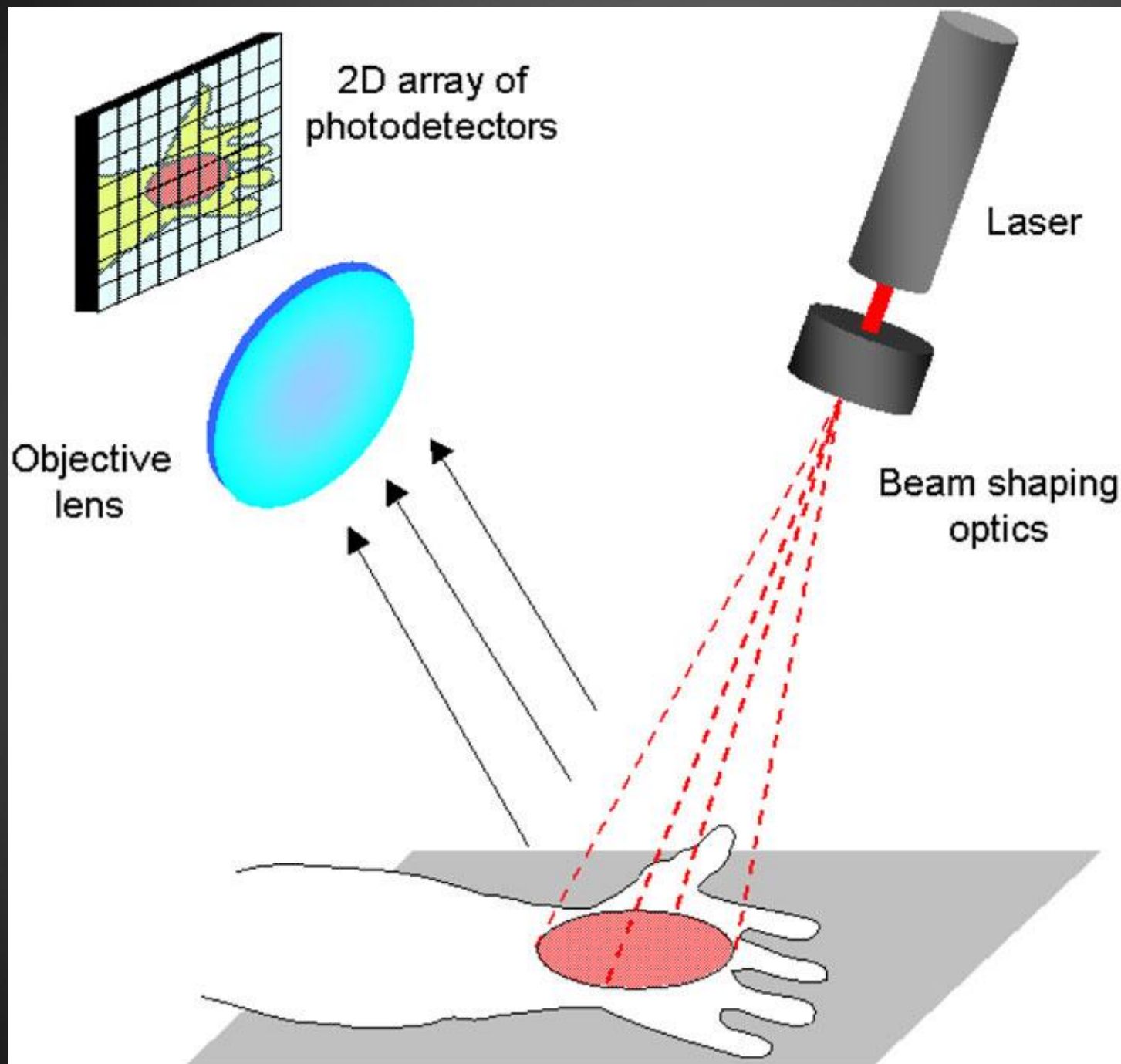
Single point blood flow imaging

Originally single point measurement system, measuring doppler shift from moving RBCs (20Hz – 20KHz)

Scanning System

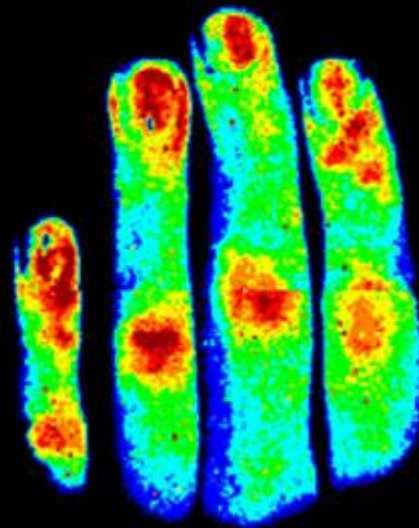


Builds up image point by point, slow

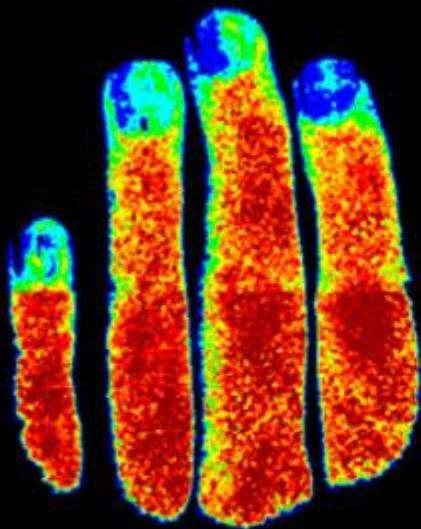




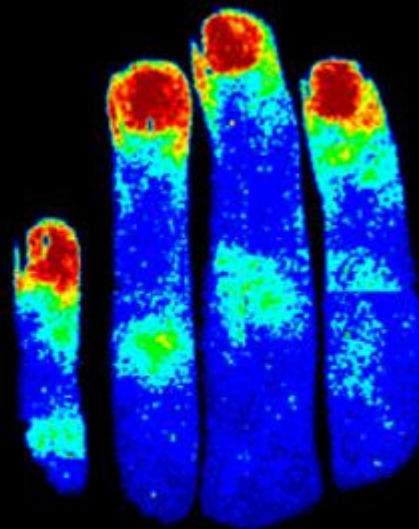
Intensity image



Perfusion map



Concentration map



Speed map

Applications of LDF

1. Post-operative monitoring of free tissue transfer

- Monitoring and quick recognition of disruption of flap perfusion reduces the flap failure.
- (Burn depth assessment)

2. Allergy patch testing, skin diseases research

3. Gastroenterology

- To assess blood flow of the gastric mucosa and disorders or to measure the effect of treatment intervention

4. Cerebral Blood Flow

- To assess of cerebral blood in head injury patients

5. Pharmacology Trials

- To assess the effects of topical or systemic vasoactive drugs on tissue blood flow

6. Tooth Vitality Testing

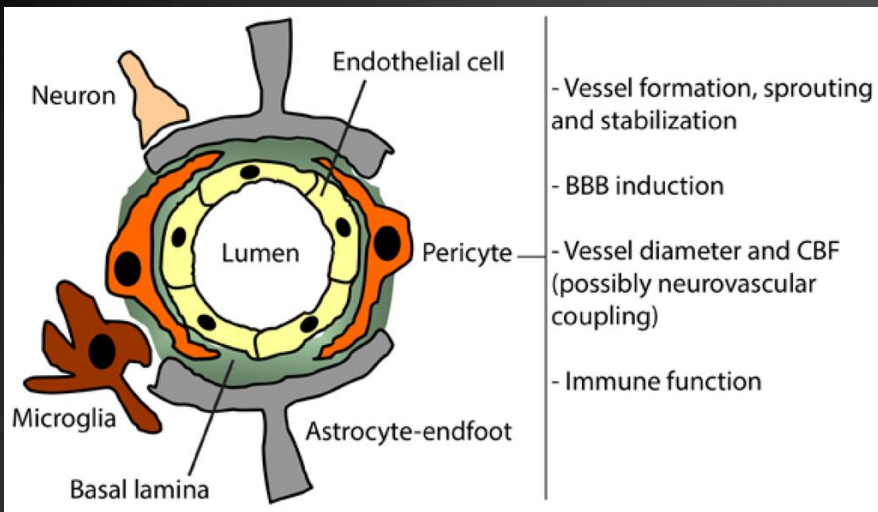
- To assess the blood flow pulsation in the pulp capillaries

7. Laboratory animal studies

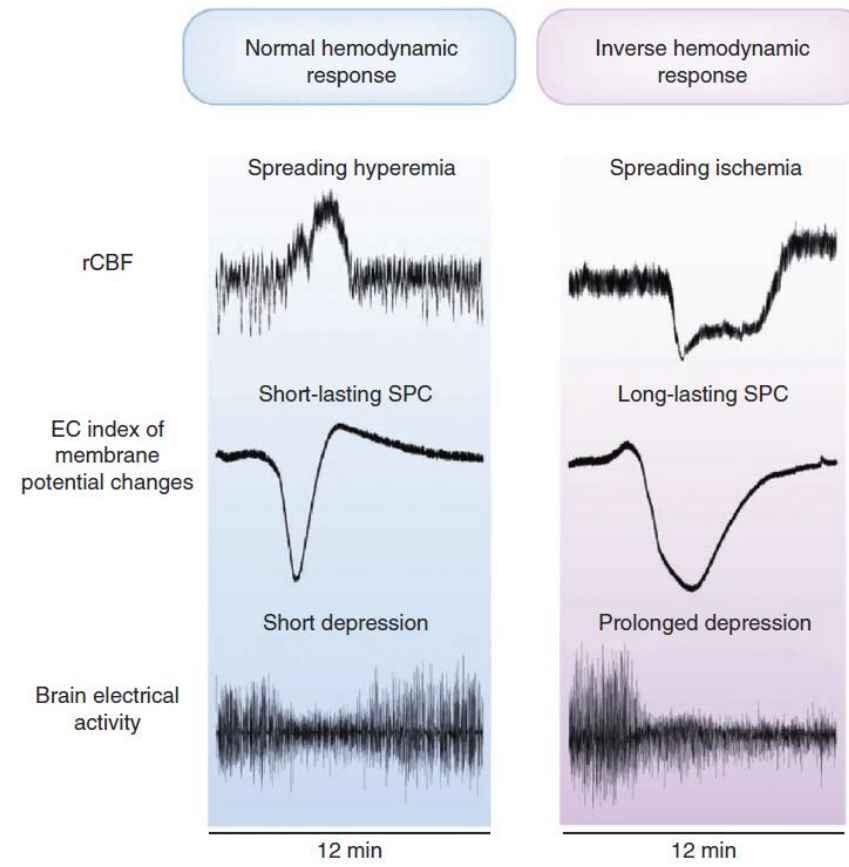
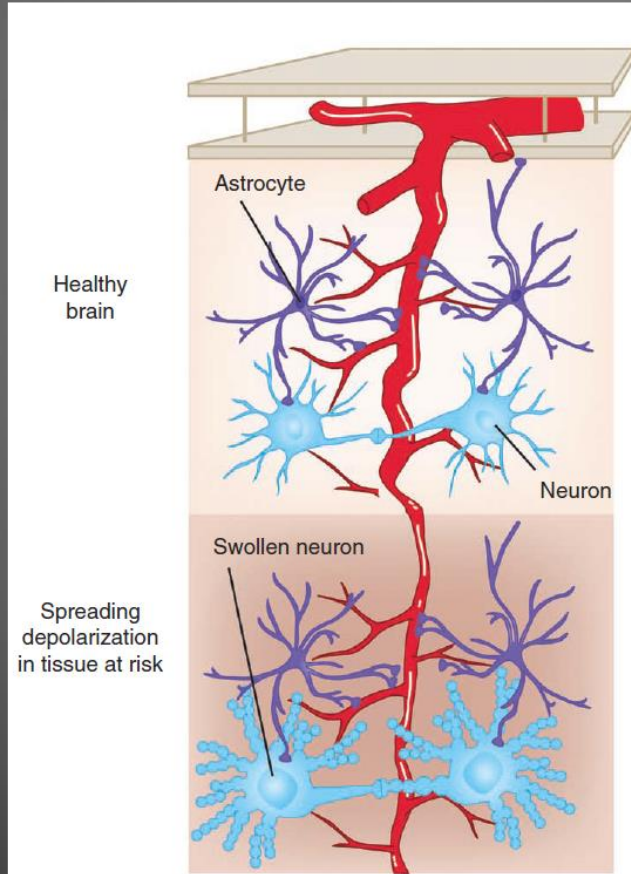
- For ocular, cerebral, cutaneous, auricular, splanchnic, and renal blood flow

Limitation of current LDF

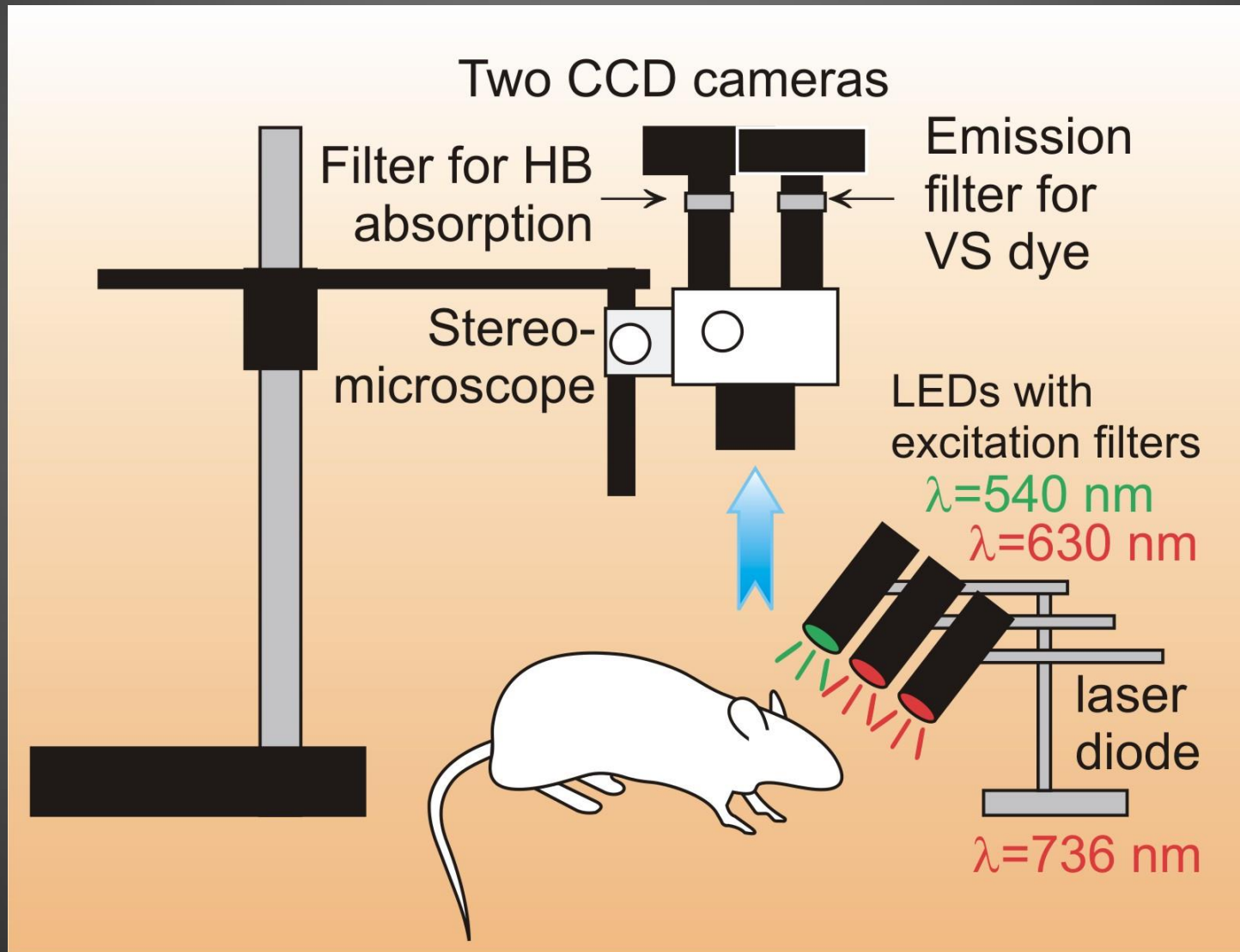
- Currently LDF does not give an absolute measure of blood perfusion
 - Limiting factor in clinical setting
 - Not routinely used in health care



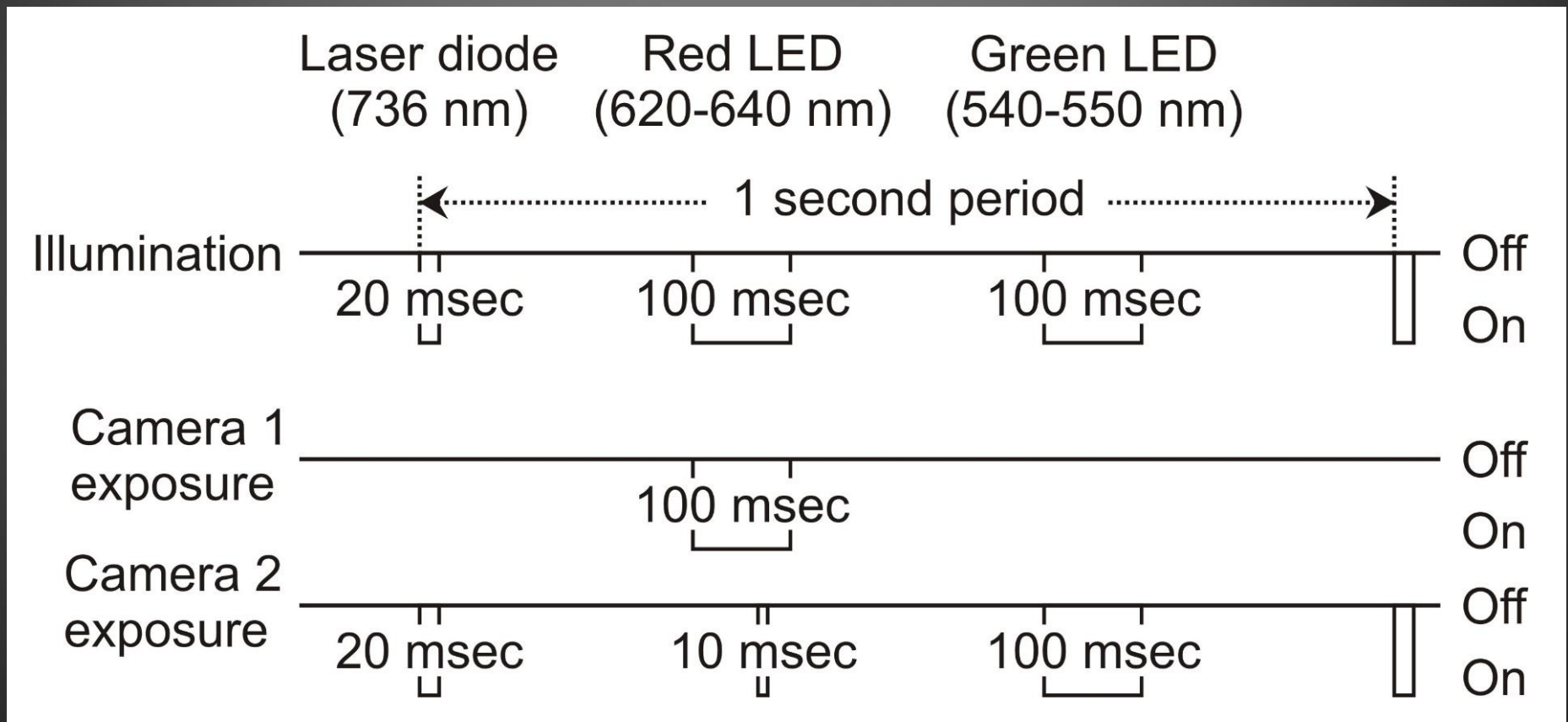
Neurovascular coupling and spreading depolarization in the injured brain



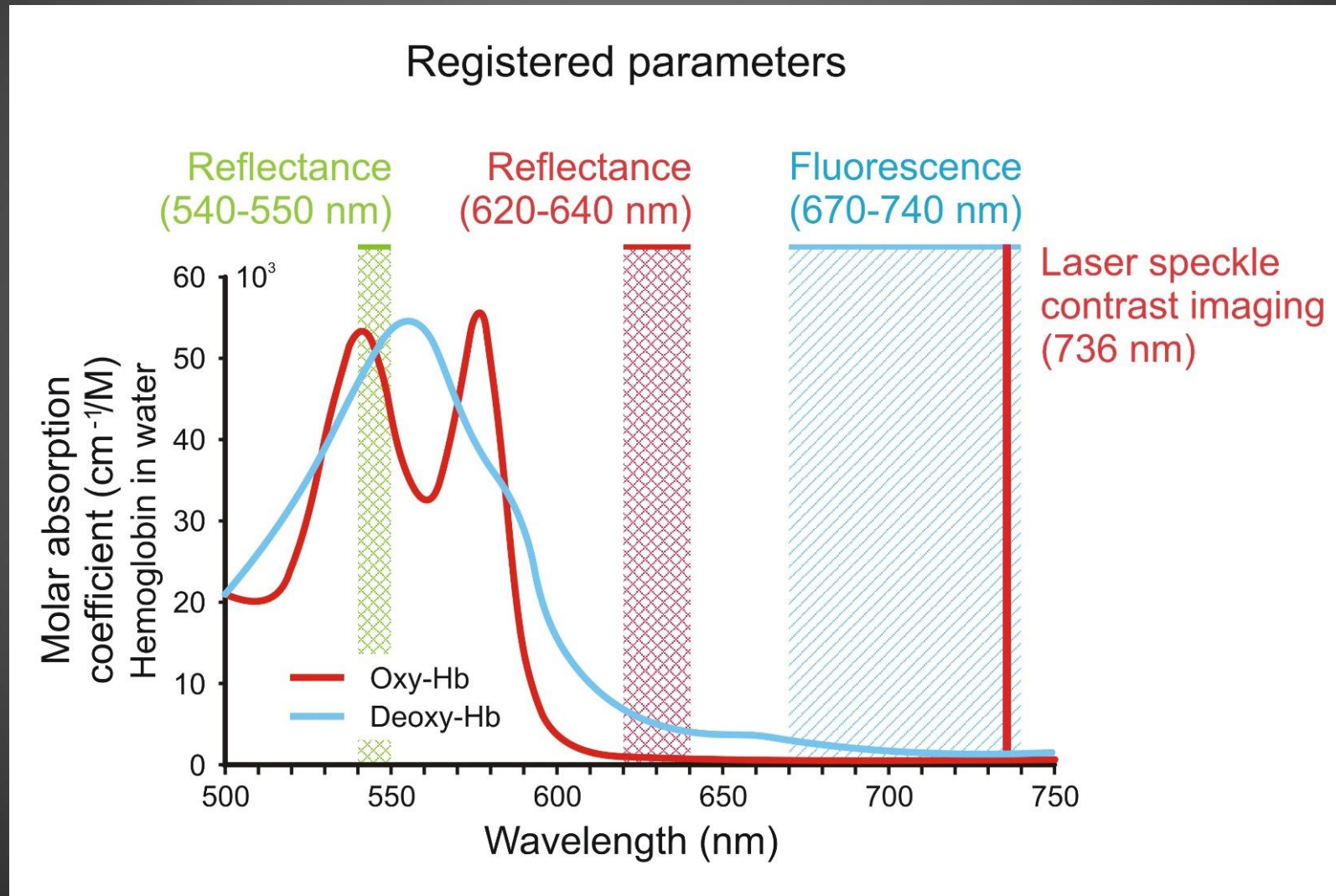
Draft of the arrangement of the setup



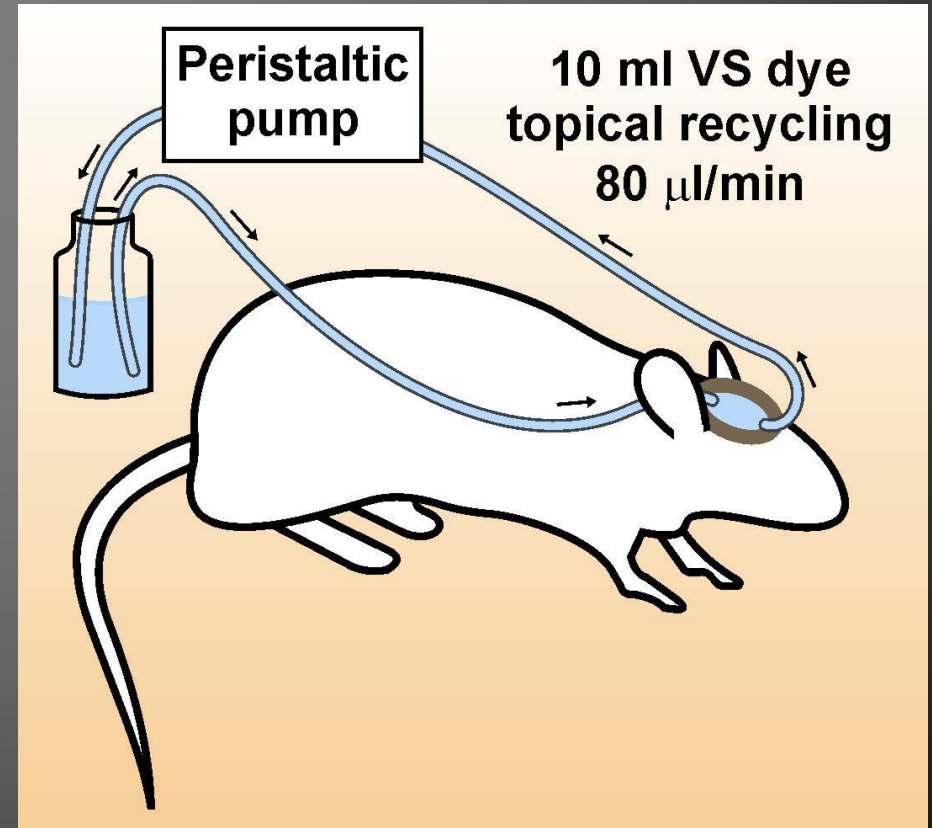
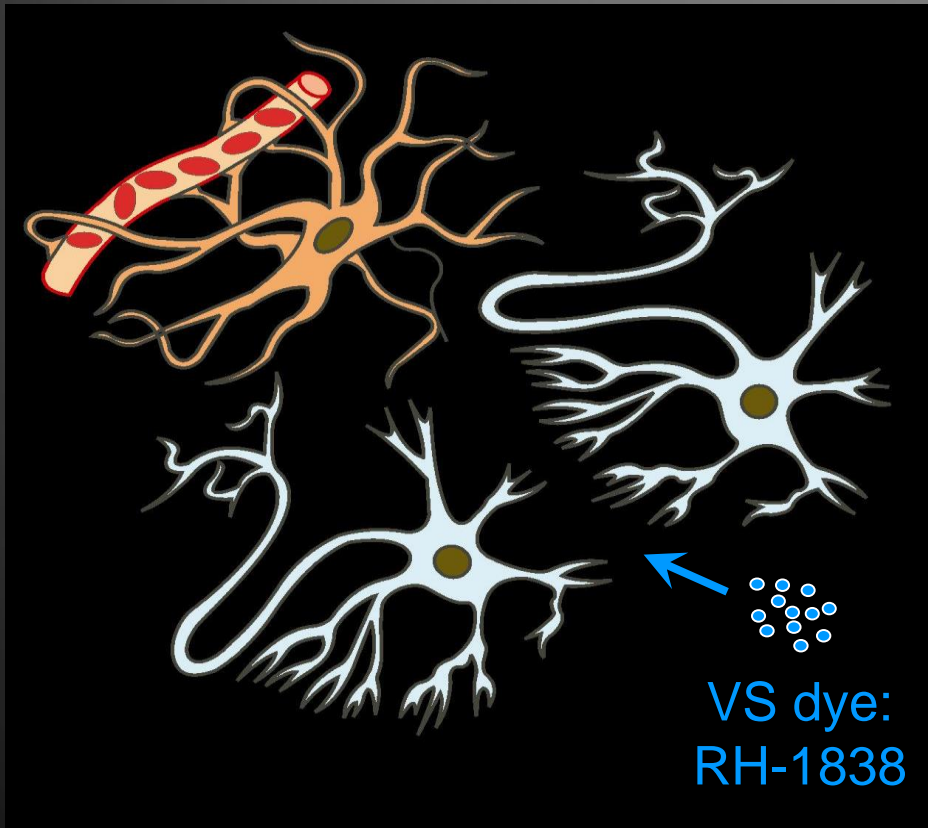
Synchronization of the respective illumination/image capture



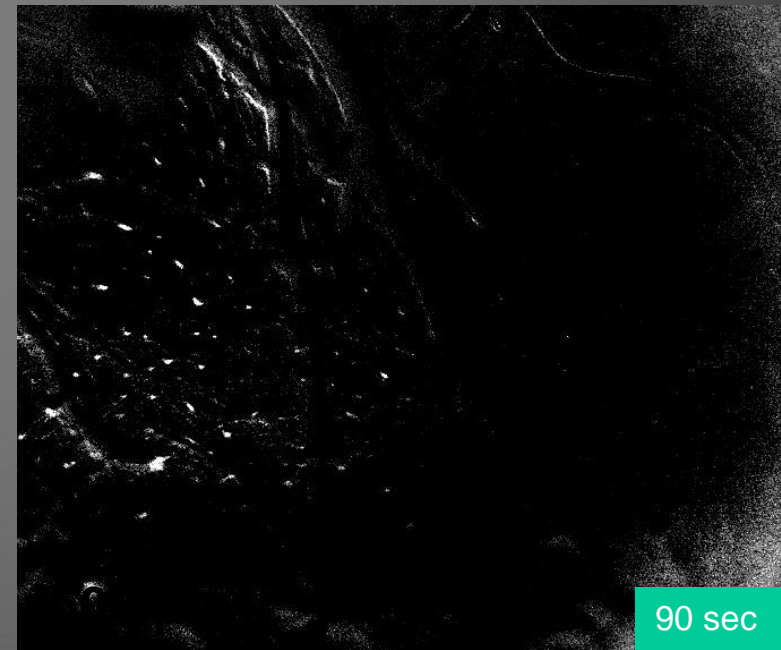
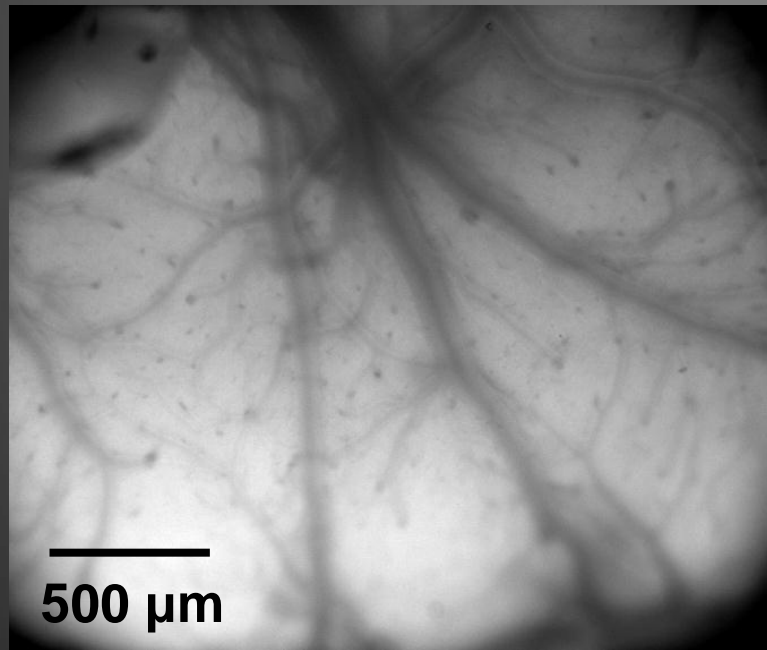
Optical principles for multimodal imaging



Voltage sensitive dye loaded in a closed cranial window

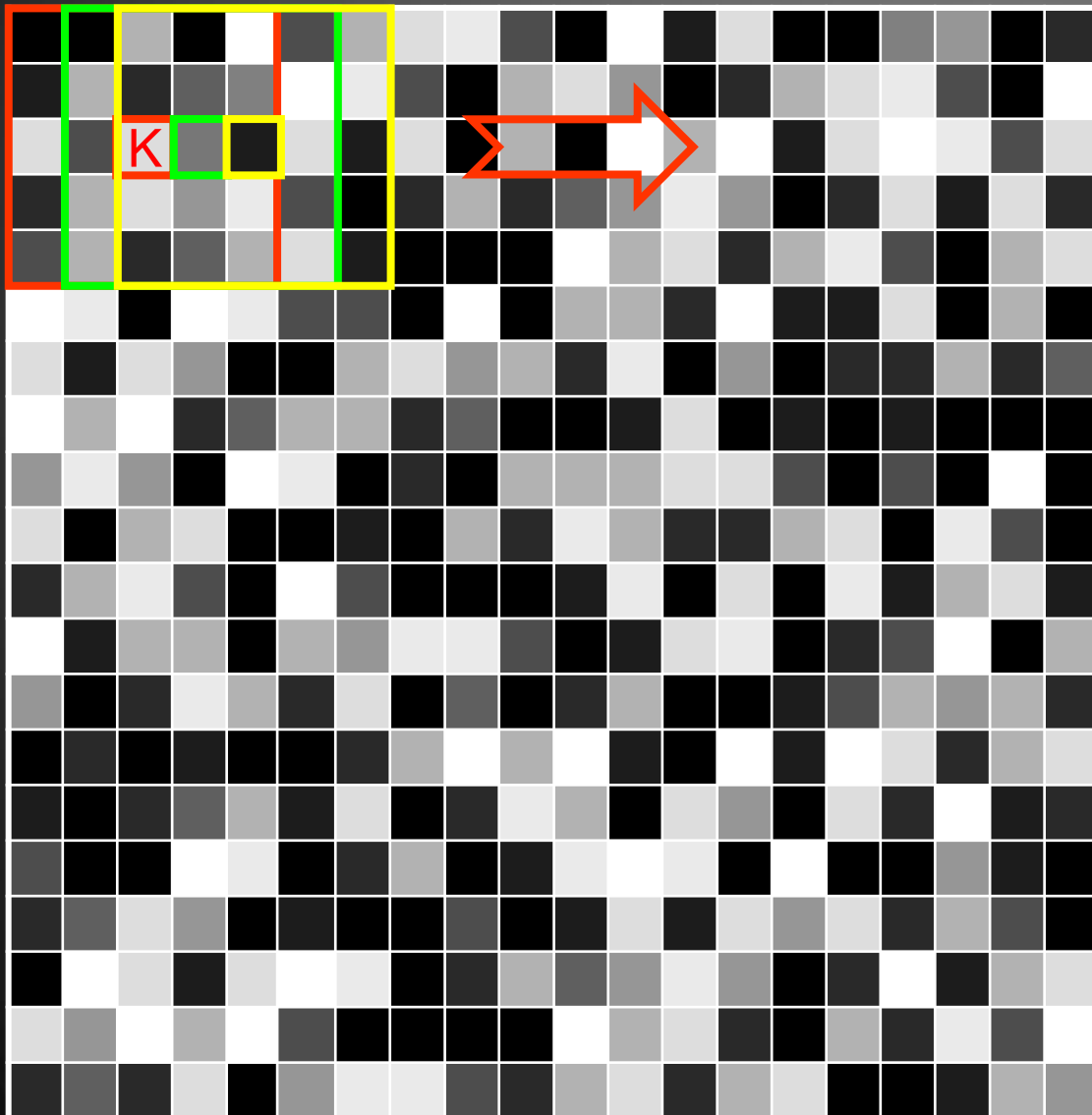


Representative video for SD-related changes in VS dye fluorescence



Exp. code: imag55, SD1

Laser speckle contrast analysis



Average gray level

(5x5 matrix): $\langle I \rangle$

Standard deviation: σ

Speckle contrast: K

$$K = \frac{\sigma}{\langle I \rangle}$$

$$\Rightarrow 1/K^2$$

Particles with low motility →
high contrast

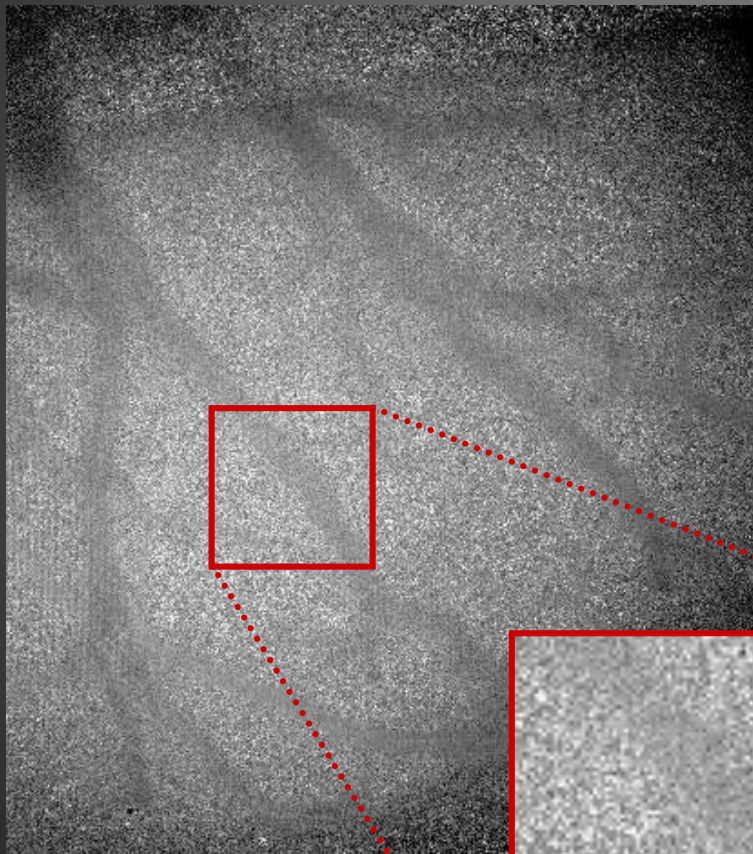
Particles with high velocity →
low contrast

⇒ The velocity of particles is
proportional with:

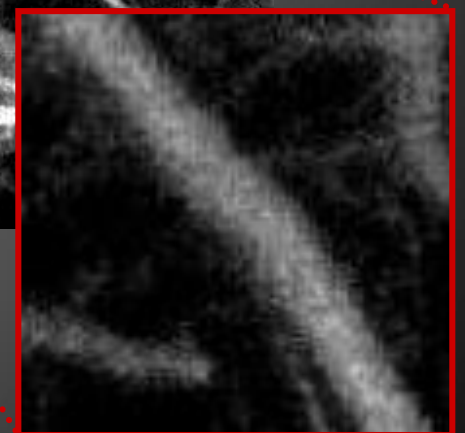
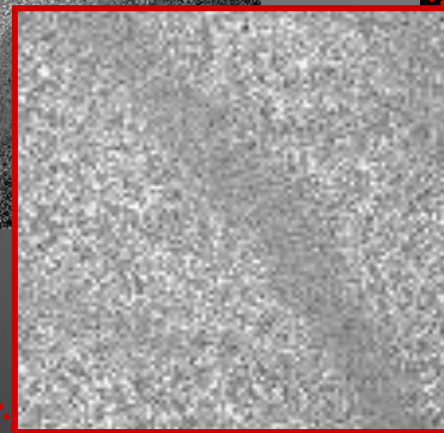
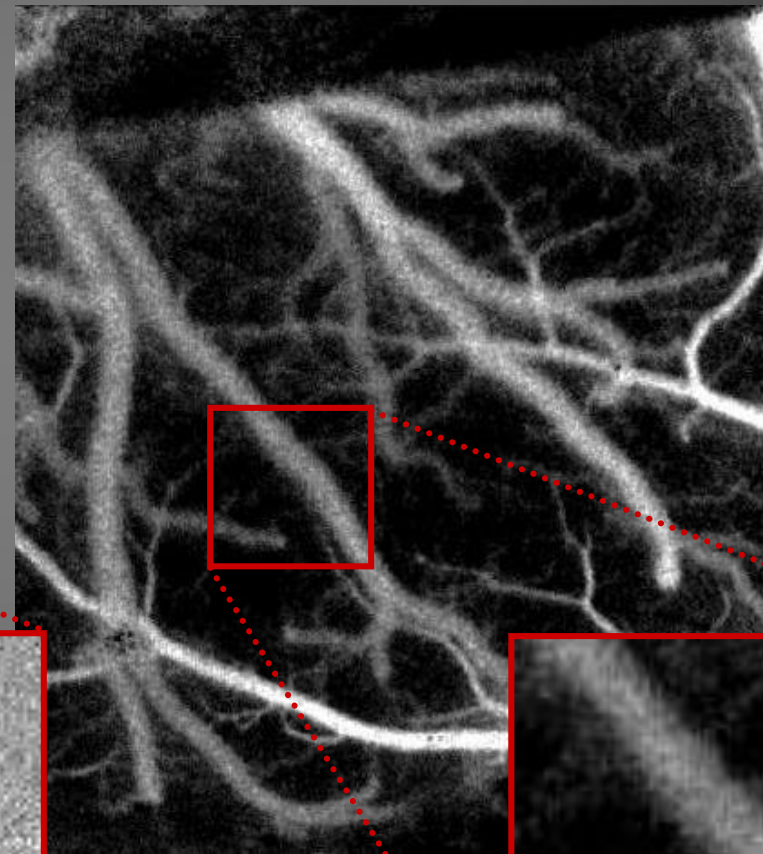
- the decrease in speckle contrast
- (time of exposure)

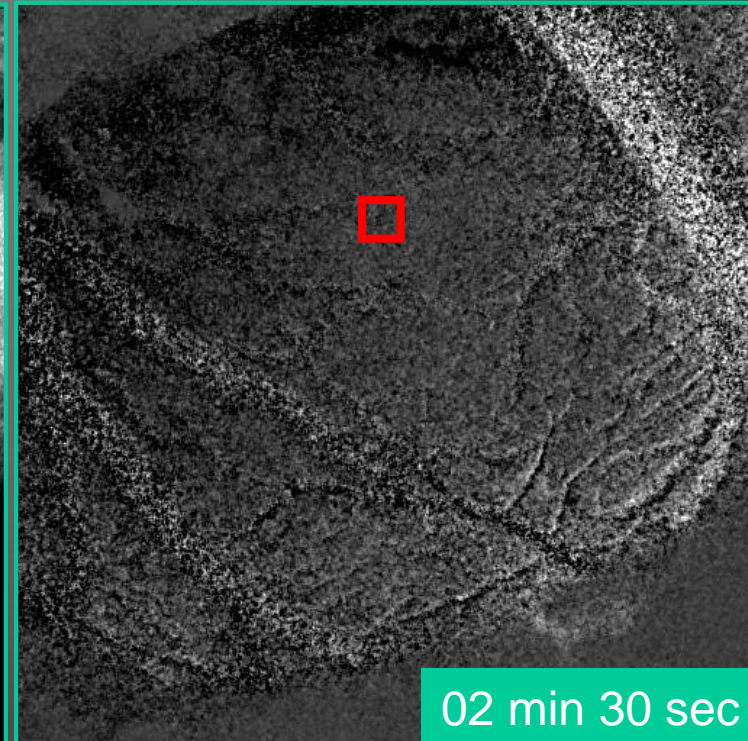
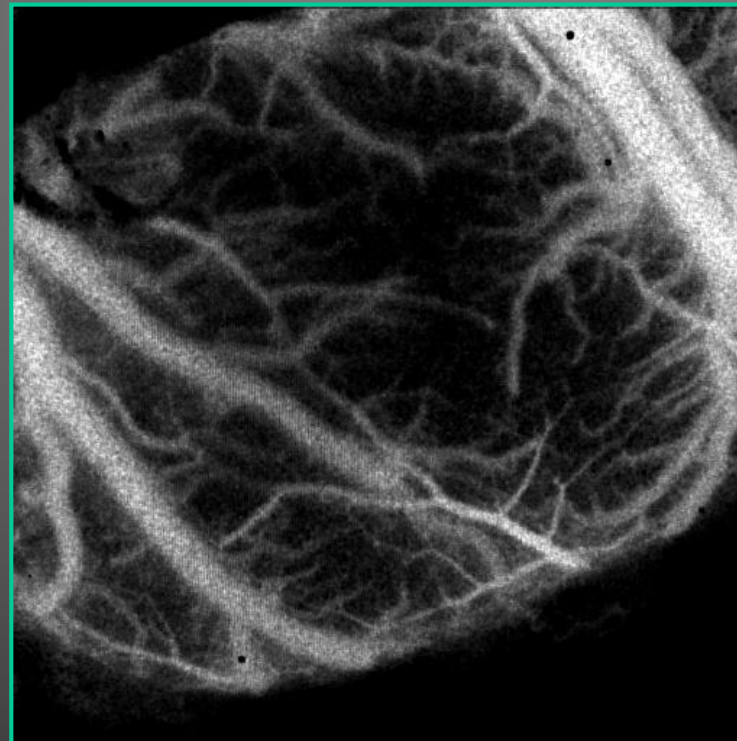
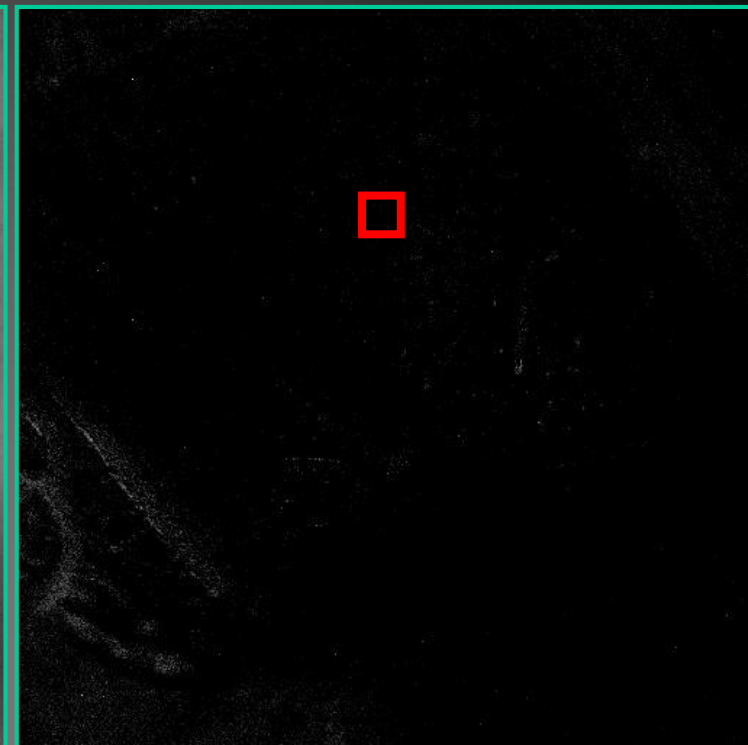
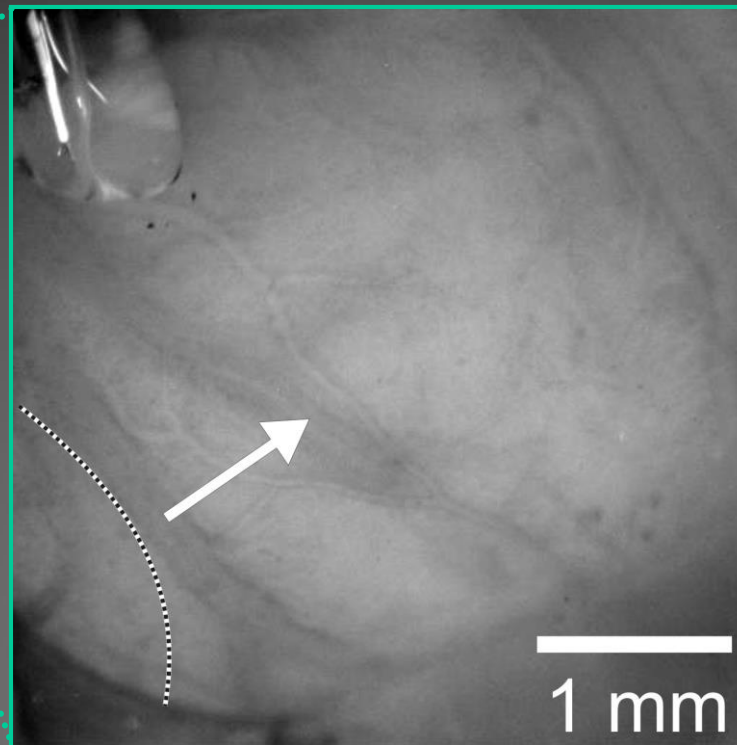
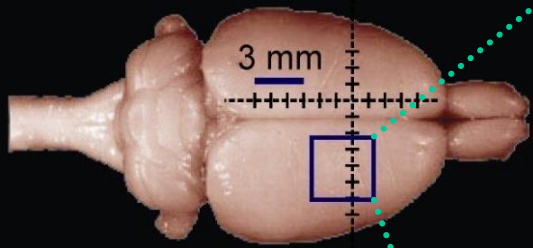
Acquired images

raw speckle image



flow map





02 min 30 sec

Simultaneous imaging of CSD and the CBF response

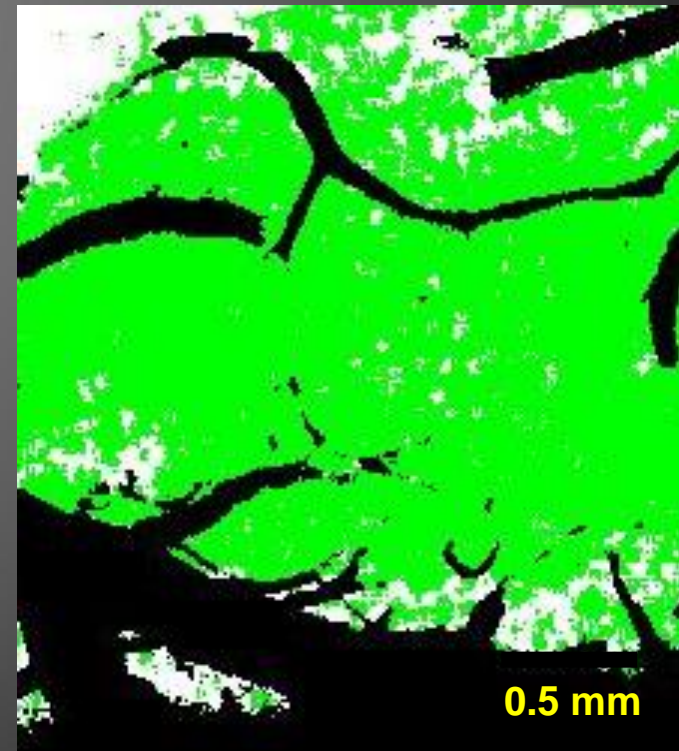
Whole field analysis of the VS dye signal

Area terminally depolarized in various age groups

Young

Middle-aged

Aged



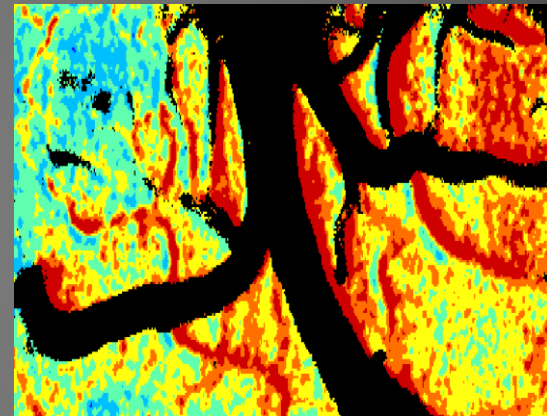
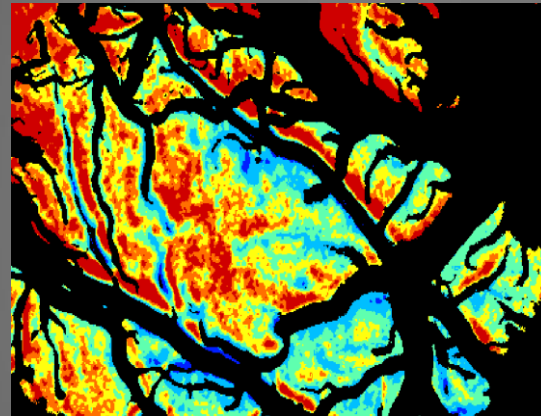
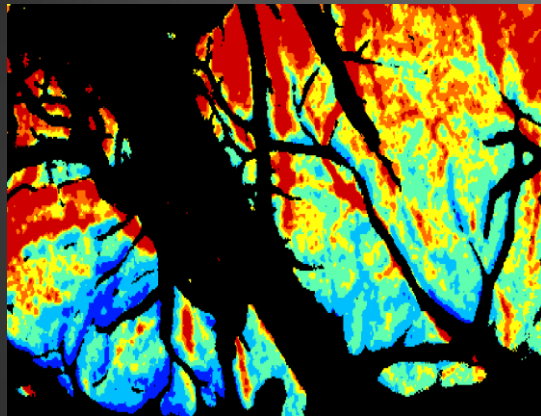
Whole field analysis of cerebral blood flow maps

Onset of ischemia

Young

Middle-aged

Aged

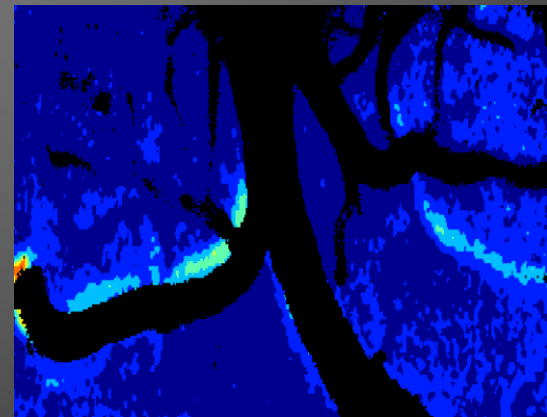
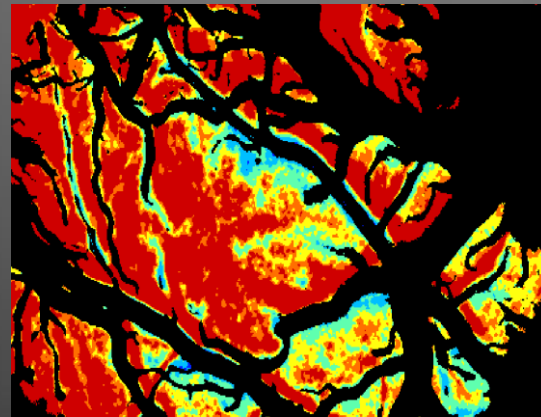
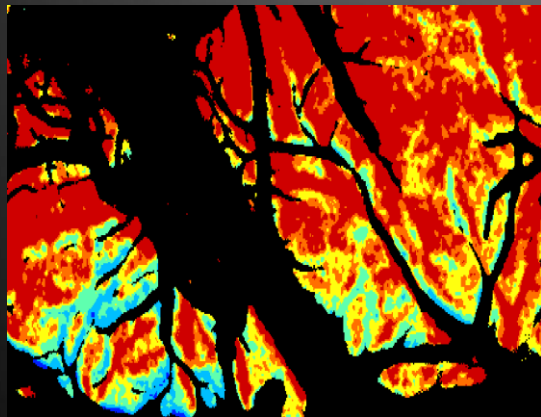


End of ischemia

Young

Middle-aged

Aged



CBF

(%)

60%-

50-60%

40-50%

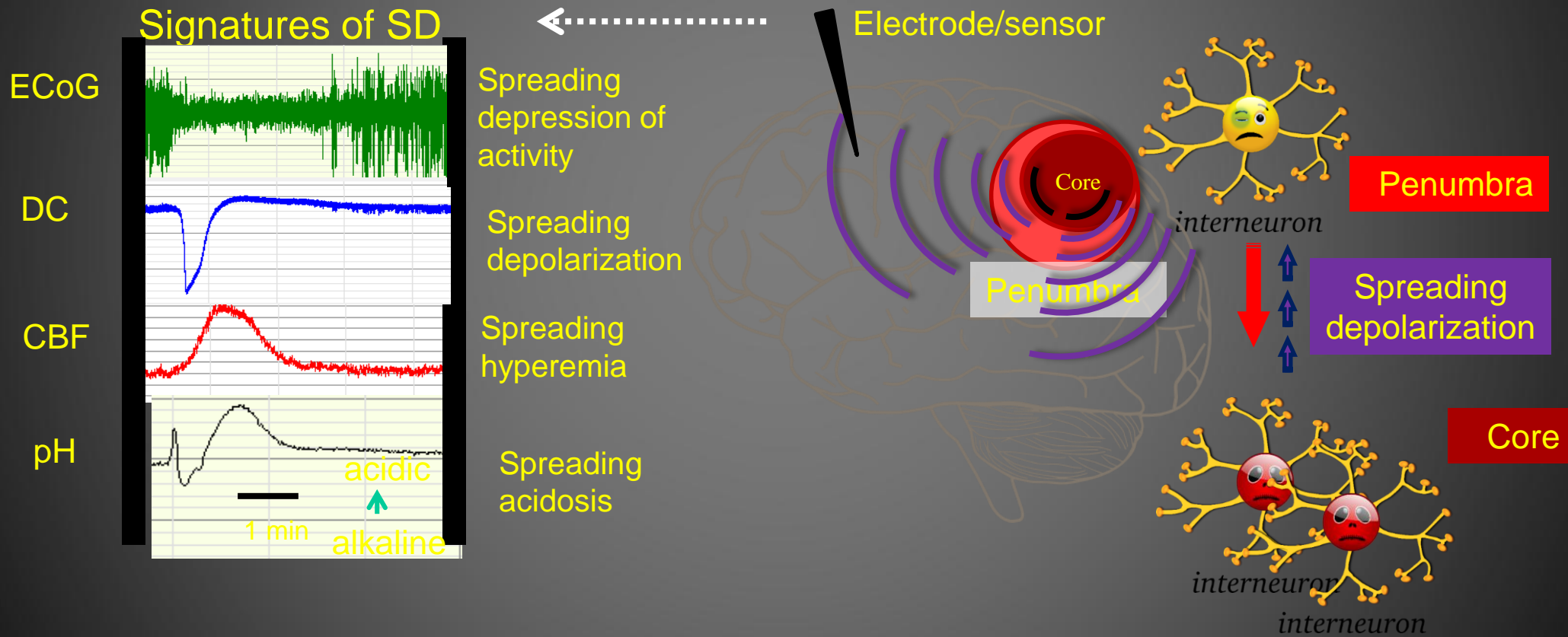
30-40%

20-30%

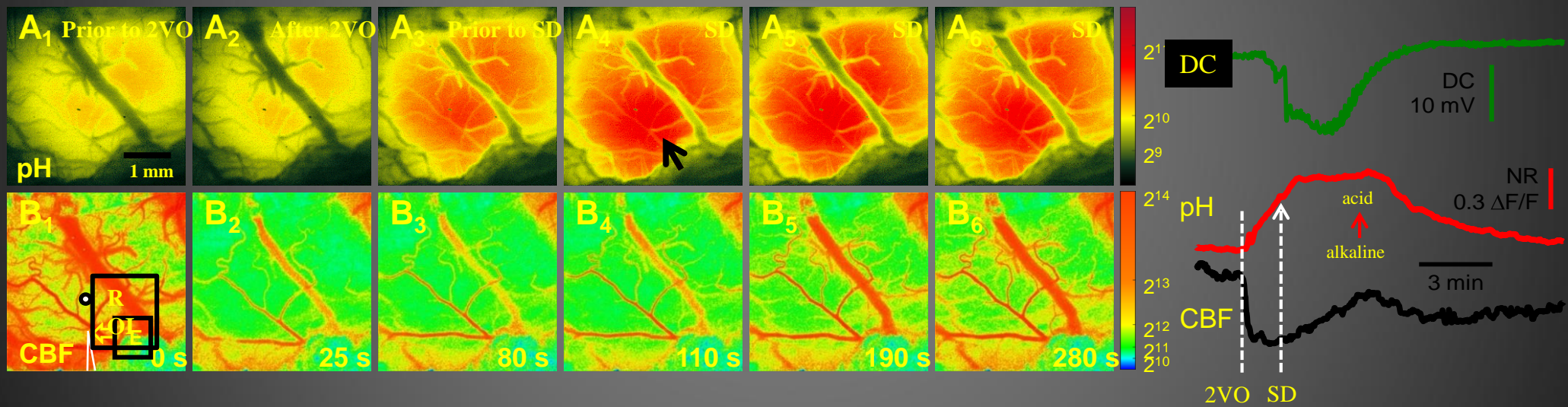
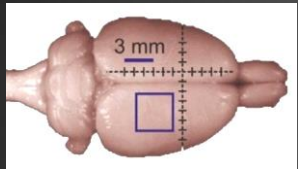
10-20%

0-10%

Spreading depolarization



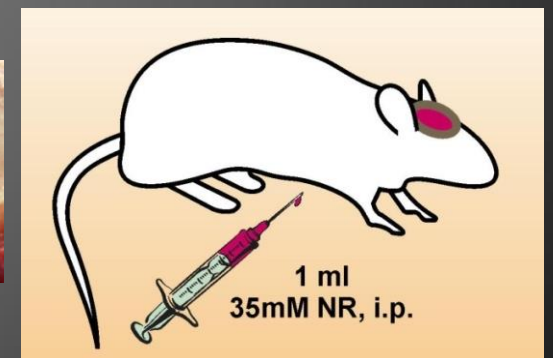
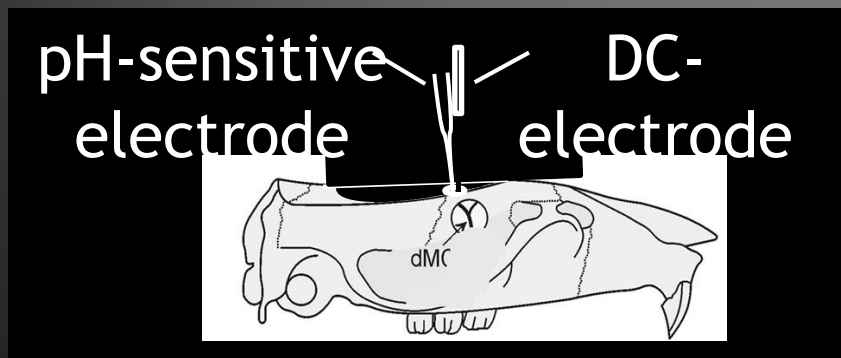
Spreading depolarization and tissue acidosis



Menyhárt et al., Sci. Rep., 2017

Methods

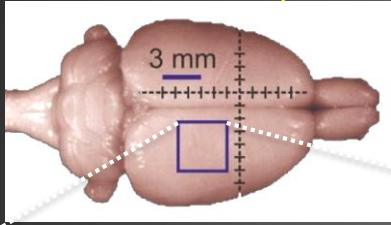
Method ① Traditional pH measurement	Method ② pH imaging
Small, open craniotomy	Closed cranial window (4 x 4 mm)
Implantation of pH-sensitive electrode	Loading with pH-sensitive dye
Laser-Doppler flowmetry	Laser-speckle contrast analysis



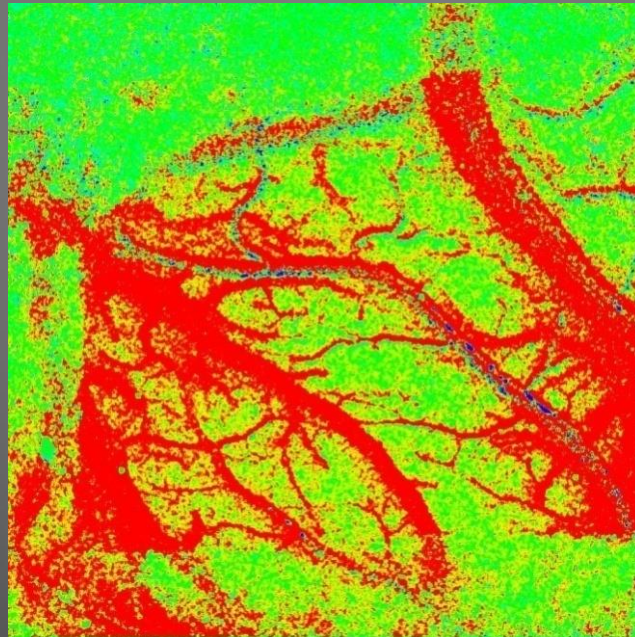
Intracellular pH imaging

Representative image sequences (SD elicited during baseline)

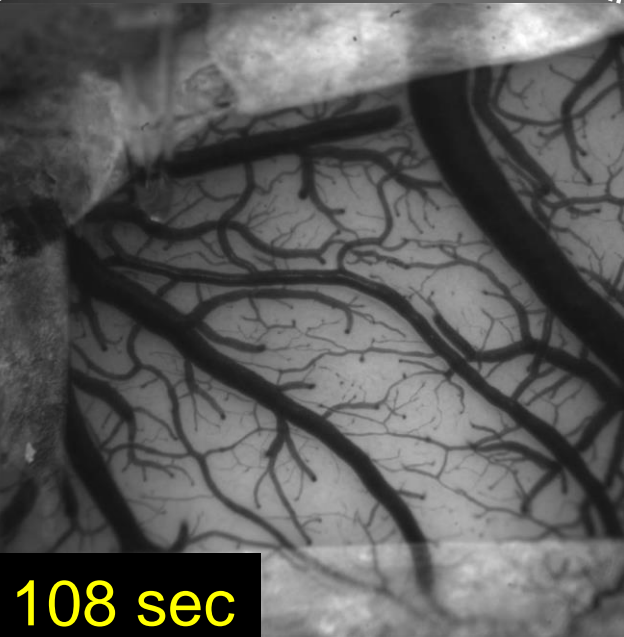
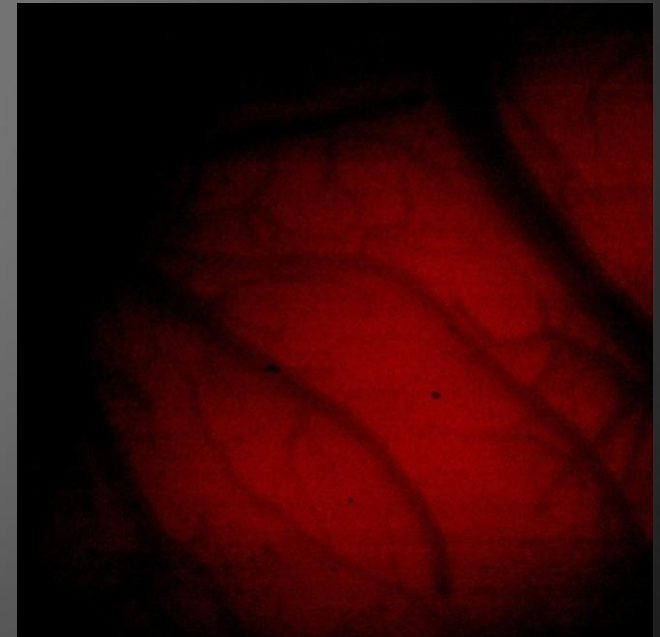
Field of view: green reflectance)



Laser-speckle contrast analysis:
Cerebral blood flow (CBF)



Neutral red fluorescence:
Intracellular pH

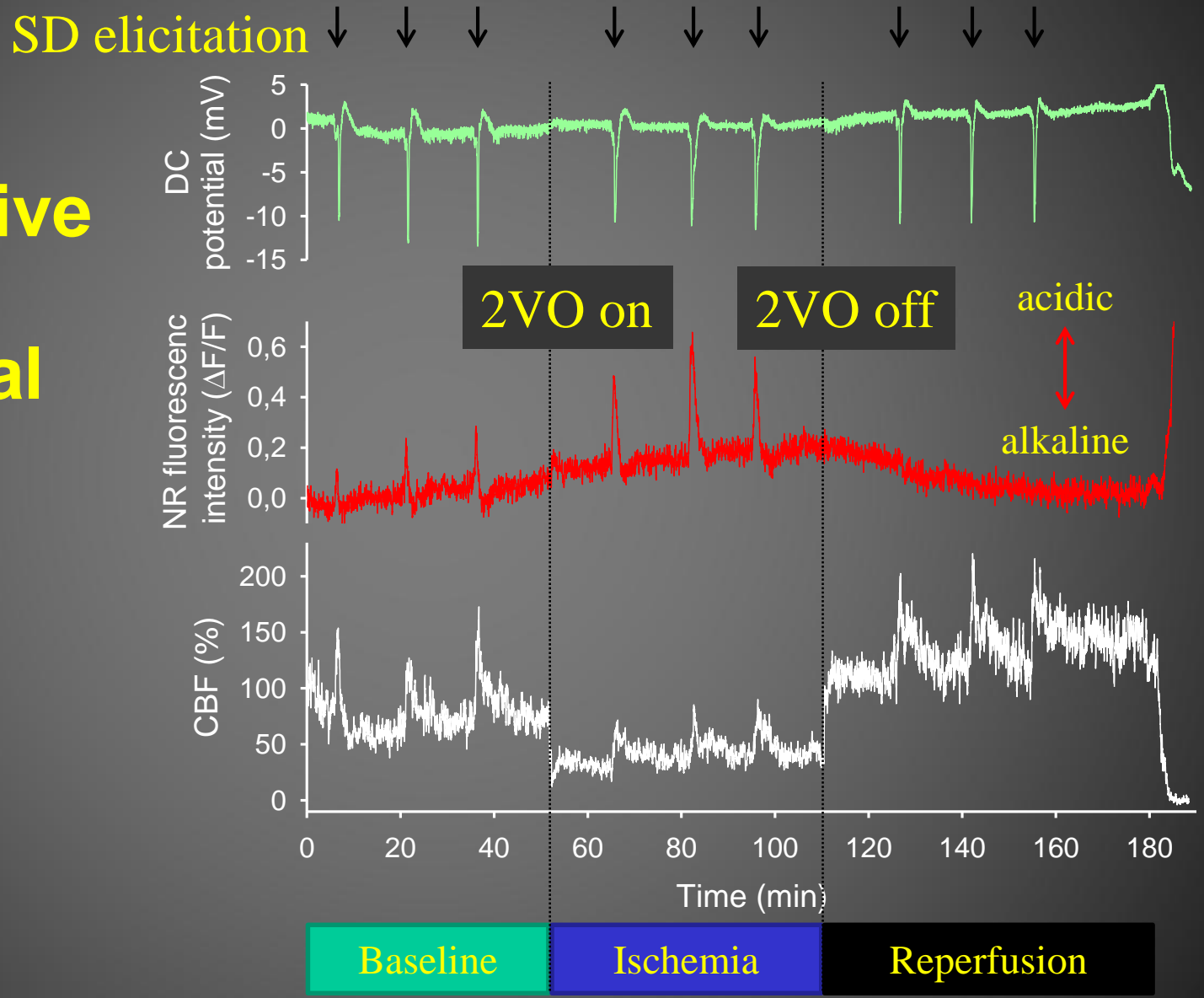


108 sec



Representative recording:

- DC potential
- tissue pH
- CBF



**Research group of
Cerebral blood flow and metabolism
University of Szeged**



Group of Experimental Neuroimaging

Prof. Ferenc Bari



Principal investigator:



Dr. Eszter Farkas

Post doc:



Dr. Dániel Zölei-Szénási

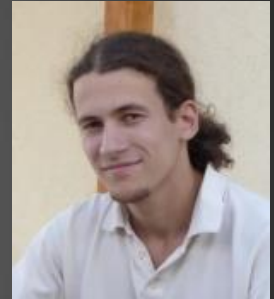
PhD students:



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Technician:



Orsolya

Undergraduate students:



Ádám Brzózka



Tamás Kiss



Orsolya M. Tóth



Borbála Szepes



Gergely Tóth



Réka Tóth

Real time measurement- a window towards the dynamics of cerebrovascular regulation

Autoregulation-range and dynamics under various circumstances

Rhythmic patterns in the microcirculation-vasomotion

Neurovascular coupling